

## —PREFACE—

***“The function of education is to teach one to think intensively and critically.”***

*Education is a tool that strengthens the foundational skills acquired early in childhood and make possible a lifetime of learning. There is a focus on an integrated curriculum. An integrated curriculum is described as one that connects different areas of study by cutting across subject-matter lines and emphasizing unifying concepts. Integration focuses on making connections for students, allowing them to engage in relevant, meaningful activities that can be connected to real life. Achieving, learning for all, is challenging, but it is the right agenda for the real gist of education. This document is the overview of the syllabus prescribed for the standard it is meant for, so that the children, teachers and the parents have a concrete idea as to how much is to be learnt by the child for the scheduled examination. It comprises of the pattern of examination and detailed date sheet for the whole session. In short it is the index, a glance of which, will help a child to get prepared for assessment and evaluations with ease.*

*“Learning is not attained by chance, it must be sought for, with passion and intelligence.”*

### **Objectives of the Curriculum**

- To identify and articulate the curriculum challenges for educating young people for the twenty first century.
- Taking care of different styles of learning i.e. audio, visual and experimental.
- The theoretical knowledge to be pursued ensuring maximum application of it.
- Correlating academics to real life situations balancing social and emotional stimulation among children and imbibe human values.
- To shape and influence the development of a national collaborative approach to curriculum.

**DATE SHEET : 2018-2019**

**Orientation – 07.04.18**

**1st PTM : 05.05.18**

**EVALUATION - I**

<b>Date</b>	<b>Day</b>	<b>Subject</b>
10.08.18	Friday	Computer
17.08.18	Friday	English
24.08.18	Friday	Maths
31.08.18	Friday	Hindi
07.09.18	Friday	E.V.S.

**Evaluation-I (10th August – 7th September)**

**2nd PTM on 22nd September 2018**

**EVALUATION - II**

<b>Date</b>	<b>Day</b>	<b>Subject</b>
23.11.18	Friday	Computer
30.11.18	Friday	English
07.12.18	Friday	Maths
14.12.18	Friday	Hindi
21.12.18	Friday	E.V.S.

**Evaluation-II (23rd Nov. – 21st December)**

**3rd PTM on 12th January 2019**

**EVALUATION - III**

<b>Date</b>	<b>Day</b>	<b>Subject</b>
05.03.19	Thursday	Computer
08.03.19	Tuesday	English
12.03.19	Friday	Maths
15.03.19	Tuesday	Hindi
18.03.19	Friday	E.V.S.

**Evaluation-III (5th March – 18th March)**

**4th PTM on 26th March 2019**

## **ENGLISH**

- Book** : Main Course Book - The English Channel (Britannica)  
: Practice Book (PB)  
: Lessons covered for Class Test and Recitation will not be examined in Evaluation.  
: Grammar topics covered in each Evaluation will be assessed in all the Evaluations.  
: Lessons taken for reading assessment will be assessed on the basis of their reading, comprehension passage and related activity.

### **EVALUATION - I**

#### **APRIL**

- Lesson-1 : **My Family**  
Content : **Class Test**, Back Ex., Work Book, Q.Ans., Spell well  
Grammar : Sentences  
Lesson-2 : Grandfather's Farm  
Content : Q.Ans., Spell well, Back Ex., Work Book  
Writing : Cursive Book Pg. 2, 3, 4  
: Cursive and capital letters  
Grammar : Alphabetical order,  
Vocabulary : Vowel sound words  
Skills : Listening - Animals and their sounds  
: Reading - Sight words  
: Speaking - My Family

#### **MAY**

- Lesson-3 : Grandmother's Kitchen  
Content : Spell well, Q.Ans., Back Ex., Work Book  
Writing : Make sentences using different naming words  
: Cursive Book Pg. 5, 6, 7, 8  
Grammar : Naming words  
Vocabulary : 'oo' sound words

Skills : Reading : Sight words  
Speaking : Favourite recipe by grandma  
Recitation : Tea Time  
Listening : Any grandma story

### **JULY**

Lesson-4 : The Bedroom  
Content : Back Ex., Comprehension, Reading Test,  
Work Book  
Writing : Sentence formation  
: Cursive Book Pg. 9, 10, 11, 12  
Grammar : Singular- Plural  
Vocabulary : ee sound words  
Skills : Reading : Sight words  
: Speaking : Narrate any one dream  
: Listening : Bed time story, Recitation - Two Nest

### **EVALUATION - II**

### **AUGUST**

Lesson-5 : The Birthday Party  
Content : Spell well, Q.Ans., Back Ex., Word Bank,  
Work Book  
Writing : Picture composition  
: Cursive Book Pg. 13, 14, 15  
Grammar : Describing words, Articles (a/an),  
Vocabulary : Name of Colours  
Skills : Reading : Sight words  
: Listening : Colours we eat (poem)  
: Speaking : My Birthday Party

### **SEPTEMBER**

Lesson-6 : Fun at School  
Content : Reading Test, Comprehension, Back Ex., W.B.  
Activity : Funday at School  
Grammar : This/That, Pronouns, Action words  
Vocabulary : 'ir' sound words  
Skills : Reading : Sight words  
Speaking : Favourite activity at school

Lesson-8 : Uncle's Vivek Zoo  
Content : Word Bank, Spell well, Q.Ans., Back Ex.,  
Work Book  
Writing : Describe your favourite animal  
: Cursive Book Pg. 16, 17, 18, 19  
Grammar : Action words  
Skills : Reading : Sight words  
: Speaking : My Visit to Zoo  
: Listening : Recitation 'Off to School'

### OCTOBER

Lesson-9 : **Queeny's Gift**  
Content : Q./Ans., Spell well, Word Bank, Back Ex.,  
**Class Test**  
Activity : Fun with shapes  
: Cursive Book Pg. 20, 21, 22, 23  
Grammar : Opposite words  
Vocabulary : 'th' sound words  
Skills : Reading : sight words  
Listening : Story checkers learns to give  
Speaking : The Best Gift I have received

### NOVEMBER

Writing : Describe the picture in your own words  
Grammar : 'These/Those'  
Vocabulary : 'sh' sound words  
Skills : Listening : Draw as you hear

### EVALUATION - III

Lesson-10 : Grandfather tells a story  
Content : Comprehension, Back Ex., Work Book,  
Reading Test  
Writing : Picture composition  
: Cursive Book Pg. 24, 25  
Skills : Reading : Sight words  
Speaking : Any story told by grandparents

### DECEMBER

- Lesson-11 : **Story Game**  
Content : **Class Test**, Work Book, Spell well, Word Bank, Q.Ans., Back Ex.  
Writing : Complete the story with the clues given  
: Cursive Book Pg. 26, 27, 28, 29  
Grammar : Prepositions,  
Vocabulary : ow/ou sound words  
Skills : Reading : sight words  
Speaking : Importance of neighbours  
Listening : Ways to save birds

### JANUARY

- Lesson-12 : Flying with father  
Content : Spell well, Word Bank, Q.Ans., Back Ex.,  
Work Book  
Writing : Give a suitable title to the given picture card  
Grammar : has/have, is/am/are  
Vocabulary : 'ee' sound words  
Skills : Reading : Story related to ee sound words  
Speaking : My father as a role model

### FEBRUARY

- Lesson-13 : Amrita visits the twins  
Content : Spell well, Word Bank, Q.Ans., Back Ex.,  
Work Book  
Writing : Find a solution for the given solution  
: Cursive Book Pg. 33, 34, 35, 36  
Grammar : Conjunctions (and/but)  
Vocabulary : 'sp' sound words  
Skills : Reading : Story related to 'sp' sound words  
Speaking : Basic table manners  
Listening : Complete the poem by filling the  
missing words Five little seeds (poem)

**Reader of the Month Activities (2018-19)**

<b>Month</b>	<b>Date</b>	<b>Activities</b>
April & May	15.05.18	Visual Descriptions
July	07.08.18	Create the cover page of your story book
August & Sept.	02.10.18	Make a hand puppet of your favourite character in the story and speak a few sentences about it.
Oct. & Nov.	04.12.18	String story necklaces (sequencing of story)
Dec. & January	29.01.19	Awesome Artist-Illustrate the story with a twisted title
February	26.02.19	Assessment of year long reading through worksheet

**Intra Class Activities Schedule on every Friday of the Month**

<b>Date</b>	<b>Activity</b>
	English Handwriting (Every month 1st week on Monday)
27.04.18	English Spell Check, Vocabulary
06.07.18	English Creative Writing
03.08.18	English spell check, Vocab and creative handwriting
14.09.18	School English Olympiad
12.10.18	English spell check, Vocab.
16.11.18	English Creative Handwriting
15.02.19	English Spell Check & Vocabulary

**Story & Rhyme time Schedule on Monday  
(100% participation of students through learning of Rhyming and stories in the class itself)**

<b>Date</b>	<b>Activity</b>
14.05.18	Rhyme Time
06.08.18	Story Telling
10.09.18	Rhyme Time
15.10.18	Story Telling
12.11.18	Rhyme Time
10.12.18	Story Telling
21.01.19	Rhyme Time
18.02.19	Story Telling

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**Intra Class Activities Schedule on every Friday of the Month**

<b>Date</b>	<b>Activity</b>
	Hindi Handwriting (Every month 2nd week on Monday)
20.07.18	Hindi Spell Check & Vocabulary
27.07.18	Hindi Creative Writing
26.10.18	Hindi Spell Check, Vocab. & Creative Writing
08.02.19	Hindi Spell Check, Vocabulary and Creative Writing

## MATHS

- Book** : New Maths Sight (Britannica Learning)  
: Mental Maths according to the topics.  
: Tables  
: (Lessons covered for Class Test, Activity & Mental Ability will not be examined in Pen & Paper Test)  
: Basic concept from each Evaluation will be assessed.  
: Vocabulary related to each topic will be taken monthly.

### EVALUATION - I

#### APRIL

- Topic** : **L-1 Numbers 1 to 10**  
\* Numbers \* Number Names  
\* Counting Objects \* Before/After/Between  
\* Backward & Forward counting  
\* More & Less

- Number Dict.** : Numbers upto 20  
Number Names upto 10

- Activity** : Count and Tell : concrete objects  
: Outdoor : Inside-Outside

- Topic** : **L-2 Addition 1 to 10**  
\* Addition  
\* Addition on number line and Abacus  
\* Order in addition  
\* Vertical addition  
\* Word problem

- Activity** : Number line, Abacus activity

#### MAY

- Topic** : **L-3 Subtraction 1 to 10**  
\* Subtraction  
\* Subtraction on Number line and Abacus  
\* Subtraction Facts \* Vertical Subtraction

- Table** : 2

Number Dict. : Numbers upto 50  
Activity : Ladder activity for table of 2  
Number line

### JULY

Topic : **L-3 (cont.) Subtraction 1 to 10**  
\* Word Problem

Table : 5

Number Dict. : Numbers upto 50  
Numbers upto 10

Activity : Circle time : Game of Ladoo

Topic : **L-4 Shapes and Space (C-Test)**

\* Pre number concepts

\* Rolling and sliding \* Lines

\* Plane shapes \* Solid

Activity : Rolling and sliding

Fun with shapes

Pasting pictures of objects of different shapes

### AUGUST

Topic : **L-5 Working till 20**

\* Number \* Number Names

\* Comparison \* Ascending & Descending order

Table : 2, 5

Activity : Number card activity, Stairs activity

### EVALUATION - II

Topic : **L-5 (cont.) Working till 20**

\* Addition \* Subtraction

\* Addition & Subtraction using number line  
and Abacus

Table : 10

Number Dict. : Numbers & Number Names upto 20

### SEPTEMBER

Topic : **L-11 Time**

\* Day and night \* Clock

\* Days of a week \* Months in a year

Table : 3

Number Dict. : Number upto 50 & Numbers Names upto 20  
Activity : Making of clock, Time table & Calender Act.

**OCTOBER**

Topic : **L-7 Working till 50**  
\* Numbers names \* Tens and Ones  
\* Comparison \* Addition  
\* Subtraction \* Word problem

Table : 4

Number Dict. : Numbers and Number Names upto 50  
Activity : Loop card activity

**NOVEMBER**

Topic : **L-7 Working till 100**  
\* Numbers \* Number names  
\* Missing Numbers \* Comparison  
\* Ascending & Descending order

Table : 3 and 4

**EVALUATION - III**

Topic : **L-7 (cont.) Working till 100**  
\* Addition with regrouping  
\* Subtraction (2-digit nos.)  
\* Word Problem

Table : 2, 3 & 4

Activity : Ice-cream stick activity

**DECEMBER**

Topic : **L-9 Measurement (C-Test)**  
\* Non-standard unit  
\* Measurement of : Length, Weight, Capacity

Table : 6

Number Dict. : Numbers upto 100

Activity : Real life experiences to measure length, weight & capacity.

### JANUARY

Topic : **L-8 Multiplication**  
\* Multiplication tables  
\* Repeated addition \* Skip counting  
\* Multiplication facts  
\* Multiplication of 2-digit numbers  
Tables : 2 to 6 and 10  
Number Dict. : Numbers upto 100  
Activity : Fire in the mountain (grouping activity)  
Skip counting

### FEBRUARY

Topic : **L-10 Money**  
\* Notes and Coins \* Indian currency  
\* Adding Money \* Word Problem  
Table : 2 to 6 and 10  
Number Dict. : Number upto 100  
Activity : Sell and buy - Mini market

#### **Intra Class Activities Schedule on every Friday of the Month**

<b>Date</b>	<b>Activity</b>
20.04.18	Number Handwriting & Number Dictation Mental Ability and Tables
13.07.18	Number Handwriting & Number Dictation Mental Ability and Tables
05.10.18	Number Handwriting & Number Dictation Mental Ability and Tables
24.11.18	School Maths Olympiad
25.01.18	Number Handwriting & Number Dictation Mental Ability and Tables



## **E.V.S.**

- Books** : Living Earth  
: Activity Book (Activities related to the topics)
- Note** : Lessons covered for C-Test, Project, Group discussions and activity will not be examined in Evaluation.

### **EVALUATION - I**

#### **APRIL**

- L-1 : All About Me  
Content : Spell well, Book Ex., Q.Ans., Activity Book  
Activity : My Identity Card, Speaking Activity (Myself)
- L-2 : Our Body  
Content : Spell well, Book Ex., Q.Ans., Activity Book  
Activity : Things we use to clean our body
- L-3 : Our Sense Organs (Class Test)  
Content : Class test, Spell well, Book Ex., Q.Ans., Activity Book  
Activity : Functions of sense organs, Real life experience  
Vocabulary : Different types of taste and smell

#### **MAY**

- L-4 : Our Clothes  
Content : Spell well, Book Ex., Q.Ans., Activity Book  
Activity : Fabric used to make different clothes  
Vocabulary : Uniform according to the different professions.

#### **JULY**

- L-5 : Our Food  
Content : Project work, Book Ex., Activity Book  
Activity : Draw food items of different food groups
- L-6 : Air  
Content : Class Test, Spell well, Book Ex., Q.Ans., Activity Book  
Activity : Experiment : Air occupies space, Air has weight
- L-7 : Water

Content : Group discussion, Book Ex., Activity Book  
Activity : Experiment : Properties of Water  
Vocabulary : Name of various spices

### **EVALUATION - II**

#### **AUGUST**

L-8 : Good Habits  
Content : Class Test, Spell well, Book Ex., Q.Ans.,  
Activity Book  
Activity : Table Manners, Circle time  
L-9 : Safety Rules  
Content : Spell well, Book Ex., Q.Ans., Activity Book  
Activity : Segregation of safe and unsafe things  
: Workshop (Traffic Rules)  
Vocabulary : Things we find in First-Aid Box

#### **SEPTEMBER**

L-10 : Family  
Content : Group discussion, Book Ex., Activity Book  
Activity : Importance of family members  
L-14 : Our Neighbourhood  
Content : Project, Book Ex., Activity Book  
Activity : Neighbourhood services

#### **OCTOBER**

L-12 : Our House  
Content : Class Test, Spell well, Book Ex., Q.Ans.,  
Activity Book  
Activity : Materials used to build houses  
L-13 : Rooms in Our House  
Content : Spell well, Book Ex., Q.Ans., Activity Book  
Activity : Different things we use to clean our house  
Vocabulary : Different parts of a room  
L-14 : Our School  
Content : Spell well, Book Ex., Q.Ans., Activity Book  
Activity : Steps to become an ideal student

#### **NOVEMBER**

L-15 : People Who Help Us  
Content : Spell well, Book Ex., Q.Ans., Activity Book  
Activity : Tools used by various helpers  
: Role Play  
Vocabulary : Names of various helpers in different fields

### **EVALUATION - III**

#### **DECEMBER**

- L-16 : Festivals  
Content : Spell well, Book Ex., Q.Ans., Activity Book  
Activity : Glimpse of different festivals
- L-17 : Travelling is Fun  
Content : Class Test, Spell well, Book Ex., Q.Ans., Activity Book  
Activity : Speaking activity : My favourite transport
- L-18 : Plant Kingdom  
Content : Spell well, Book Ex., Q.Ans., Activity Book  
Activity : Nature walk  
Vocabulary : Things we get from plants

#### **JANUARY**

- L-19 : Animal Kingdom  
Content : Project, Book Ex., Activity Book  
Activity : Speaking activity : Love for Animals
- L-20 : The Beautiful Sky  
Content : Group discussion, Book Ex., Activity Book  
Activity : Different phases of Moon  
Vocabulary : Objects that are seen in the sky (day/night)

#### **FEBRUARY**

- L-21 : Seasons  
Content : Spell well, Book Ex., Q.Ans., Activity Book  
Activity : Circle time (Facts about different seasons)  
Vocabulary : Different clothes and eatables according to the seasons.
- L-22 : Our Beautiful Earth  
Content : Class Test, Spell well, Book Ex., Q.Ans., Activity Book  
Activity : Different Landforms

#### **Intra Class Activities Schedule on every Friday of the Month**

<b>Date</b>	<b>Activity</b>
<b>09.11.18</b>	<b>School Science/EVS Olympiad</b>

## **COMPUTER**

Book :

### **EVALUATION - I**

#### **APRIL-JULY**

Lesson-1 : Computer My Friend

Lesson-2 : Computer Machine

Lesson-3 : Uses of Computer

#### **Class Test (EV1)**

Lesson-1 : Computer My Friend

Activity-1 : Demonstration of computer and its parts.

Activity-2 : Speak your mind : Speak about the uses of computer.

### **EVALUATION - II**

#### **AUGUST-NOVEMBER**

Lesson-4 : Parts of Computer

Lesson-5 : The Keyboard

Lesson-6 : Using a Mouse

#### **Class Test (EV-II)**

Lesson-4 : Parts of Computer

Activity-1 : Enhance typing skills : Hit the letters visible on the screen using keyboard in.

Tux Typing

Activity-2 : Learn how to use mouse using KIDSMOUSE application.

### **EVALUATION - III**

#### **NOVEMBER-JANUARY**

Lesson-7 : Data and Memory

Lesson-8 : Storage in Computer

Lesson-9 : MS Paint

#### **Class Test (EV-III)**

Lesson-7 : Data and Memory

Activity-1 : Colour in scene in TUX PAINT using color tools and mouse.

Activity-2 : Bring one storage device/picture and explain its use.

**Note :** : **18.01.2019 School Cyber Olympiad**

**G.K.**

Book : Junior Knowledge  
: Current Affair of the month & logical reasoning

**APRIL**

Ch-1 : The Sky  
Ch-2 : Mountains, Plains & Seas  
Ch-3 : Weather and Seasons

**MAY**

Ch-4 : Plants Around Us  
Ch-5 : Flowers  
Ch-6 : Fruit and Vegetables  
Ch-7 : Animals Around Us

**JULY**

Ch-8 : Land Animals  
Ch-9 : Animals that live in water  
Ch-10 : Animals with Wings  
Ch-11 : Homes of Animals  
Ch-12 : Baby Animals

**AUGUST**

: Quiz 1  
Ch-14 : Homes, Forts, Towers & Bridges  
Ch-15 : What We Wear  
Ch-16 : Cars, Boats and Planes

**SEPTEMBER**

Ch-17 : Jobs  
Ch-18 : Where Are They Going ?  
Ch-19 : Fun and Games  
Ch-20 : Bats and Balls

**OCTOBER**

Ch-21 : Making Music  
Ch-22 : Festivals  
Ch-23 : Parts of the Body  
Ch-24 : The Five Senses  
Ch-25 : Material

**NOVEMBER**

- Ch-26 : Things We Use
- Ch-27 : Computers
- Ch-28 : Quiz - 2

**DECEMBER**

- Ch-29 : Stories
- Ch-30 : Rhymes
- Ch-31 : Story Creatures
- Ch-32 : Cartoons and Movies
- Ch-33 : Sounds

**JANUARY**

- Ch-34 : How Many ?
- Ch-35 : Pairs
- Ch-36 : Day & Night
- Ch-37 : Odd One Out

**FEBRUARY**

- Ch-38 : My India
- Ch-39 : Mountains of India
- Ch-40 : Famous Indians
- Ch-41 : Reading Signs
- Ch-42 : House of Prayer
- Ch-43 : Quiz-3

**G.K. Assessment**

**(Text Book, Reasoning and Current Affairs)**

<b>Month</b>	<b>Date</b>
April-May	11.05.2018
September	07.09.2018
November	02.11.2018
December	07.12.2018
February	01.02.2019
	22.02.2019

## **LIFE SKILLS**

Book : Dew Drops

### **EVALUATION - I**

#### **APRIL/MAY**

Chapter-1 : Watch Yourself  
\* Story (Be clean 'n' tidy)

Value Card : \* Healthy Habits

Activity : Keep your surroundings clean  
Being lifestyle changes

#### **JULY**

Chapter-2 : Share 'N' Care  
\* Story (Sharing is Caring)  
\* Life Skills

Gender Sensitivity : Cooking without fire

### **EVALUATION - II**

#### **AUGUST**

Chapter-3 : Self Dependence  
\* Story Time (I Know I Can)

Value Card : \* I am helpful

Activity : Tasks based on personality grooming

#### **SEPTEMBER**

Chapter-3 : Self Dependence  
\* Rhyme Time (My Promise)

Gender Sensitivity : Team work

#### **OCTOBER**

Chapter-4 : Love and Respect  
\* Story (Love Your Enemies)

Value Card : Magical Words

Activity : Thanks giving Card

#### **NOVEMBER**

Chapter-4 : Love and Respect  
\* Care for Nature

Gender Sensitivity : Respect Everyone

### **EVALUATION - III**

#### **DECEMBER**

- Chapter-5 : Be Alert and Aware  
\* Story (Stranger can be a Danger)
- Value Card : Safety First
- Activity : Yell and Tell

#### **JANUARY-FEBRUARY**

- Chapter-5 : Be Alert and Aware  
\* Rhyme Time
- Gender Sensitivity : Good Touch, and Bad Touch

### **ART & CRAFT**

- Book** : I am an Artist

#### **APRIL**

- Book Work : Flower, Parrot, Pineapple
- File Work : Flower, Parrot

#### **MAY**

- Book Work : Tortoise, Dolphin
- File Work : Pineapple, Owl

#### **JULY**

- Book Work : Reindeer, Shapes
- File Work : Tortoise, Shape scenery

#### **AUGUST**

- Book Work : Independence Day, Rat
- File Work : Lady bug, Rat

#### **SEPTEMBER**

- Book Work : Butterfly, Frog
- File Work : Frog, Birdy

#### **OCTOBER**

- Book Work : Little birdy, Stylish socks
- File Work : Duck, Sailing boat



### **NOVEMBER**

Book Work : Colourful Umbrella, The Ducky

File Work : Palm tree, Bells

### **DECEMBER**

Book Work : Lil mermaid, The baby bird

File Work : Fish, any cartoon

### **JANUARY**

Book Work : The baby bird, sailing boat

File Work : Boy & Girl

### **FEBRUARY**

Book Work : Effigy of Ravand, Dove

File Work : Lion mask

### **MUSIC**

April : Joy to the World + Thankyou Lord

May : This is my prayer + Fun Song (I went to school)

July : Everything I am

August : Duck Song

September : Hey Ram

October : We shall over come

November : Jingle Bells

December : Jai Jai Desh

January : The Finger Family Song

February : Revision

## **DANCE**

### **First Term**

- April : Warm up exercises and body movements with count.  
May : Aerobics rhythmic body movement  
July : Krishna Dance (Natkhat Krishna dance songs)  
August : Semi classical movements (Guru Brahma Shlok)

### **Second Term**

- September : Western dance steps (with music)  
October : Free style dance steps (with music)  
November : Punjabi Bhangara folk dance steps (with dhol music)

### **Third Term**

- December : Basic movements aerobics (Jingle bell songs)  
January : Patriotic dance (welcome to India song)  
February : Revision of whole syllabus

### **Grading**

- March : Test for Evaluation

## **CLAY MODELLING**

- April : Class Exercises and Basic Geometrical Shapes  
May : Snail, Lady Bug  
July : Rabbit, Tortoise  
August : Catterpillar, Butterfly  
September : Frog, Boat  
October : Flower, Vase  
November : Grapes, Pineapple  
December : Snowman, Christmas Tree  
January : Swan, Peacock  
February : Aeroplane, Car

## **PHYSICAL EDUCATION**

### **APRIL**

Ist Week Card No. 1	Walking on toes and heels
2nd Week Card No. 2	Body awareness
3rd Week Card No. 3	Running Jumping
4th Week Card No. 4	Bean bag relay

### **MAY**

Ist Week Card No. 1	Animal Walk
2nd Week Card No. 2	Introducing ball handling
3rd Week Card No. 3	Rolling a ball
4th Week Card No. 4	Dribbling a ball

### **JUNE**

Ist Week Card No. 1	Rolling at large targets
2nd Week Card No. 2	Tag games
3rd Week Card No. 3	Bean bag relay
4th Week Card No. 4	Throwing and catching

### **JULY**

Ist Week Card No. 1	Body shapes
2nd Week Card No. 2	Static balance
3rd Week Card No. 3	Responding to commands & signals
4th Week Card No. 4	Kicking a ball

### **AUGUST**

Ist Week Card No. 1	Ringmaster
2nd Week Card No. 2	Introducing skipping
3rd Week Card No. 3	Treasure Hunt
4th Week Card No. 4	Jumping & Hooping

### **SEPTEMBER**

Ist Week Card No. 1	Pick & Drop Race
2nd Week Card No. 2	Movement with ball
3rd Week Card No. 3	Hitting & Kicking
4th Week Card No. 4	Zig-Zag pathways

### **OCTOBER**

Ist Week Card No. 1	Catch if you can
2nd Week Card No. 2	Jumping into music
3rd Week Card No. 3	Passing the pass
4th Week Card No. 4	Blind fold

### **NOVEMBER**

Ist Week Card No. 1	Match the sound
2nd Week Card No. 2	Introducing basketball
3rd Week Card No. 3	Leg cricket
4th Week Card No. 4	Simple relay races

### **DECEMBER**

Ist Week Card No. 1	Clean your junkyard
2nd Week Card No. 2	Clap your hands
3rd Week Card No. 3	Cat & Mouse
4th Week Card No. 4	Hand dribbling

### **JANUARY**

Ist Week Card No. 1	Colour identification
2nd Week Card No. 2	Fun exercise
3rd Week Card No. 3	Throwing at the large target (with ball)
4th Week Card No. 4	Zig-zag pathways

### **FEBRUARY**

Ist Week Card No. 1	Aerobics
2nd Week Card No. 2	Hoopla Race
3rd Week Card No. 3	Taken Aim
4th Week Card No. 4	Quick Run

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