

# Mount Abu Public School NEWSLETTER

## January -March (2018-2019)



### Dear Parent

As the session 2018-19 comes to an end, Mount Abu Family's heart fills with pride and honour at the glorious achievements that the school has accomplished.

The school fraternity deeply appreciates the valuable contribution of every member especially the parents for always providing relentless support and cooperation for the school's initiatives and make it as one of the best in the city where the aim is to equip students with the skills and expertise that provides them a platform to rise and shine and be the true Global Leader.

The school through its core values of excellence, passion, gratitude etc. has always laid strong emphasis on the holistic growth of the learners so that the young children get the freedom to tread on paths of joy and happiness and their actions become the source of the glorious achievements.

*"The future belongs to those who believe in the beauty of their dreams."-Eleanor Roosevelt*

Thanks  
Principal

### Dear Student

**I would like to share the beautiful lines for your reading. Hope they will motivate you to believe in your potential and be the best version of yourself.**

#### Believe In Yourself

There may be days when you get up in the morning and things aren't the way you had hoped they would be, that's when you have to tell yourself that things will get better.

There are times when people disappoint you and let you down, but those are the times when you must remind yourself to trust your own judgments and opinions, to keep your life focused on believing in yourself and all that you are capable of.

There will be challenges to face and changes to make in your life, and it is up to you to accept them.

Constantly keep yourself headed in the right direction for you.

It may not be easy at times, but in those times of struggle you will find a stronger sense of who you are, so when the days come that are filled with frustration and unexpected responsibilities, remember to believe in yourself and all you want your life to be,

because the challenges and changes will only help you to find the goals that you know are meant to come true for you.

Keep believing in yourself.

Best Wishes  
Principal

TOWARDS A JOYFUL ENDING AND A SPARKLING BEGINNING



# INTERLACING WITH THE WORLD

## CULTURAL EXTRAVAGANZA BY SRILANKAN DELEGATES



The school organized the mega event of Eat Right Carnival and Natyum-Celebrating Sri lankan Cultural Extravaganza on 20th January 2019. The event witnessed the presence of **High Commissioner for Sri Lanka in India His Excellency Mr. Austin Fernando and Madam Madhavi Das, Executive Director, FSSAI, India** along with eminent dignitaries and distinguished educationists. The event began with ceremonial lamp lighting followed by and invocation to lord Shiva and various cultural performances by the tiny tots on Eat Right. The delegation from Sri Lanka from the Educational Information Technology

and Cultural affairs, Ministry of Sabaragamuwa Provincial Council from Sri Lanka presented captivating and graceful cultural presentation to share the cultural and traditional aesthetic values of Sri Lanka. The event also witnessed different exhibits highlighting the significance of eating nutritious food for a healthy body and mind. The students from Class I –VIII also presented ramp show and ballet all centered on the idea of having healthy lifestyle through yoga and other forms of spiritual upliftment. The eminent dignitaries addressed the gathering and appreciated the effort of the students in presenting the grand show that inspired all to think about eating healthy and right food. The Principal, in her address appreciated the performers from Sri Lanka and encouraged young learners to appreciate diversity that exists across the globe. She also focused upon the need for eating nutritious food for a successful living.



## ENRICHING TALKS WITH DELEGATION FROM ITALIAN EMBASSY

Ms. Chiara Petracca, Head of Press & Cultural Affairs, Embassy of Italy and Ms. Valentina Ierna, Head of Uni Italia visited Mount Abu Public School. Italian Language students had a great time exploring Italian language and culture during their interaction with the guests. They also visited the classrooms at Junior School and got a glimpse of teaching pedagogies at MAPS.



## CELEBRATION OF INDO-KOREAN TIES

The School rejoiced the Celebration of International collaboration with Korea with the culmination of Korean Week on 20 January 2019 with great fanfare. The celebration began with auspicious mark by lighting the lamp of knowledge by the **Honorable Chief Guest, Director Korean Culture Centre, KIM KUM PYOUNG** along with the Principal followed by mesmerizing Indian dance presentation by Mapians. A report regarding the celebration of Korean Week was read out along with the video presentation of the activities held throughout the week from 14 to



20 January, 2019. A wonderful talk was presented by student highlighting the Amazing Korea for its beautiful culture and tradition. The audience was enthralled by the Taekwondo kicks by the Taekwondo demonstration team of Korean Culture Centre that left everyone spellbound. The programme concluded with the Certificate distribution to the participants of "Korea and Me" followed by National Anthem of both the countries, India and Korea. A story telling activity by the representatives from Korean cultural centre. They also distributed the special staple food of Korea and guided the children regarding the recipe which was appreciated by all. The Chief Guest addressed the gathering and appreciated the ties between the two countries and encouraged the children for their future collaborative works further strengthen the bond between the two countries.

## PROUD MOMENTS

### PRINCIPAL LEADERSHIP FOR OUTSTANDING ENDEAVORS AWARD

The Principal became the proud recipient of 'Principal leadership for outstanding Endeavors Award' in 'Life Empowerment Awards for Schools 2018-19' by "Expressions India' in a special function organized for the purpose at National Science Centre, New Delhi. Mr. Rajat Sharma, the Chairman and Editor in Chief, India TV and Jitender Nagpal, Director Expressions India presented the awards and appreciated the winners for their deep commitment in the field of education.



### HEARTIEST CONGRATULATIONS TO THE PRINCIPAL, MADAM JYOTI ARORA FOR BEING ELECTED AS THE MEMBER OF CBSE GOVERNING BODY

The Principal of the School, Mrs. Jyoti Arora becomes the member of Governing Body of CBSE for third consecutive term. It is all the reflection of the Dedication and Commitment with which she serves the society that has brought laurels to her. The whole Mount Abu family congratulates her on her great achievement.

### LAURELS FOR SCHOOL IN EAT RIGHT MOVEMENT

Mount Abu School shines again with the brilliance of healthy food and lifestyle by winning the laurels in eat right creativity challenge initiated by FSSAI and SNF under the ministry of health and family welfare, Govt of India. The school was adjudged at second position with a cash prize for its wall art creation and digital creatives and felicitated with special appreciation for being the lead school is promoting the concept of eat right movement.





# EVENTS AND CELEBRATION

## SCHOOL HOSTS TIMES OF INDIA'S COLOUR SPLASH INTERSCHOOL PAINTING COMPETITION



Mount Abu Public School was the host Painting 'SPLASH' organised event was graced by Baniyal, Head of Madam Valentina Italia in India, More than 665 various reputed and painted imaginations on the Wild life' and the canvas.



for Inter School Competition 'COLOR by Times NIE. The event was graced by Madam Vandana Times NIE and Lerna, Head of Uni - Embassy of Italy. More than 665 students from various schools participated and painted wonderful imaginations on the themes 'Forest and Election Rally' on the canvas.

## HOST TO KARO SAMBHAV PROGRAMME



Mount Abu Public School hosted the second round of **KARO SAMBHAV PROGRAMME**, an initiative of **Microsoft Gold partner-Juana Technologies** on 28th January 2019. The event was graced by Mr. Ronjoy from IFC and Ms. Ritika Jain from Karo Sambhav team. Various schools showcased their activities in the form of Nukkad Natak, Rap songs, PowerPoint Presentations, Apps and Models etc. Everyone was mesmerized to see these fantastic performances.



## BLESSINGS CEREMONY FOR CLASS XII

The School organised Blessings Ceremony for Class XII on 23 February 2019. The students participated in the Havan ceremony organized by the school to seek the blessing of the almighty for their exams and future endeavors. The school Principal in her address wished the students Goodluck and motivated them to excel and stride on the path of righteousness and take the school flag higher to their remarkable ventures.



## Prime Minister -Live on Pariksha Par Charcha

The School screened the live telecast of Hon'ble Prime Minister's 'Pariksha Par Charcha' wherein the Prime Minister interacted with the students across the Nation. The main aim of the programme was to let the children of Class X & XII feel relaxed about the forthcoming examination and remain stressfree. The students watched the show very enthusiastically and felt happy to see the PM of India being so informal in his interaction with the students.



## SAFETY ,OUR PRIORITY :MOCK DRILL ON FIRE SAFETY

Following the guidelines from Directorate of Education, Govt .of NCT Delhi, Mount Abu Public School Sector 5 Rohini conducted the MOCK DRILL on Fire Safety on 30 January 2019, wherein the fire alarm was blown and building was evacuated within the stipulated time. The children were showed demonstration of extinguishing the fire and using the safety measures in case of Fire in the building.





The members of the disaster management committee participated actively to sensitize all for the disaster preparedness and showed their proactive role in the whole process, from evacuating the building, working for rescue and first aid to the injured. The main objectives of the mock drill was to ascertain the alertness of the school to tackle an emergency situation in ensuring the safety of the students and raise awareness among for the same.

### **REPUBLIC DAY CELEBRATION- A MARK OF REVERENCE FOR THE NATION.**

Mount Abu Public School celebrated its 70th Republic Day with zest and splendour. The event commenced with the flag hoisting by Honourable Chairman Sir, Director Sir and Principal Ma'am. The programme was marked by melodious rendition by School Choir, Orchestra Band, student's talk and soul stirring self composed poems. Furthermore, the scintillating solo and group dance performances showcased the diversity in unity of children. Thereafter as the celebration coincided with National Voters' Day, the students took the pledge to uphold the democratic tradition of the country. The inspiring speech by Principal Ma'am emphasizing the need of hardwork, tenacity and discipline by the students for a developed India in future infused the patriotic fervor. The programme ended with a vote of thanks followed by National Anthem.



## SPORTS FIESTA AT PRIMARY LEVEL



**"What can be learned  
on the ground cannot be learned in the classroom".**

To develop and enhance skills like strength, speed, endurance, agility, flexibility, control, balance etc. Sports Fiesta was organised for the classes I to V in the last week of February in Maps sports multiplex where a varieties of sports like football, cricket match, Pick and Drop relay, Ball Drag Race , cone balance etc were organised for boys and girls. The event was successful in extending the knowledge, fun, fitness of the lil mapians. The best team and players were awarded for their wonderful achievement.

## SPECIAL ASSEMBLIES

### BASANT PANCHAMI—Celebrating the power of knowledge



Thereafter, the students informed everyone about the ways in which the festival is celebrated in different regions of India. The mesmerizing dance performance by the students wearing yellow dresses depicting the yellow mustard fields added a charm to the event. The students learnt about the importance of the festival and they were also encouraged to help the needy children by giving them notebooks, books and stationary products.

Basant Panchami is an occasion which marks the advent of spring season and is also celebrated to worship Goddess Saraswati -the goddess of knowledge and wisdom. The students of class 4E and I C presented assembly on this special occasion. The celebrations commenced with Saraswati Vandana.



## MARTYR'S DAY- Acknowledging the effort of our brave soldiers

The students of Class IV-D conducted a Special Assembly on the theme- Martyr's Day on 30<sup>th</sup> January, 2019. The students presented the meaning and significance of the day through a skit. Everyone enjoyed a melodious patriotic song sung by the choir group. To sensitize the students towards the sacrifice of



our great martyrs a dance was also presented by the students. It was an informative assembly and enthralled the students with the feeling of patriotism. All the students enjoyed the assembly which ended with the kind words of wisdom by the Coordinator Mam.

## MAHASHIVRATRI—Spritual Journey for ultimate peace

Assembly on Mahashivratri was conducted on 27th February '19 by 3C. The students commenced the assembly by saluting our Indian Armed Forces as India has avenged the attack that martyred our soldiers on 14th february '19 by destroying the terror camps in Balakot, on the early morning of 26th february'19. The assembly highlighted the glory of the divine Shiva who remind us of our capabilities and help us attain success. The students of 3C presented the grand wedding of Lord Shiva and Parvati along with the wedding rituals. A short skit was also prepared by the children witnessing the special moments of the lives of Lord Shiva and Lord Ganesh. A video depicting the wastage of milk or food items on lord Shiva lingas was also shown to the students which highlighted the importance of sharing and giving it to the poor children who are the true image of god, Lord Shiva.



# IGNITING MINDS: WORKSHOPS FOR STUDENTS

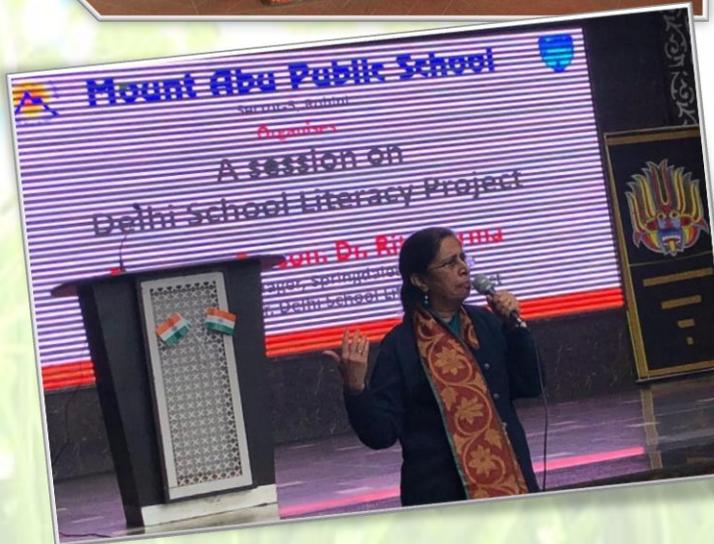
## WORKSHOP ON POCSO ACT

The School organized a workshop for students on "POCSO ACT", sponsored by Hindustan Times on 8 February 2019 wherein the resource person Mr. Lucky Puchrat guided the children all about intricacies of the POCSO ACT and as to how they can protect themselves from abuses. He also spoke about good touch and bad touch and guided them the ways as to how to raise their voice against any kind of violence to maintain their self-esteem and lead a better life.



## INITIATIVE TO ERADICATE ILLITERACY

An awareness session on drawbacks of illiteracy and steps how to eradicate it was taken by Ms. Ritu Verma, Vice Coordinator, Delhi School Literacy Project on 16th January 2019. The resource person urged the youth to step forward and contribute in increasing the literacy rate to help the nation to prosper. The students were inspired to participate in 'Each One Teach One' project by guiding their helpers at school and home to become literate. They were also provided with the learners book to teach others.





# EMPOWERING MENTORS: WORKSHOPS FOR TEACHERS



## Topic: HOW TO PREPARE STUDENTS FOR EXAMINATION

Resource Person: Sh. Anjali Sachdev from Times of India at Mount Abu Public School on 11th January 2019

Attended by: All Primary and Middle Level Teachers



## Topic: AWARENESS ON POCSO

Resource Person: Mr. Lucky Puchharat at Mount Abu Public School on 2nd February 2019

Attended by All Teachers



## INTER SCHOOL COMPETITIONS

EVENT	VENUE	PARTICIPANTS	POSITION
<b>SOLO INSTRUMENTAL MUSIC</b>	Venkateshwara Global School, Rohini	Ambarish Ghalod (VI)	<b>RESULT: II POSITION</b>
<b>GROUP PATRIOTIC SONG</b>	St. Angel's School, Rohini	Niharika, Lavanya Singh, Bhumi (VI)	<b>RESULT: I POSITION</b>
<b>SOLO CLASSICAL DANCE</b>	Gitarattan Jindal Sr. Sec. School, Sec-7, Rohini	Anusha Verma (X)	<b>RESULT: PARTICIPATION</b>
<b>HINDI DEBATE</b>	School of Excellence Sector-17, Rohini	Anamika, Riddima (VIII)	<b>RESULT: II POSITION</b>



# MAPS INITIATIVES... PROMOTING HOLLISTIC EDUCATION

## Ek Aas ...Ek Prayaas

To make students kind, caring and compassionate by nature, Ek Aas, Ek Prayaas is the noble initiative of the school to enable every child get into the habit of charity and be sensitized with the feelings, emotions and basic requirements of less privileged.



## Roti Bank

The school initiated Roti Bank to make an effort to ensure that each member of the society has the basic requirement of food to be fulfilled. Under this initiative, every member of the school brings an extra stuffed parantha wrapped in a foil every Monday which is then collected by the volunteers and distributed to the destitute people in the school's neighboring area.



## Astronomy Labs

The school provides young learners a unique platform to discover the cosmos within by becoming the **only school in Delhi to have established the First Astronomy Lab**. It is a unique privilege to explore the infinite potential that the universe holds.

## Atal Tinkering Lab

The School has been given an exclusive opportunity of setting up of Atal Tinkering Lab, an initiative of NITI AYOOG, Government of India. The main aim of the setup is to foster curiosity, creativity and imagination in young minds and inculcate skills such as design mind-set, computational thinking, adaptive learning, physical computing, rapid calculations, measurements etc. The setup of ATL Labs will lead towards creating a generation of innovators. The students are given an opportunity to present innovative ideas with different perspectives.



## Italian Language Club

The ITALIAN LANGUAGE CLUB, an initiative of Italian Embassy Cultural Centre is launched in the School. The club is an extension of school's endeavour to promote Internationalism in the curriculum and interlace the pedagogies with global dimension. The Italian Language Learning Centre in the school provides the young learners a platform to explore the world beyond the boundaries and enrich themselves with the culture and traditions of Italy. The club classes are held every Saturday in the School premises on Basics of Italian language. The Italian Language Learning Centre in the school is thus an exemplary step to foster global citizenship among the students.



## PROPOSED INITIATIVES...PROMOTING BRILLIANCE

### Reading Programme At Mount Abu School



Reading is a habit that equips young learners to gain new knowledge, skills and dispositions for learning and ensures personal development that expands the horizon of learning and broadens the vision to overcome challenges and avail the opportunities to the maximum. In today's era of technology ,reading has taken a backseat ,thus to allow the young learners to discover the joy of reading, the school has a complete and comprehensive Reading Programme that enhances the reading skills of the students and motivates them to take up reading and make it a fun filled habit that they can enjoy all throughout their life.

### Mount Abu Defence Programme

To create a sense of pride and honour for the nation among the students and connect them with the virtues of patriotism, the school has designed a complete and comprehensive programme for students of classes IX – XII to prepare for the Defence related entrance exams conducted across the country. Career in defence forces promises one of the most prestigious and respected positions in the country. The young learners who aspire to choose a career of excitement, adventure, and challenges can find no better place than defence to meet their professional expectations. The Defence Programme at MAPS will empower students to strategise, lead and manage their preparations for the array of exams conducted to be the part of the highly revered Indian Defence Service. It offers opportunities to the students to exploit their true potential as a professional - by learning new skills and expertise.

