

—PREFACE—

“The function of education is to teach one to think intensively and critically.”

Education is a tool that strengthens the foundational skills acquired early in childhood and make possible a lifetime of learning. There is a focus on an integrated curriculum. An integrated curriculum is described as one that connects different areas of study by cutting across subject-matter lines and emphasizing unifying concepts. Integration focuses on making connections for students, allowing them to engage in relevant, meaningful activities that can be connected to real life. Achieving, learning for all, is challenging, but it is the right agenda for the real gist of education. This document is the overview of the syllabus prescribed for the standard it is meant for, so that the children, teachers and the parents have a concrete idea as to how much is to be learnt by the child for the scheduled examination. It comprises of the pattern of examination and detailed date sheet for the whole session. In short it is the index, a glance of which, will help a child to get prepared for assessment and evaluations with ease.

“Learning is not attained by chance, it must be sought for, with passion and intelligence.”

Objectives of the Curriculum

- To identify and articulate the curriculum challenges for educating young people for the twenty first century.
- Taking care of different styles of learning i.e. audio, visual and experimental.
- The theoretical knowledge to be pursued ensuring maximum application of it.
- Correlating academics to real life situations balancing social and emotional stimulation among children and imbibe human values.
- To shape and influence the development of a national collaborative approach to curriculum.

EXAMINATION SCHEDULE FOR SESSION 2018-19

PERIODIC – I

Date	Day	VI	VII	VIII
13.07.18	Friday	English	Hindi	Maths
20.07.18	Friday	Science	S.St.	Fr./Skt.
23.07.18	Monday	Hindi	Maths	Science
27.07.18	Friday	S.St.	Fr./Skt.	English
03.08.18	Friday	Maths	Science	S.St.
10.08.18	Friday	Fr./Skt.	English	Hindi

**Online Computer Exam – 40
PTM on 25th August 2018**

Guidelines :

- ➔ Regular Classes will be held after each test.
- ➔ No Re-test will be conducted at any level.
- ➔ Periodic-I will be conducted for 40 marks.
- ➔ Duration of test will be 1½ hour.
- ➔ **For Class VI-VIII** — 5% of the first Periodic will be added to Final Cumulative Result.
- ➔ 25% of the entire Syllabus will be covered in the 1st Periodic.

HALF-YEARLY

Date	Day	VI	VII	VIII
22.09.18	Saturday	Computer	Computer	Computer
25.09.18	Tuesday	English	Hindi	Maths
29.09.18	Saturday	Science	S.St.	Fr./Skt.
03.10.18	Wednesday	Hindi	Maths	Science
06.10.18	Saturday	S.St.	Fr./Skt.	English
09.10.18	Tuesday	Maths	Science	S.St.
12.10.18	Friday	Fr./Skt.	English	Hindi

PTM on 27th Oct. 2018

Guidelines :

- ➔ No Re-test will be conducted at any level.
- ➔ **For Class VI-VIII** — Half-Yearly Exam will be of 80 Marks and 15% weightage will be given in Final Cumulative Result.
- ➔ **For Class VI-VIII** — 50% of the the entire Syllabus will be covered till the Half-Yearly Exams. 30% of the Periodic-I will be added to the 25% Syllabus of Half-Yearly.

PERIODIC – II

Date	Day	VI	VII	VIII
10.12.18	Monday	English	Hindi	Maths
14.12.18	Friday	Science	S.St.	Fr./Skt.
17.12.18	Monday	Hindi	Maths	Science
20.12.18	Thursday	S.St.	Fr./Skt.	English
24.12.18	Monday	Maths	Science	S.St.
27.12.18	Thursday	Fr./Skt.	English	Hindi

**Online Computer Exam
PTM on 19th Jan. 2019**

Guidelines :

- ➔ Regular Classes will be held after each test.
- ➔ No Re-test will be conducted at any level.

For Class VI-VIII

- ➔ Periodic-II will be conducted for 40 marks.
- ➔ Duration of test will be 1½ hour.
- ➔ 25% of the entire Syllabus will be covered in the IInd Periodic.
- ➔ 20% of the IInd Periodic will be added to Final Cumulative Result.

FINAL EXAM

(As per CBSE norms)

Guidelines :

- ➔ Class VI – 10% of Term 1 + Full Syllabus of Term 2
(50% of whole Syllabus) = 60%
- ➔ Class VII – 20% of Term 1 + Full Syllabus of Term 2
(50% of whole Syllabus) = 70%
- ➔ Class VIII – 30% of Term 1 + Full Syllabus of Term 2
(50% of whole Syllabus) = 80%

ENGLISH

Books (Lit. Reader) : **Broadways**

MCB : **Pathway**

Grammar : **Wow**

Writing :

Periodic - I

Literature : The Shell Falls Apart (Prose)

: How the tortoise got it's shell (Poem)

MCB : Unit-1 Growing Up

Grammar : Ch-8 Present Tense

Ch-4 Adjectives

Ch-3 Nouns

Writing : Notice writing, Diary entry

Enrichment Activities :

* Story Enactment (Fictional)

* Homework by choice

* Letting the diary speak

* Holiday Homework

Half-Yearly

Literature : The Refugee (Prose)

: No Such Thing (Poem)

Repeated Ch. : The Shell Falls Apart

MCB : Unit-2 Nawre's Bond (Activity)

Unit-3 Furs & Feathers

Grammar : Ch-9, 10 Past Tense

Ch-15 Articles

Ch-14 Adverbs

Ch-5 Preposition

Writing : Message writing, Story writing, Letter to the Editor.

Enrichment Activities :

* Listening Skills (WOW)

* Comic Strip

* Declamation

Periodic - II

Literature	:	The Apple Tree Complex (Prose)
	:	My Bird Sings (Poem)
	:	Lizzie & the Apple Tree (Poem)
MCB	:	Unit-5 A Brush with Art
Grammar	:	Ch-11 Future Tense
		Ch-12 Active & Passive Voice
		Ch-16 Conjunction
		Ch-17 Punctuation
Writing	:	Application writing, Article writing

Enrichment Activities :

- * Role Play
- * Holiday Homework
- * Integrated Project

Annual Exam

Literature	:	The Happy Prince (Prose)
	:	The Ransom of Red Chief (Prose)
	:	The boy who boasted (Poem)
	:	The Miracle Merchant - Only Reading
Repeated Ch.	:	No Such Thing
		Apple Tree Complex
MCB	:	Unit-6 The Unexplained
Grammar	:	Ch-12 Active & Passive Voice
		Ch-13 Subject-Verb Agreement
		Ch-1, 2 Sentences
		Ch-5 Preposition
Writing	:	Paragraph writing, Notice writing, Letter to the Editor, Bio sketch.

Enrichment Activities :

- * Listening Skill (WOW)
- * Show and tell (Imagination)
- * Self expression enhancement writing skills.

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Periodic - I

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Half-Yearly

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Periodic - II

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- i B&16 d k y
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- i B&23 v i f b x n - l a k
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Annual Exam

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MATHEMATICS

Text Book : NCERT
Ref. Book : **New Learning Mathematics (APC)**
: **Practice Manual**
: **Test Worksheets (Chapterwise)**

Periodic - I

April Chapter-1 : Knowing Our Numbers
April & May Chapter-2 : Whole Numbers
July Chapter-7 : Fractions

Enrichment Activities : (In Maths Project File)

1. To paste the currency note and write its series number in Indian and International Place Value Chart. (Ch-1)
2. To verify that multiplication is commutative for whole numbers. (Ch-2)
3. To find the sum of two unlike fractions. (Ch-7)

Classroom Activities : (In Practice Copy)

1. Write your adhaar number and write its successor and predecessor.

Note : Activity file and notebook will be assessed.

Half-Yearly

July Chapter-3 : Playing With Numbers
July & Aug. Chapter-8 : Decimals
August Chapter-6 : Integers
Aug.+Sept. Chapter-10 : Mensuration
September Chapter-5 : Understanding Elementary Shapes

Repeated Ch- 2 (Whole Numbers) & Ch-7 (Fractions)

Enrichment Activities : (In Maths Project File)

1. To find the factors of a given natural numbers. (Ch-3)
2. To find the sum of two integers. (Ch-6)
3. To list all prime numbers from 1 to 100 by Erathosthenes Sieve's Method. (Ch-3)

Classroom Activities : (In Maths P.C.)

1. To derive the formula for the area of a rectangle. (Ch-10)

Note : Activity file and notebook will be assessed.

Periodic - II

October	:	Chapter-11	Algebra
Oct.+Nov.	:	Chapter-4	Basic Geometrical Ideas
Nov.+Dec.	:	Chapter-12	Ratio and Proportion

Enrichment Activities : (In Maths Project File)

1. To introduce different parts of circle by paper cutting. (Ch-4)
2. To make patterns of alphabets (L and E) using matchsticks. (Ch-4)
3. Make a collage of different shapes you see in the nature. (Ch-4)

Classroom Activities :

1. Find the ratio of ages of all your family members to your age, when you will be 18 years old.

Note : Activity file and notebook will be assessed.

Annual Exam

December	:	Chapter-9	Data Handling
Jan. + Feb	:	Chapter-14	Practical Geometry
Feb.	:	Chapter-13	Symmetry (Activity Based)

Repeated Ch. : Ch-8 (Decimals), Ch-6 (Integers), Ch-4 (Basic Geometrical Ideas), Ch-7 (Fractions), Ch-10 (Mensuration)

Enrichment Activities : (In Maths Project File)

1. To represent the marks of different subjects in a bar graph. (Ch-9)
2. To find the lines of symmetry of any 5 pictures from the nature. (Ch-13)
3. To represent the various flavours of ice-cream of their different students in your class taking symbols. (1 (+) =2 students) using pictographs.

Classroom Activities : (In Maths Practice Copy)

1. To draw a perpendicular to a line through a point not on it by paper folding.

SCIENCE

Book : **Living Science (Ratnasagar)**
: **Practice Manual**
: **Science Practical Book**

Periodic - I

Chapter-1 : Sources of Food
Class Activity : 1. To find out ingredients and sources of some food items.
Chapter-2 : Components of Food
Chapter-3 : Fibre to Fabric
Class Activity : 1. To investigate cotton, silk and wool fabric.
2. To make cotton strands.

Subject Enrichment Activity : (To be done in Practice File)

1. To test the presence of starch in a food sample.
2. To test the presence of protein in a food sample.
3. To sprout some seeds (moong, channa).
4. To make weaving pattern of coloured paper.

Half-Yearly

Chapter-4 : Sorting Materials into Groups
Class Activity : Experimental Investigation (To be done in Sci. Project File) : Activity-8
Diagrams : Molecules of water and vinegar
Chapter-5 : Separation of Substances
Class Activity : To make saturated solution
Diagram : 1. Purification of water in the water works
2. Separating funnel
Chapter-10 : Living Organisms & Their Surroundings
Class Activity : To show that desert plants lose very little water through transpiration.
Chapter-6 : Changes Around Us
Class Activity : To show certain physical & chemical, irreversible and reversible changes.

Repeated Ch. : Sources of Food

Subject Enrichment Activity : (To be done in Practical File)

1. To study solubility of different solid substances in water.
2. To study the solubility of different liquids in water.
3. To separate mixture of sand and water by sedimentation and decantation.
4. To separate mixture of mud and water by filtration.
5. To study reversible changes.
6. To study irreversible changes.

Periodic - II

- Chapter-9 : Body and its Movement
Class Activity : 1. To observe various body movements.
2. To show X-ray image (Sci. Project File)
3. To show certain bones of human skeleton.
- Chapter-11 : Measurement & Motion
Class Activity : Measurement using footstep.
- Chapter-12 : Light, Shadows & Reflection
Class Activity : To make a Ray-box (Sci. Project File)
Diagram : Ray, Beam of light, Solar Eclipse, Lunar Eclipse
- Chapter-15 : Water (Activity Based)

Subject Enrichment Activity : (To be done in Practical File)

1. To measure the length of diameter of the given object. (pencil & ball)
2. To measure length of a curved line using a thread.
3. To classify different objects into categories of transparent, translucent & opaque.
4. To show that light travels in a straight line.

Annual Exam

- Chapter-13 : Electricity & Circuits
Class Activity : To test whether a substance is conductor or insulator.
Diagram : 1. Some electric components & symbols.
2. Closed & open circuit
3. Electric circuit using symbols.
- Chapter-14 : Fun with Magnets
Class Activity : Experimental Investigation (Activity-1)
Diagram : 1. Types of Magnet 2. Storing a magnet
- Chapter-16 : Air Around Us
Class Activity : To show air occupies space. (Sc. Project File)
Diagram : Composition of air.
- Repeated Ch.** : Components of Food, Separation of Substances, Light, Shadow & Reflection.

Subject Enrichment Activity : (To be done in Practical File)

1. To connect a bulb with an electric cell in different ways & find the right way to connect a bulb and electric cell in which the bulb glows.
2. To show magnetic poles have maximum magnetic power.
3. To prove that a freely suspended magnet always aligns itself in a particular direction.
4. To study behaviour of poles of a bar magnet.
5. To show presence of oxygen in air.
6. To show presence of air in soil.
7. To show presence of air in water.

SOCIAL SCIENCE

Book : **Social Science Success (Goyal Bros. Prakashan)**
: **Practice Manual**

Periodic - I

April

History : Ch-2 The Earliest People
Civics : Ch-2 Diversity and Discrimination
Geography : Ch-1 The Planet Earth and the Solar System

May

History : Ch-3 The First Farmers and Herders
Geography : Globe - Latitudes & Longitudes

Subject Enrichment Activity :

History : Ch-1 What, Where, How and When ?

Collect pictures of some ancient monuments such as temples, tombs, forts and paste them in your scrapbook.

Civics : Ch-1 Understanding Diversity

Nature has created an enormous variety of plants, animals, birds & insects on earth. Do you think we should respect the diversity created by the nature ? Explain how you will do it ?

Note : Notebook and Social Science Project File will be assessed.

Half-Yearly

July

History : Ch-4 The First Cities
Civics : Ch-3 What is Government ?
Geography : Ch-3 Motions of the Earth

August

History : Ch-6 Early Kingdoms + Map
Civics : Ch-4 Key elements of a Democratic Govt.
Geography : Ch-5 Major Domains of the Earth

September

Civics : Ch-5 Panchayati Raj

Repeated Chapters :

Geography : Ch-1

Subject Enrichment Activity :

History : Ch-5 Different ways of Life - The Vedic Period

Watch TV serial, the Ramayana and the Mahabharata. Note down your opinion about them. Which character you appreciate the most and why ?

Geography : Ch-4 Map Reading

1. You have to draw a sketch of the route you take from your house to the school. Write a navigation log. Your navigation log must include :
 - (a) Direction travelled (N, S, E, W)
 - (b) Name of the major streets.

- (c) Landmarks
- (d) Speed of travel
- (e) Time taken to travel

2. Draw a plan of your classroom and show the teacher's table, blackboard, desks, door & windows.

Note : Notebook and Social Science Project File will be assessed.

Periodic - II

October

History	: Ch-7	Spread of New Ideas
Civics	: Ch-6	Rural Administration

November

Geography	: Ch-6	Major Landforms of the Earth
History	: Ch-8	The First Empire

December

Civics	: Ch-7	Urban Administration
Geography	: Ch-7	India - Our Country + Map

Subject Enrichment Activity :

History : Ch-9 Life in Villages and Towns

Hold a debate on the topic 'what contribute more to the rise of the cities, trade, crafts and agriculture ?

Ch-10 Contact with the Distant Land

Write a project report on Kanishka highlighting his achievements in the field of religion and art.

Annual Exam

December

History	: Ch-11	Political Developments - The Gupta Period : AD 320 - AD 540 + Map
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January

Civics	: Ch-8 Ch-9	Rural Livelihoods Urban Livelihoods
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February

Geography	: Ch-8	India : Climate
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Repeated Chapters :

History	: Ch-2
Geography	: Ch-3, 7

Subject Enrichment Activity :

History : Ch-12 Culture & Science

Make a power point presentation on the contribution of the ancient Indians in the fields of science, mathematics and medical science.

Geog. : Ch-9 India - Natural Vegetation & Wildlife

Make a collage or poster on the topics :

(a) Save our Forests or (b) Save the Tigers

COMPUTER

Books : **Tools 16 (KIPS Publication)**

Periodic - I

- Chapter-1 : Computer Language
Chapter-2 : More on Windows 10
Chapter-3 : Enhancing a Presentation
Activity-1 : Type a paragraph on the topic "Computer Languages" in MS-Word. Apply the heading style, font style and font colour.
Activity-2 : Create a presentation (4-5 slides) on the topic "Windows-User friendly operating system".

Half-Yearly

- Chapter-4 : Office Mix
Chapter-5 : Microsoft Excel 2016
Chapter-6 : Formulas and Functions
Activity-1 : Create a worksheet containing the following information - Name, designation, department, salary.
Activity-2 : Create a student Progress Report containing Oral and Written marks of 5 students. Also calculate the total and average of the marks.

Repeated Ch- : Enhancing a presentation (Ch-3)

Periodic-II

- Chapter-7 : Log on to Flash CS6
Chapter-8 : Working with Flash CS6
Chapter-11 : Internet Services
Activity-1 : Create a scenery and animate the objects one by one.
Activity-2 : Create a winter scene showing the animation that depicts snowfall as well as moving snowman.

Annual Exam

- Chapter-9 : Introduction to MS Small Basic
Chapter-10 : Control statements in Small Basic
Activity-1 : Write a program to display the message "WISH YOU A GOOD DAY".
Activity-2 : Write a program to print first 10 natural numbers with the help of GOTO statement.

Repeated Chapters :

- Chapter-1 : Computer Language
Chapter-5 : Microsoft Excel 2016
Chapter-7 : Log On to Flash CS6
Chapter-8 : Working with Flash CS6
Chapter-11 : Internet Services

GENERAL KNOWLEDGE

Book	: Wow ! World within World (Eupheus Learning)	
Month	Topic	Page No.
May	1. Wonders of the World	7-9
	2. World Tour	10-13
	Current Affairs	
July	3. Astonishing Asia	14-18
	4. Incredible India	19-21
	5. For a Cause	22-25
	Current Affairs	
August	6. Mammal Mania	26-29
	7. A new leaf	30-32
	8. Musical Melody	33-36
	9. Let's Dance	37-39
	Current Affairs	
September	10. Water over the dam	40-42
	11. Cross the bridge	43-45
	12. Classical Buildings	46-48
	13. Raising the brand	49-51
	Current Affairs	
Oct. & Nov.	: 14. Science Bulletin	52-54
	: 15. Election Time	55-57
	Current Affairs	
December	: 16. Power of Words	58-61
	17. Be a Sport !	62-65
	Activity-1 Environmental Changes	66
	Activity-2 Taj Mahal	67-68
	Current Affairs	
January	: Test Paper - 1	69
	Test Paper - 2	70
	Test paper - 3	71
	Current Affairs	

FRENCH

Book : **Enchanté-2**

1st Periodic

- Leçon-0 Bonjour la France !
Leçon-1 Les lettres et les nombres
Leçon-2 Les Salutations
Grammaire : Les lettres et les nombres (1 à 20)
Formules de Salutation
Écriture : Présentez - vous, les Conversation
Informelle et formelle
Enrichment Activité : 1. French Quiz
2. Écoute et complète les dialogues

Half-Yearly

- Leçon-3 À la Cantine
Leçon-4 Les objets et les gens
Leçon-5 La chambre d'Alain
Leçon-2 Les Salutations (Repeated)
Grammaire : Conjugation du verb être, les prenom
personnels, les articles Indéfinis
Les adjectifs expressions avec Qu'est ce que ?
et Que est-ce ? Conjugation d'avoir, les articles
définis, Mettez les phrases au pluriel, féminin,
les nombres 21 à 100
Écriture : Présentez - votre amice at
vous avec les adjectifs
Enrichment Activité : 1. Factes le collage
2. Presentez-vous aveo l'adjectif

Periodic II

- Leçon-6 Le ciel bleu, le parc vert
Leçon-7 C'est le week-end !
Leçon-8 Une Sartie entre amis
Grammaire : Conjugation du verb <<aller>>, Les adjectifs,
les couleurs, Vocabulaire des jours et des mois,
Règles de conjugaisons de premien goupe de
verbes
Écriture : 1. Présentez votre frère/soeur
2. Décrivez votre saison préfinez
Enrichment Activité : 1. Faites une carte d' identité
2. Faites l' Affiche

Annual Exam

- Leçon-9 OÙ habites - tu ?
- Leçon-10 La famille d' Alain
- Leçon-1 Les lettres et les Nombres (Repeated)
- Leçon-3 À la cantine (Repeated)
- Leçon-7 C'est le week-end ! (Repeated)
- Grammaire :** Les verbes "er", les nationalités et les pays, les adjectifs possessifs
- Écriture :** Présentez votre famille, présentez votre père et mère
- Enrichment Activité :** 1. La Poème
2. Présentez votre meilleur amile?

La N

i B- & t d %

Ist Periodic

vi S

i B-i t d %i B&1 i B&2 f r h k foH D %d r k d %
i B&2 f r h k foH D %d e Z d k d %
O d j . k %v i f B x n - k k f p - k o . k z -
e b z
i B-i t d %i B&3 r r h k foH D %d j . k d k d %

Enrichment Activities

- 1- 'fo' o' k e - b r fo' k a v f / N R f H R f p - e j p ; r A
- 2- 'ee i f j p ; * & b r fo' k s i x p o k k u i n k z r A

Half-Yearly

t g k z

i B-i t d %i B&4 p r e z foH D % E n k u d k d
i B&5 i x p e h foH D %v i k k u d k d %
i B&6 "K E h foH D % E U d k d %
O d j . k %v i f B x n - k k
v x l r
i B-i t d %i B&7 l l r e h foH D %v f / d j . k d k d %
i B&8 l E k s u & l E k s u d k d %
i g j o f U k %i B&3 r r h k foH D %d j . k d k d %
O d j . k %f p - k o . k z

Enrichment Activities

- 1- d l s f i } S y l s k S d . E l f h N R d { k k e - o r r A
- 2- l o k f , d j e - o k u d j e - p H k s u ; B f H R f p - e j p ; r A

IIInd Periodic

vD wj

iB-i t d %i B&9 v O; i nfu
i B&10 ee fo| ky; %

uo E j

iB-i t d %i B&11 i fjr i s' d & forj. kl ekjg %
i B&12 l e; k i nfu

Oldj. k %vi fB xn- k l l an y s ku

Enrichment Activities

- 1- 'fo'ok k L; * fo'k's, de-y? qv u e- jp; r A
- 2- fgu h k k ki x i g y d ual dyue- f o, r le- A

Annual Exam

fnl E j & uoj h

iB-i t d %i B&13 d % u B %
i B&14 j e s k o p v d k p
i B&15 t y l e r e -
i B&16 i | e y k

Oldj. k %vi fB xn- k l f p - k o. k l l an y s ku

i g l o f u k %i B&1] 5] 10

Enrichment Activities

- 1- d L; e g k o' k; ^ v k e d f l e * i f B k f h u p e - jp; r A
- 2- H j r L; i x p i z s k u e - H k k u e - u e k u f y [k A i B d L; k o H k k k o, da, da
o k v f i f y [k A

Counselling Class Talk

Months	Topic
April	1. Family : Time & Importance
	2. Your body also speaks
	3. Gender Awareness
May	1. Love and Respect Elders
	2. All about boundaries
	3. Gender Responsibility
July	1. Laziness is the enemy of success
	2. Take your time to decide
	3. Gender Equality
August	1. I Love Myself
	2. Granny writes a letter about strangers
	3. Gender Discrimination
September	1. Hardwork and Success
	2. Growing Up : A Story

October	3.	Gender and Language
	1.	Good habits lead to success
	2.	Making others listen to you : A poem
November	3.	Gender Stereotypes
	1.	Helping behaviour
	2.	It's not your fault
December	3.	Gender and Relationship
	1.	Peer interaction
	2.	Secrets, gifts and surprises
January	3.	Respect
	1.	My healthy food basket
	2.	Plan what to do in emergency
February	3.	Gender Sensitivity
	1.	Beat the Exam Fever
	2.	Trust your feelings
	3.	Gender Empowerment

LIFE SKILLS

Book : My Book of Life Skills with Values

April	: Ch-1	God is Merciful
	Ch-2	Trust in God
Value Card Activity-	1, 2	
May	: Ch-3	Courage
	Ch-4	The Right Attitude
Value Card Activity-	3	
July	: Ch-5	Leadership
	Ch-6	Self-Expression
Value Card Activity-	4	
August	: Ch-7	Ambition
	Ch-8	Family Bonding
Value Card Activity-	5, 6	
September	: Ch-9	Self Awareness
	Ch-10	Humility
Value Card Activity-	7	
October	: Ch-11	Responsibility
	Ch-12	Kindness
Value Card Activity-	8	
Novemeber	: Ch-13	Self Control
	Ch-14	Appreciation
	Ch-15	Patriotism
Value Card Activity-	9	
December	: Ch-16	Preserverance
	Ch-17	Abilities
Value Card Activity-	10	

ART & CRAFT

Book	: I am an Artist
April	: Still Life, Nature Study
May	: Birds Study, Animals Study, Landscape
July	: Landscape, Human Anatomy, Portrait
August	: Body proportion, Sketching
September	: Composition : Fruit Seller, Playing football
October	: Stencil painting, Collage, Diwali scene
November	: Cartoon making, Winter Season
December	: Poster design, Folk Art, Christmas Scene
January	: Calligraphy
February	: Completing the Syllabus and submission Art File.

DANCE

April & May	: Introduction of Indian Classical Dance Forms * Introduction of Kathak Dance * Taal Teen Taal practice * Tatkak, Theka Ekgun Dugun Chaugun
July/August	: Single Hast Mudra * Short-note - Sum, Taali, Khali, Vibhag, Avartan * Practice of Hastak, Talkase Tihai Padhant
September	: Exam
Oct./Nov.	: Knowledge of Lory, Tukda, Tihai, Thaata, Amad, & Paran Amad * Practical :- Simple Tukda, Tatkak ki Tihai, Thaata, Amad and Paran Amad
Dec./Jan	: History of Kathak and different Gharana * Practical - Palta, Different kind of Chakra Chakkra Dhar Tukda
Feb.	: Description - Vandana, Bhajan, Kavita : Practical : Guru Vandana

MUSIC

Vocal

April	: Stuti (Sanskrit Shloka)
May	: Alankaars variation and theory
July	: Saraswati Vandana
August	: Patriotic Song
September	: School Song
October	: English/Hindi Prayer & Taal Theory
November	: Shiv Vandana & Gurubani
December	: Welcome Song (English & Hindi both)
January	: Holi Song
Feb. & March	: Annual Assessment

Instrumental

April	: Introduction of Teen Taal, Rupak Taal
May	: Western beat of Drum & Basic pattern : Western beat of Congo & Basic pattern
July	: Kayda in teen taal on Tabla
August	: Kayda & Bal in teen taal on Tabla and Tukda
September	: Revision of syllabus April to August
October	: Keherwa taal on Tabla and Western beat on Drum with rolling + Western beat on Congo with rolling
November	: Western Dadra taal on Drum
December	: Western Dadra taal on Congo
January	: Dadra taal on Tabla + Revision
February	: Revision of Syllabus + Annual Assessment

PHYSICAL EDUCATION

April	: <u>Table Tennis</u> Physical Exercise, Basic Rules and Regulations of the game and holding the racket and shadow.
	: <u>Basket Ball</u> Physical exercise, Basic Dribbling with both hands, Upper passing and basic rules.
	: <u>Cricket</u> Rules and Regulations of the game, Physical exercise, Shadow practice.
	: <u>Badminton</u> Physical exercise, Basic Rules and Regulations of the game, Racket holding and gripping.
May	: <u>Table Tennis</u> Physical exercise, how to serve, hitting the ball with forehand and backward.

July	: <u>Basket Ball</u> Physical exercise, how to lay the shot with both hand+ passing the ball.
	: <u>Cricket</u> Physical exercise, forward defense, back foot defence.
	: <u>Badminton</u> Physical exercise, forehand and backhand grip, footwork - Forward + Backward running
	: <u>Table Tennis</u> Physical exercise, Forehand and Backhand counter + Spin service
August	: <u>Basket Ball</u> Physical exercise, Low and high dribble passing
	: <u>Cricket</u> Physical exercise, running between the wickets
	: <u>Badminton</u> Physical exercise, introducing the strokes with clearing of shuttle.
	: <u>Table Tennis</u> Physical exercise, pushing of ball with backward and forehand+lobbing
September	: <u>Basket Ball</u> Physical exercise, Introducing Lap shot+ Jump shot
	: <u>Cricket</u> Physical exercise, Straight drive, off drive, cover drive
	: <u>Badminton</u> Physical exercise, forehand service, short service, Toss and Drop
	: <u>Table Tennis</u> Physical exercise, Matches with proper rules and regulations
	: <u>Basket Ball</u> Practise of matches with rules and regulations
	: <u>Cricket</u> Catching practise, physical exercise
	: <u>Badminton</u> Physical exercise, start of playing matches with proper rules and regulations.

October	<ul style="list-style-type: none"> : <u>Table Tennis</u> Physical exercise, free hand smash, backhand rally + side spin service : <u>Basket Ball</u> Physical exercise, Defense 1 on 1, 2 on 2, 3 on 3 and 5 on 5 with proper rules. : <u>Cricket</u> Proper bowling stance with ball in hand, physical exercise, running practise. : <u>Badminton</u> Physical exercise, Drop shots, smash, shadow practise.
November	<ul style="list-style-type: none"> : <u>Table Tennis</u> Physical exercise, discussion about what has been learnt + matches among them. : <u>Basket Ball</u> Physical exercise, lay up shoot, reverse lay up shoot, handling ball among the players. : <u>Cricket</u> Physical exercise, fielding practise among the players. : <u>Badminton</u> Physical exercise, 3 corners practise + front and back smash skill
December	<ul style="list-style-type: none"> : <u>Table Tennis</u> Physical exercise, blocking of smash : <u>Basket Ball</u> Physical exercise, Zone to Zone & Men to Men match : <u>Cricket</u> Physical exercise + Strategy of Match : <u>Badminton</u> Physical exercise, All corners shuttle lift practise, net shoots
January	<ul style="list-style-type: none"> : <u>Table Tennis</u> Matches with proper rules. : <u>Basket Ball</u> Matches with proper rules. : <u>Cricket</u> Matches : <u>Badminton</u> Matches with proper rules.

YOGA

April

- Introduction of Yoga
- Yoga for children
- Sukshma vyayama (Minor joint movement practices)
 - * Griva Shakti vikasak kriya (I, II and III)
 - * Purna Bhuj Shakti Vikasak kriya (I, II and III)
 - * Kati Shakti Vikasak (I, II, III and IV)
- Asanas
 - * Introduction to Asanas
 - * Tadasana
 - * Tiryaka tadasana
 - * Hasttotanasana

May

- Chanting of Om
- Sukshma Vyayama
 - * Jangha Shakti Vikasak (chair pose)
 - * Pindali Shakti Vikasak
 - * Pada Mula Shakti Vikasak
- Asanas
 - * Padhastasan
 - * Katichakrasana
 - * Veerbhadrasana I
 - * Veerbhadrasana II
 - * Vrikshasana
- Pranayama
 - * Sheetali
 - * Shitkari

July

- Recitation of Hymns from Upanishads and Yoga Texts
- Asanas
 - * Ardhakatichakrasana
 - * Dandasana
 - * Natrajasana
 - * Ardhpadmasana
- Pranayama
 - * Anulom Vilom
- Breath meditation

August

- Asanas
 - * Vajrasana
 - * Dadmasana
 - * Brahmacharyasana
 - * Baddha Konasana
 - * Trikonasana/Triangle pose

- Pranayama
 - * Chandra bhedi
 - * Surya bhedi
- Meditation
- September**
- Asanas
 - * Janushirshasana
 - * Pashchimotanasana
 - * Purvottanasana
 - * Vajrasana
 - * Ardhmatsendsyasana
- Pranayama
 - * Bhramari
- Tarataka
- October**
- Introduction : Surya Namaskar
- Asanas
 - * Gomukhasana
 - * Mandukasana
 - * Matshendra asana
 - * Shalbhaasan
 - * Naukasana
- Pranayama
 - * Bhaskika
- Meditation
- November**
- SURYA NAMASKAR/ASANAS
 - * Bhujangasana (Various steps)
 - * Dhanurasan
 - * Ushtrasana
- Pranayama
 - * Nadishodhan
 - * Bhramari
- Meditation
- December**
- SURYA NAMASKAR
 - * Suptvajrasan
 - * Halasan
 - * Sarvangasana
- Pranayama
 - * Benefits of Pranayama
 - * Importance of Pranayama
 - * Suryabhedi Pranayama

- ➔ Meditation
 - * Om Chanting
 - * Breath Meditation

January

- ➔ Asanas
 - Surya Namaskar
 - * Marjaryasana
 - * Chakkichalasana
 - * Naukachalasana
- ➔ Pranayama
 - * Kapalbharti

- ➔ Meditation
 - Om Chanting
 - Breath Meditation
 - Mudras of Hand

February

- ➔ Surya Namaskar
- ➔ Asanas
 - * Chakrasana
 - * Hastikshundasana
 - * Mahavirasana
- ➔ Pranayam
 - Kapalbharti
 - Mudras

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