



Mount Abu Public School  
**SUMMER HOLIDAYS HOMEWORK**  
**SESSION 2019-20**  
**CLASS- I**



**Dear Students**

*Learning is the beginning of wealth.*

*Learning is the beginning of health.*

*Learning is the beginning of spirituality.*

*Searching and learning is where the miracle process all begins.*

.....*Jim Rohn*

Holiday is the time that we all eagerly wait for. We all make plans to enjoy, to relax and to empower ourselves during these gala days. This summer vacation the Holiday Homework so designed by the mentors of the school is a medium for you all to achieve the motto of “Fun and Learn”

The activity based assignments will foster curiosity, develop creativity , enhance knowledge and instil the joy of learning among you all. They will certainly help you discover a new you who is more enriched and confident and performs every action to perfection.

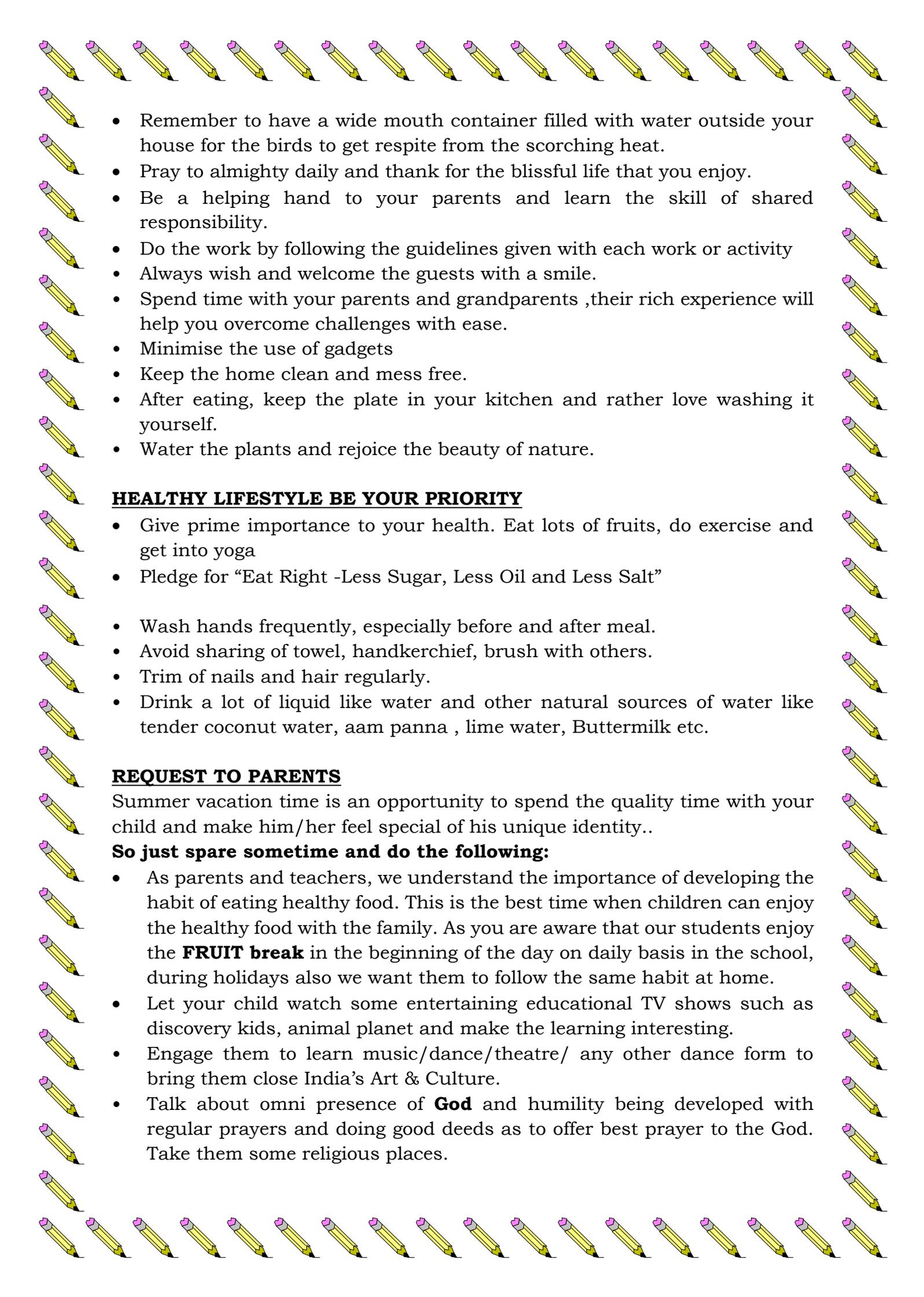
As it is well recognized that Mount Abu Public School not only focusses on academics but lay equal importance on Co-scholastic Competencies .The school also desires you to adhere to the following guidelines for a fulfilling break:

**REMEMBER**

- Neatness and presentation are common parameters for most of the activities assigned. Please maintain the quality of work done.
- Complete and submit the holiday homework according to the dates given. Note down these dates carefully as late submission after these dates is not acceptable and you will be losing the marks/grades for the same if you miss the date.
- Holiday homework will be assessed on certain parameters and marks/grade will be awarded accordingly.
- Make sure that all syllabus done till May must be revised thoroughly in the last two weeks of June as it will help you to retain and adjust after the long break.

**BE A WONDERFUL HUMAN BEING:KEEP IN MIND TO**

- Follow a schedule during holidays. Be a good time manager .
- Read newspapers daily and stay updated with current affairs.
- Do the homework independently, only ask for assistance from your parents or guardians
- Give time to pursue your hobby.
- Appreciate nature and go for “Nature Walks”, plant trees and spread the message of Nature Conservation”

- 
- Remember to have a wide mouth container filled with water outside your house for the birds to get respite from the scorching heat.
  - Pray to almighty daily and thank for the blissful life that you enjoy.
  - Be a helping hand to your parents and learn the skill of shared responsibility.
  - Do the work by following the guidelines given with each work or activity
  - Always wish and welcome the guests with a smile.
  - Spend time with your parents and grandparents ,their rich experience will help you overcome challenges with ease.
  - Minimise the use of gadgets
  - Keep the home clean and mess free.
  - After eating, keep the plate in your kitchen and rather love washing it yourself.
  - Water the plants and rejoice the beauty of nature.

### **HEALTHY LIFESTYLE BE YOUR PRIORITY**

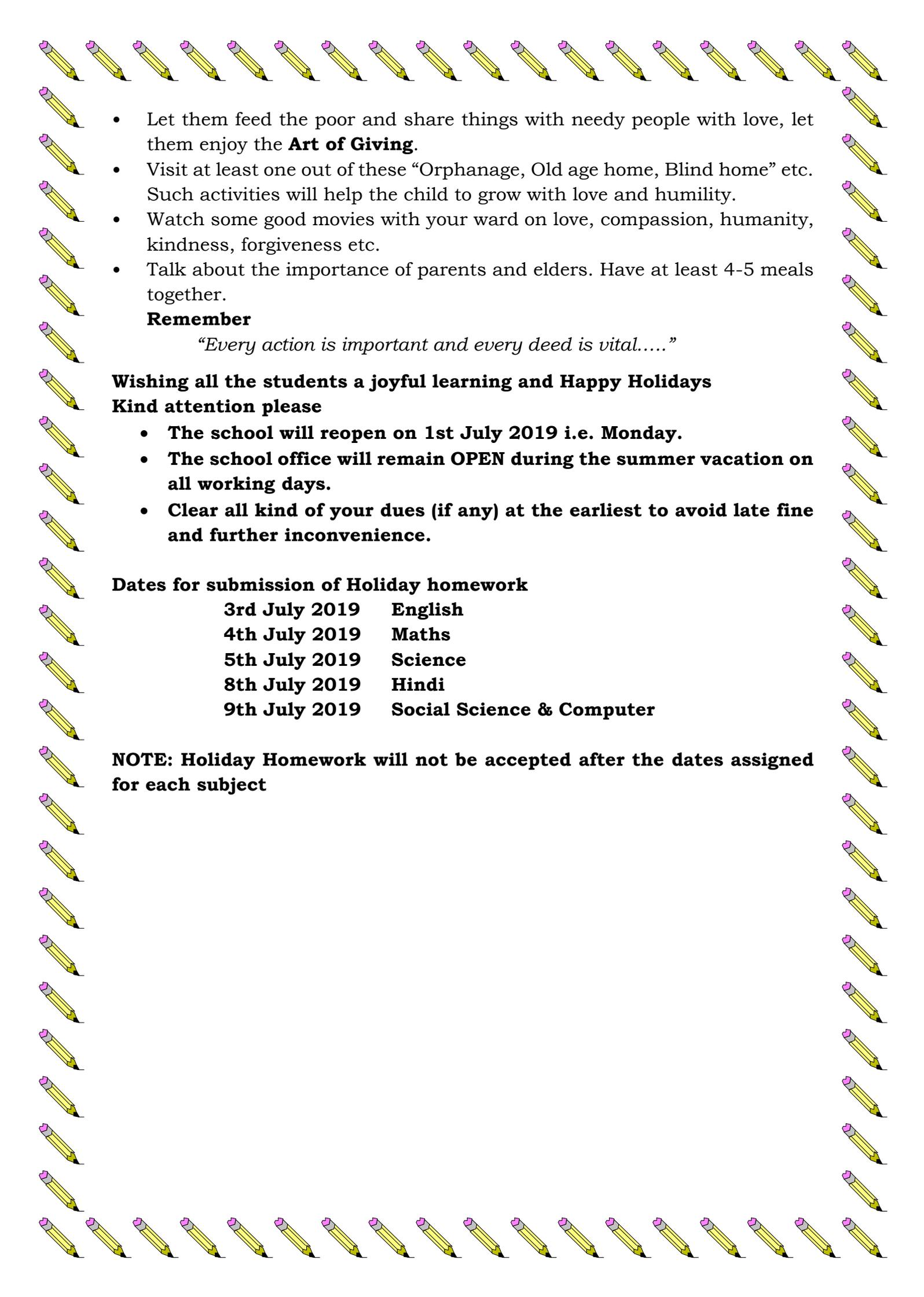
- Give prime importance to your health. Eat lots of fruits, do exercise and get into yoga
- Pledge for “Eat Right -Less Sugar, Less Oil and Less Salt”
- Wash hands frequently, especially before and after meal.
- Avoid sharing of towel, handkerchief, brush with others.
- Trim of nails and hair regularly.
- Drink a lot of liquid like water and other natural sources of water like tender coconut water, aam panna , lime water, Buttermilk etc.

### **REQUEST TO PARENTS**

Summer vacation time is an opportunity to spend the quality time with your child and make him/her feel special of his unique identity..

#### **So just spare sometime and do the following:**

- As parents and teachers, we understand the importance of developing the habit of eating healthy food. This is the best time when children can enjoy the healthy food with the family. As you are aware that our students enjoy the **FRUIT break** in the beginning of the day on daily basis in the school, during holidays also we want them to follow the same habit at home.
- Let your child watch some entertaining educational TV shows such as discovery kids, animal planet and make the learning interesting.
- Engage them to learn music/dance/theatre/ any other dance form to bring them close India’s Art & Culture.
- Talk about omni presence of **God** and humility being developed with regular prayers and doing good deeds as to offer best prayer to the God. Take them some religious places.

- 
- Let them feed the poor and share things with needy people with love, let them enjoy the **Art of Giving**.
  - Visit at least one out of these “Orphanage, Old age home, Blind home” etc. Such activities will help the child to grow with love and humility.
  - Watch some good movies with your ward on love, compassion, humanity, kindness, forgiveness etc.
  - Talk about the importance of parents and elders. Have at least 4-5 meals together.

**Remember**

*“Every action is important and every deed is vital....”*

**Wishing all the students a joyful learning and Happy Holidays**

**Kind attention please**

- **The school will reopen on 1st July 2019 i.e. Monday.**
- **The school office will remain OPEN during the summer vacation on all working days.**
- **Clear all kind of your dues (if any) at the earliest to avoid late fine and further inconvenience.**

**Dates for submission of Holiday homework**

<b>3rd July 2019</b>	<b>English</b>
<b>4th July 2019</b>	<b>Maths</b>
<b>5th July 2019</b>	<b>Science</b>
<b>8th July 2019</b>	<b>Hindi</b>
<b>9th July 2019</b>	<b>Social Science &amp; Computer</b>

**NOTE: Holiday Homework will not be accepted after the dates assigned for each subject**

## RECOMMENDED FUN ACTIVITIES (CLASS -I)

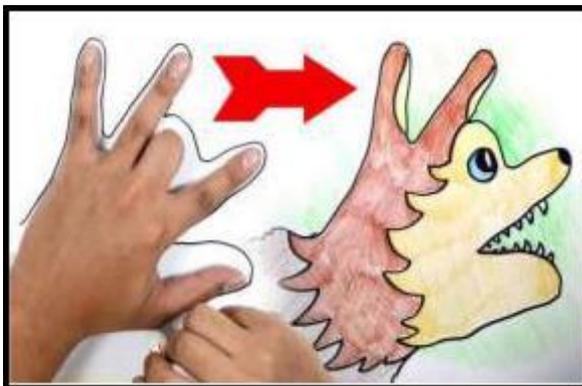
Dear Parents,

It's the summer vacation and the right occasion to enjoy doing fun filled and interesting things with your child. Holidays are the perfect time to develop hobbies, skills and do stimulating, exciting and thought provoking activities as a family. Here are some recommended activities you could help your children with.

- 1. LET'S CREATE:** Drawing is an important form of communication through which children express their thoughts, feelings, emotions and ideas. It also boosts their emotional intelligence.



Here are some interesting ways that you can use to draw some wonderful things.



The links provided below will show you some drawings using the hands and palms. A great way to learn mathematics is to draw things using numbers. The videos, in these links, will also show how to draw various things using circles and coins- a

great way to reinforce Math concepts. Try, experiment with materials and techniques and enjoy with your little one!

<https://youtu.be/qJNSOte9h4I>

<https://artfulparent.com/top-10-art-activities-for-kids/>

<https://artfulparent.com/kids-arts-crafts-activities-500-fun-artful-things-kids/>

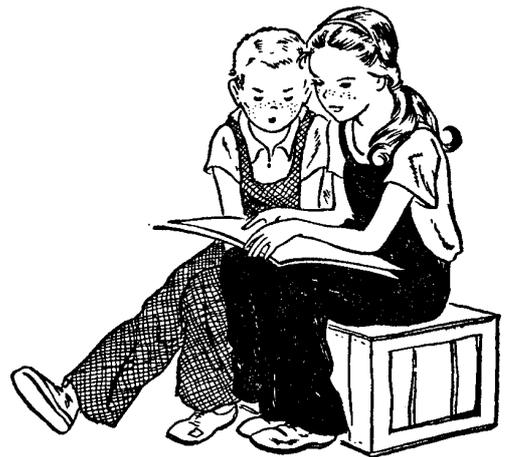
## 2. BOOKS OUR FRIENDS

Books are the quietest and the most constant friends; they are the most accessible and wisest teachers. Reading makes children smarter as it keeps brain active and engaged in a thought process and it makes them more knowledgeable. Children are very creative by nature and reading boosts their creativity as they are able to imagine things while reading. It also improves their vocabulary which is a great tool in learning languages.



These are some books your child could read in summers and from which she/he can learn many new things.

- The Gingerbread Man
- Hansel and Gretel
- Snow White and the seven dwarfs
- The Elves and the Shoemaker
- Little Red Riding Hood
- The Giant carrot
- The jungle book
- Panchtantra stories
- Jack and the beanstalk



Here is a list of few links which you can follow. Children love to watch and read stories and listen and learn new poems.

[www.freechildrenstories.com](http://www.freechildrenstories.com)

<https://magicblox.com>

<https://www.familyfriendpoems.com/poems/children/funny/>

<https://www.dltk-holidays.com/summer/mfield.htm>

Now, write the new words (from the stories you have read) on an A4 size sheet. Also find out the words opposite in meaning from the stories. You have to narrate the story in your own words in the class.

### 3. FAMILY BONDING

**Holiday** traditions are a great way **for families** to connect and spend time together. Here are some great ways in which family bonding can be improved.

- Movie Time- Have a weekly family movie night at home.
- Meal Time- Sit down together for all meals.
- Picnic Masti – Plan and go on a picnic to an interesting place. Plan the picnic basket and games in detail with your child.
- Meeting the extended family- Children love to spend time with their grandparents, aunts, uncles and cousins. It's a great time to learn about many family traditions.

### 4. ORGANISED SPORTS

“All work and no play makes Jack a dull boy”

We want our children to learn to be responsible, empathetic, competitive and strong. Get your child to be a part of a sport or other physically engaging co-curricular activities and watch her/him grow physically, mentally and emotionally. Enroll your child in a summer camp- cycling, swimming, tennis, badminton, dancing etc being some choices.



Also try to take out some time for your child to.....

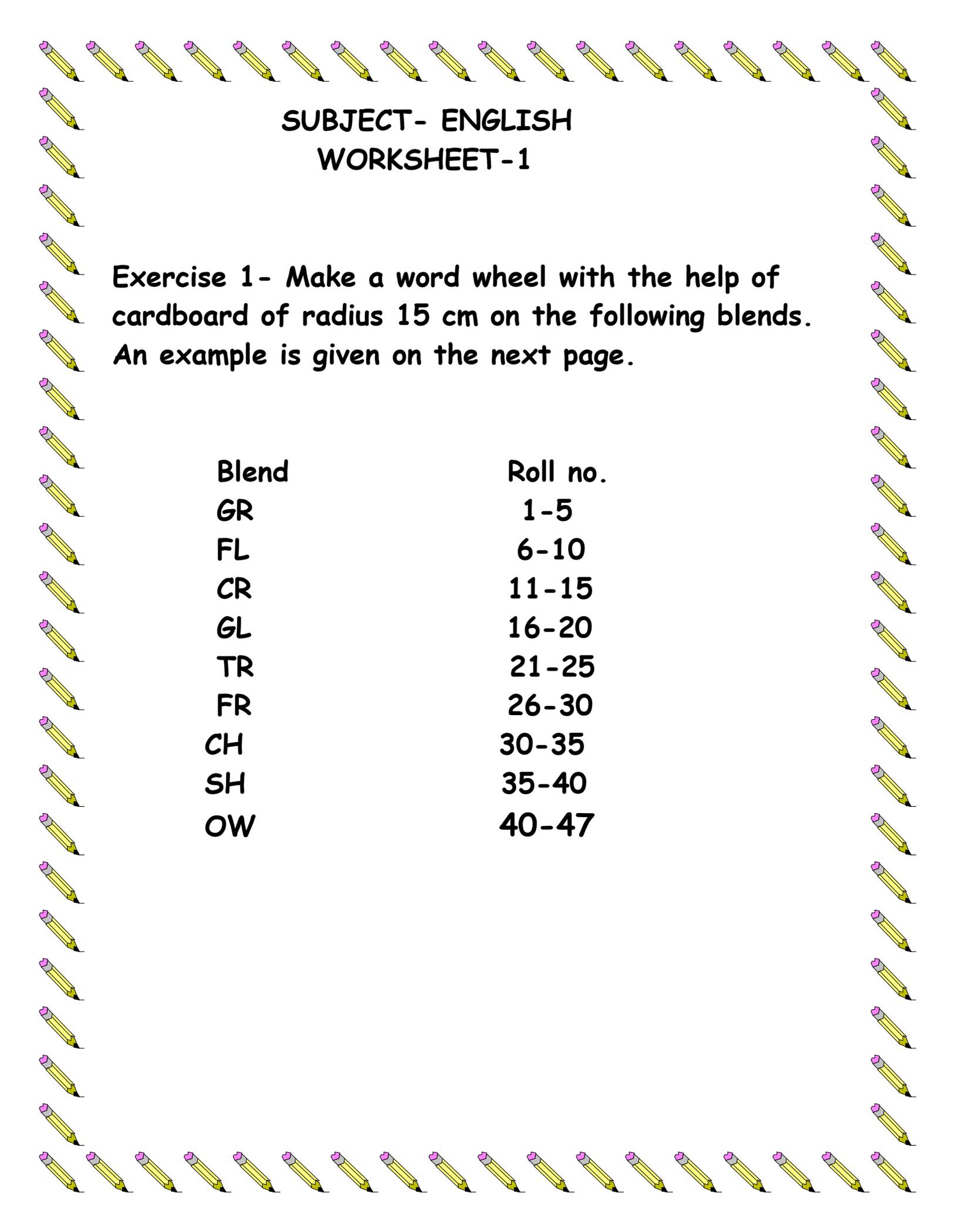
- Play Games- Playing different games, indoor and outdoor, of your child's choice is a great way to bond with your little one.
- Stroll Time- Take a walk with your child, in the morning or evening and sometimes in the rain too!

Backyard Camping- Camping time can be the most exciting time. Pitch a tent and spend a night in it giving your little one company.

- Yoga at Home- Practice yoga and breathing techniques as a family



Wishing you moments of togetherness, good health and wellbeing, as a family!



# SUBJECT- ENGLISH WORKSHEET-1

**Exercise 1- Make a word wheel with the help of cardboard of radius 15 cm on the following blends.  
An example is given on the next page.**

<b>Blend</b>	<b>Roll no.</b>
<b>GR</b>	<b>1-5</b>
<b>FL</b>	<b>6-10</b>
<b>CR</b>	<b>11-15</b>
<b>GL</b>	<b>16-20</b>
<b>TR</b>	<b>21-25</b>
<b>FR</b>	<b>26-30</b>
<b>CH</b>	<b>30-35</b>
<b>SH</b>	<b>35-40</b>
<b>OW</b>	<b>40-47</b>

# Wh- Words



When you only have a minute!

FREE!

A large spinner divided into three concentric rings. The innermost ring contains the words 'eel', 'eat', 'whirl', 'isk', 'ale', 'ite', 'ip', and 'eel'. The middle ring contains illustrations: a blue whale, a wheel, a girl spinning, a hand holding a worm, a chicken, a boy with a blue object, a whisk, and wheat stalks. The outermost ring contains the words 'whale', 'ite', 'ip', 'eel', 'eat', and 'eel'. The spinner is set against a background of a clock face with numbers 0, 5, 15, 30, 45, and 60.

# WORKSHEET 2

Name: \_\_\_\_\_

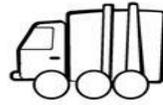
## Pick the Blend

Chose the correct blend to complete the word:

dr      fr      tr      br      cr



\_\_\_\_\_og



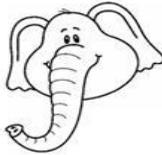
\_\_\_\_\_uck



\_\_\_\_\_um



\_\_\_\_\_ush



\_\_\_\_\_unk



\_\_\_\_\_op



\_\_\_\_\_uit



\_\_\_\_\_ink



\_\_\_\_\_ab



\_\_\_\_\_ee

[iSLCollective.com](http://iSLCollective.com)

Now make some more words of your choice with the blends given in the help box.

\_\_\_\_\_

\_\_\_\_\_

# WORKSHEET 3

## PICTURE COMPOSITION

Q1. Colour the picture and write related sound words.



_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

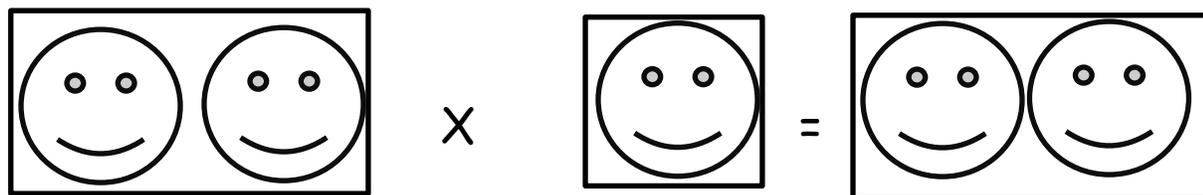
Complete your cursive writing book up to Pg-10 in beautiful handwriting.

SUBJECT - MATHS  
WORKSHEET - 1

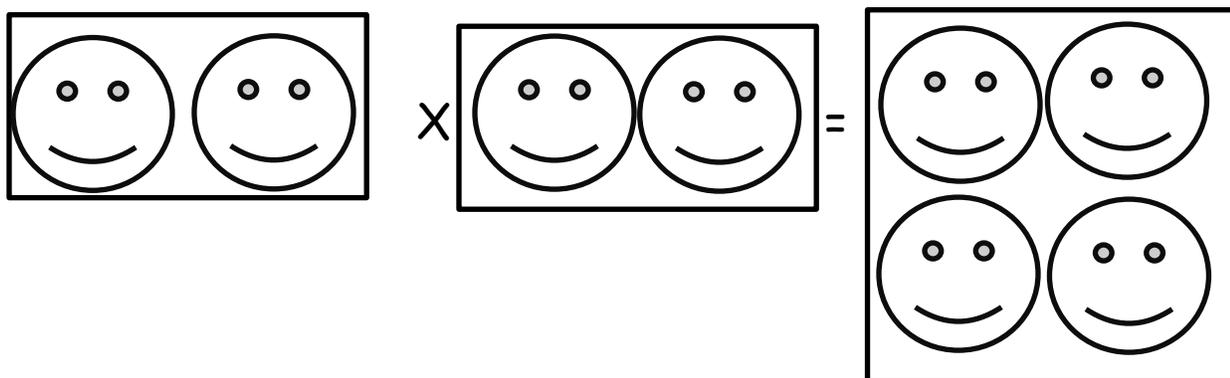
Q1. Create your own 'Table of 2' in a creative way.  
Do table of 2 by pasting bindis or stickers on an A-4 size sheet.

For example-

Table of 2



$$2 \times 1 = 2$$



$$2 + 2 = 4$$

$$2 \times 2 = 4$$

# WORKSHEET2

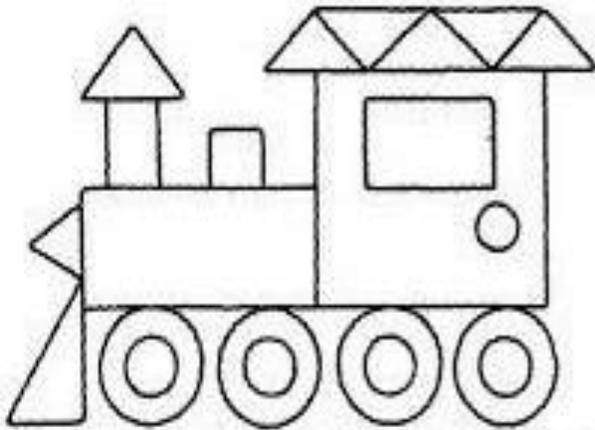
## Number Bonds

Q2. Finish the number bonds and make snow balls.

9	5	6
2		1
	3	
8	10	3
		2
	6	
7	8	9
5	3	
		4
5	4	10
	2	7

# WORKSHEET 3

Q 3 Colour, count and write the number of shapes used in each picture. write their number names also.



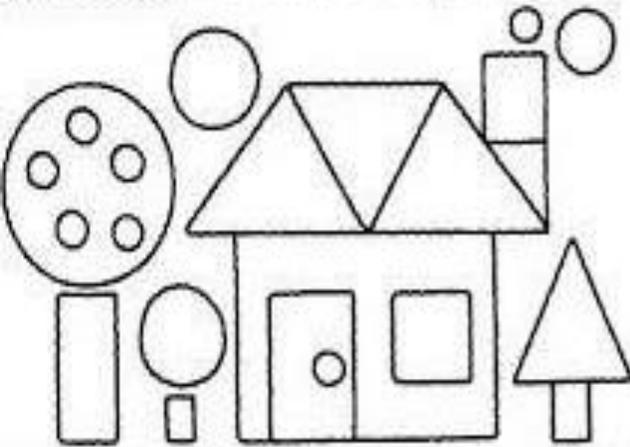
-  \_\_\_\_\_
-  \_\_\_\_\_
-  \_\_\_\_\_
-  \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



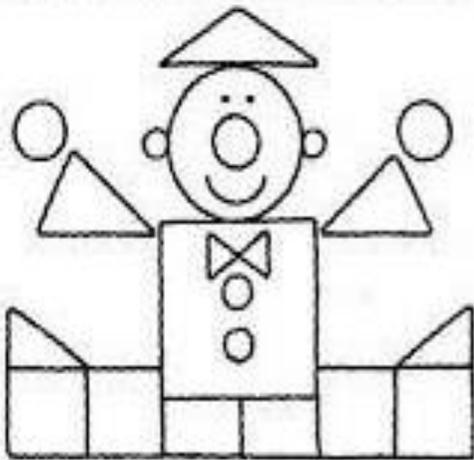
-  \_\_\_\_\_
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-  \_\_\_\_\_
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-  \_\_\_\_\_
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\_\_\_\_\_

\_\_\_\_\_

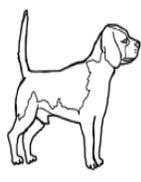
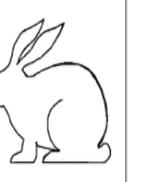
\_\_\_\_\_

\_\_\_\_\_

# Worksheet 4

## Ordinal Numbers

Q 4. Find and colour.

					
cat	dog	fish	frog	rabbit	snail

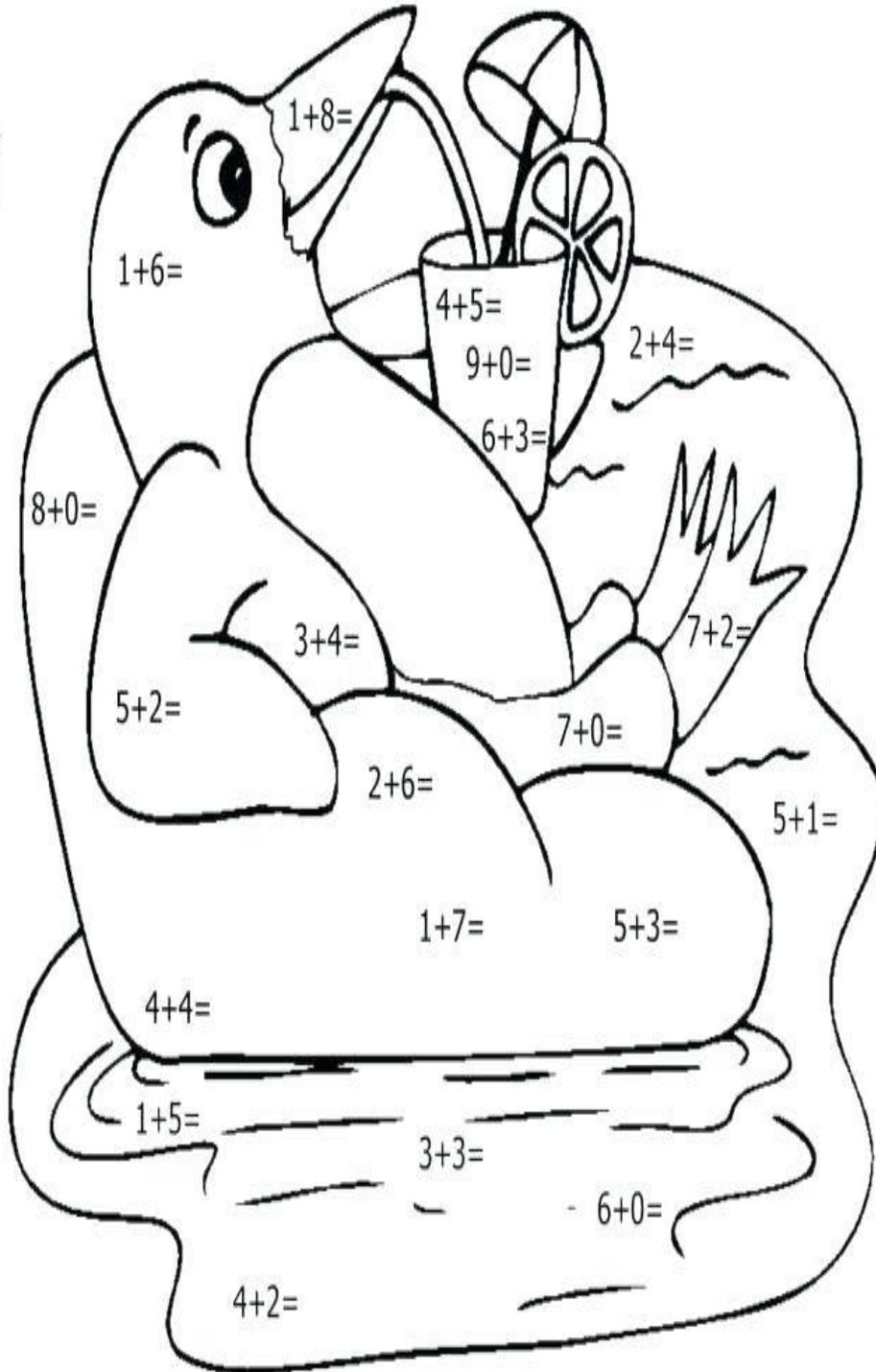
If the cat is the first animal...

- 1) Which animal is third? \_\_\_\_\_
- 2) What place is the frog in? \_\_\_\_\_
- 3) What place is the dog in? \_\_\_\_\_
- 4) Which animal is fifth? \_\_\_\_\_
- 5) Which animal is last? \_\_\_\_\_
- 6) Color the 4<sup>th</sup> animal yellow.
- 7) Color the 1<sup>st</sup> animal orange.
- 8) Color the 6<sup>th</sup> animal green.
- 9) Color the 2<sup>nd</sup> animal brown.
- 10) Color the 5<sup>th</sup> animal grey.
- 11) Color the 3<sup>rd</sup> animal red.

# WORKSHEET 5

Q5. Add and colour the pictures according to the code given

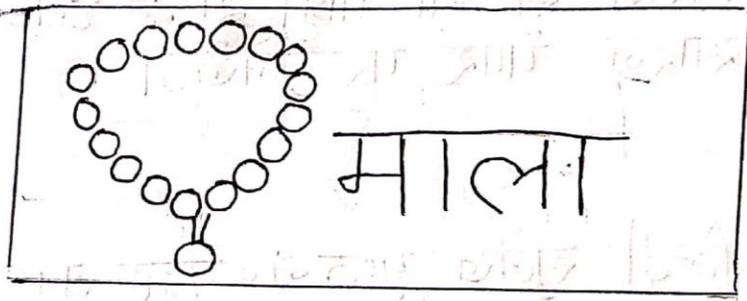
- 6- Blue
- 7- Black
- 8- Purple
- 9- Yellow



# हिन्दी अभ्यास पत्र - एक

## स्वर पिटारा

- (क) एक पुराना जूते का डिब्बा लें।
- (ख) उसे किसी भी रंग बिरंगी कागज से लपेट दें।
- (ग) 15x15 से.मी. के फ्लैश कार्ड लें और उन पर स्वर से संबंधित चित्रों को चिपकाकर उनके नाम लिखें।
- (घ) इन फ्लैश कार्डों को अपने डिब्बे में रखें।
- (ङ) डिब्बे पर मात्रा का नाम भी लिखें - जैसे - आ मात्रा



## स्वर

इ

शैल नं० (1 से 5)

ई

शैल नं० (6 से 10)

उ

शैल नं० (11-15)

ऊ

शैल नं० (15-20)

ए

शैल नं० (21 से 25)

ऐ

शैल नं० (26 से 30)

औ

शैल नं० (30 से 35)

औँ

शैल नं० (35 से 40)

अं

शैल नं० (40 से 47)

प्र० पंचतंत्र की कोई एक कहानी पढ़ें और उसमें से आ मात्रा शब्द छाँटकर A-4 साइज पेपर पर लिखें।

प्र० हिन्दी सुलेख पृष्ठ नं० पंद्रह तक सुंदर लेख में पूरा कीजिए।

प्र० किताब नंदिनी में पाठ दो व तीन पढ़ें व अभ्यास कार्य किताब में करें।

आ की मात्रा लगाकर शब्द पूरा करो -  
चित्र में रंग भरौ।

वाड़ - गाड़ , गाड़ गाड़ ब दल अ य  
ब दल अ य , जल भर ल य ।

कल क ल ब दल छ य  
छम - छम , छम - छम जल बरस य ।



प्र० दिए गए शब्दों को पढ़ो और उनके  
मेल से एक चित्र बनाओ और रंग भरें -

घास, बादल, लड़का, पहाड़, झरना, नाव,  
पैड़, मगर, मकान, गमला, दरवाजा

# PROJECT WORK

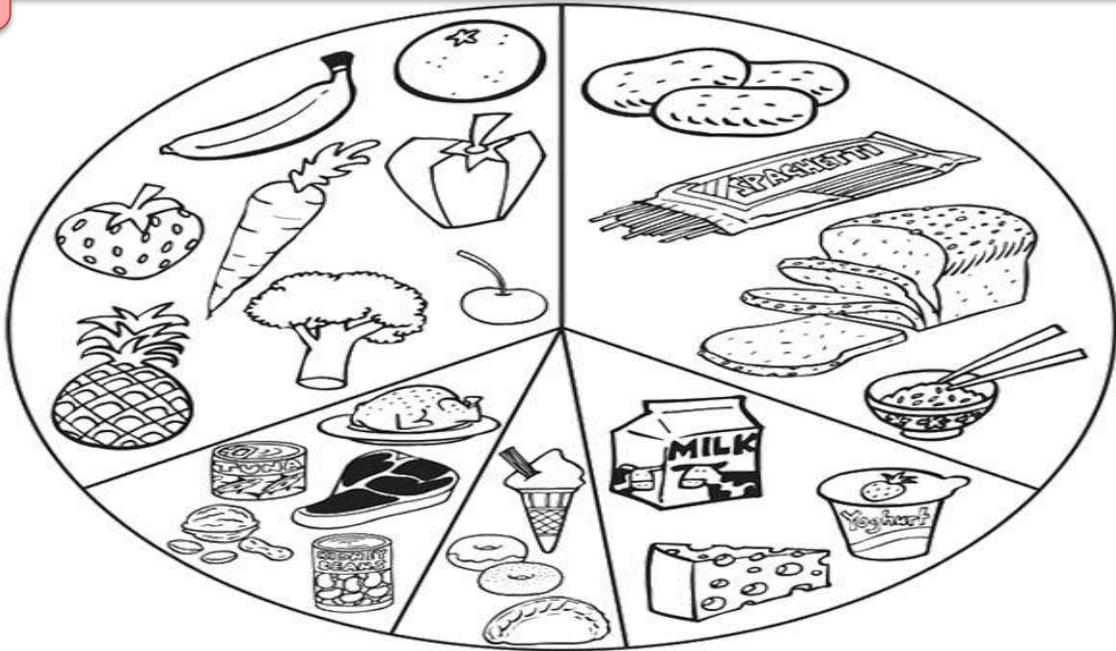
CLASS-I

## TOPIC - OUR FOOD

Prepared by:

Name - \_\_\_\_\_

Roll No. - \_\_\_\_\_



Let's colour this healthy plate....

# Let's recite.....

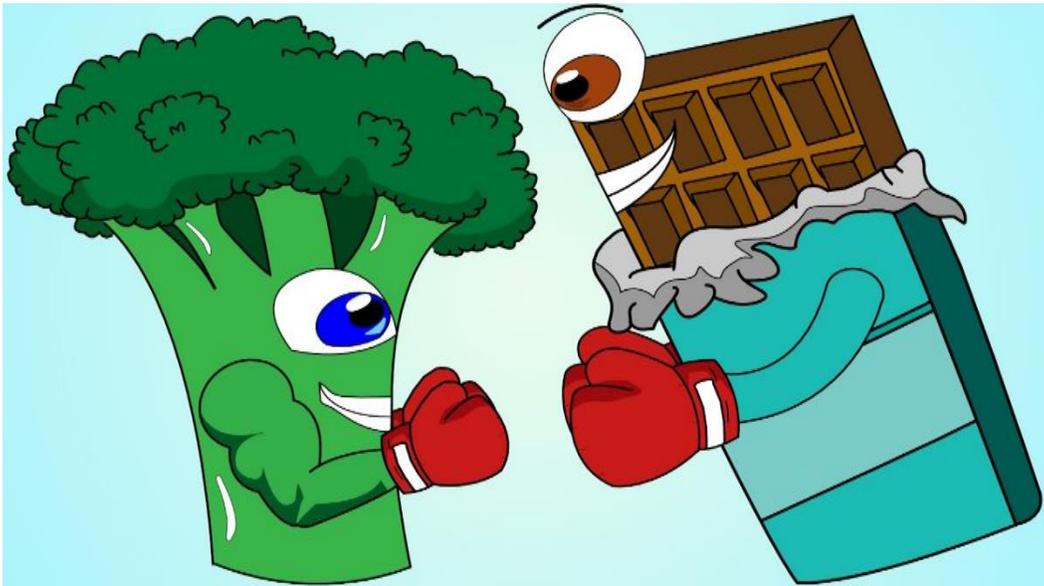
KFC, McDonalds, Pizza Hut we love to go.  
For chocolates chips n candy we never say no!

All this gives us just a moment of taste.  
And our body gets out of it nothing but waste.

Grains, fruits, vegetables, dairy products, lentils, meat and fish  
Everyday our body needs many servings of this.

Vitamins, minerals, proteins and energy we get this way  
Helps us get stronger and keep all diseases away.

You are what you eat they say,  
So say no to junk food and healthy u will forever stay! !



Now let's try to answer some questions

Q1. Write names and paste the pictures of the following-

MORNING - B\_E\_K\_A\_T

AFTERNOON - L\_N\_H

NIGHT - D\_N\_E\_

- Make your healthy menu of the things you want to have.

Day \_\_\_\_\_

Date \_\_\_\_\_

Breakfast	Lunch	Dinner

I can eat a whole plant.



Q2. Paste or draw parts of plants which are eaten as:

➤ Seeds

Dashed rectangular box for drawing or pasting seeds.

➤ Flower

Dashed rectangular box for drawing or pasting flowers.

➤ Stem

Dashed rectangular box for drawing or pasting stems.

➤ Leaves

Dashed rectangular box for drawing or pasting leaves.

➤ Roots

Dashed rectangular box for drawing or pasting roots.

# Word Search PUZZLE

Q3. Find the names of the food items given below in the word search puzzle.



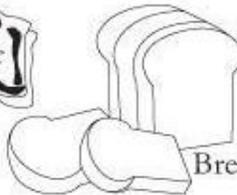
C	B	R	E	A	D	C	P	Y	N
H	U	G	O	P	O	F	O	C	O
I	R	E	D	A	S	R	M	H	O
C	G	T	H	S	T	T	H	A	D
K	E	A	K	T	O	P	E	P	L
E	R	T	E	R	F	I	S	A	E
N	U	A	R	Y	F	Z	M	T	S
B	I	G	S	Q	E	Z	A	I	L
I	C	E	C	R	E	A	M	Q	L
C	H	O	C	O	L	A	T	E	S



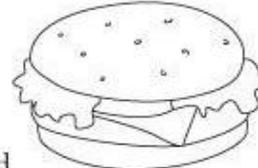
Ice Cream



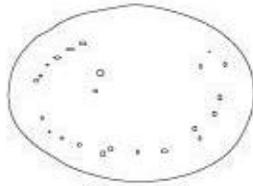
Toffee



Bread



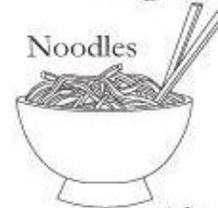
Burger



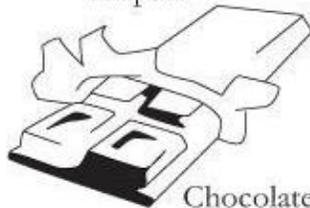
Chapati



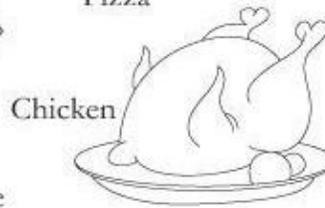
Pizza



Noodles



Chocolate



Chicken



Pastry

## Things to remember-

- 1) We should \_\_\_\_\_ before and after meal.
- 2) We should \_\_\_\_\_ the food properly.
- 3) We should \_\_\_\_\_ our mouth while eating.
- 4) We should not eat too much of \_\_\_\_\_.
- 5) We should eat \_\_\_\_\_ food.

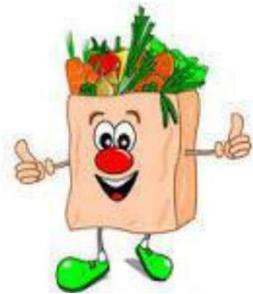


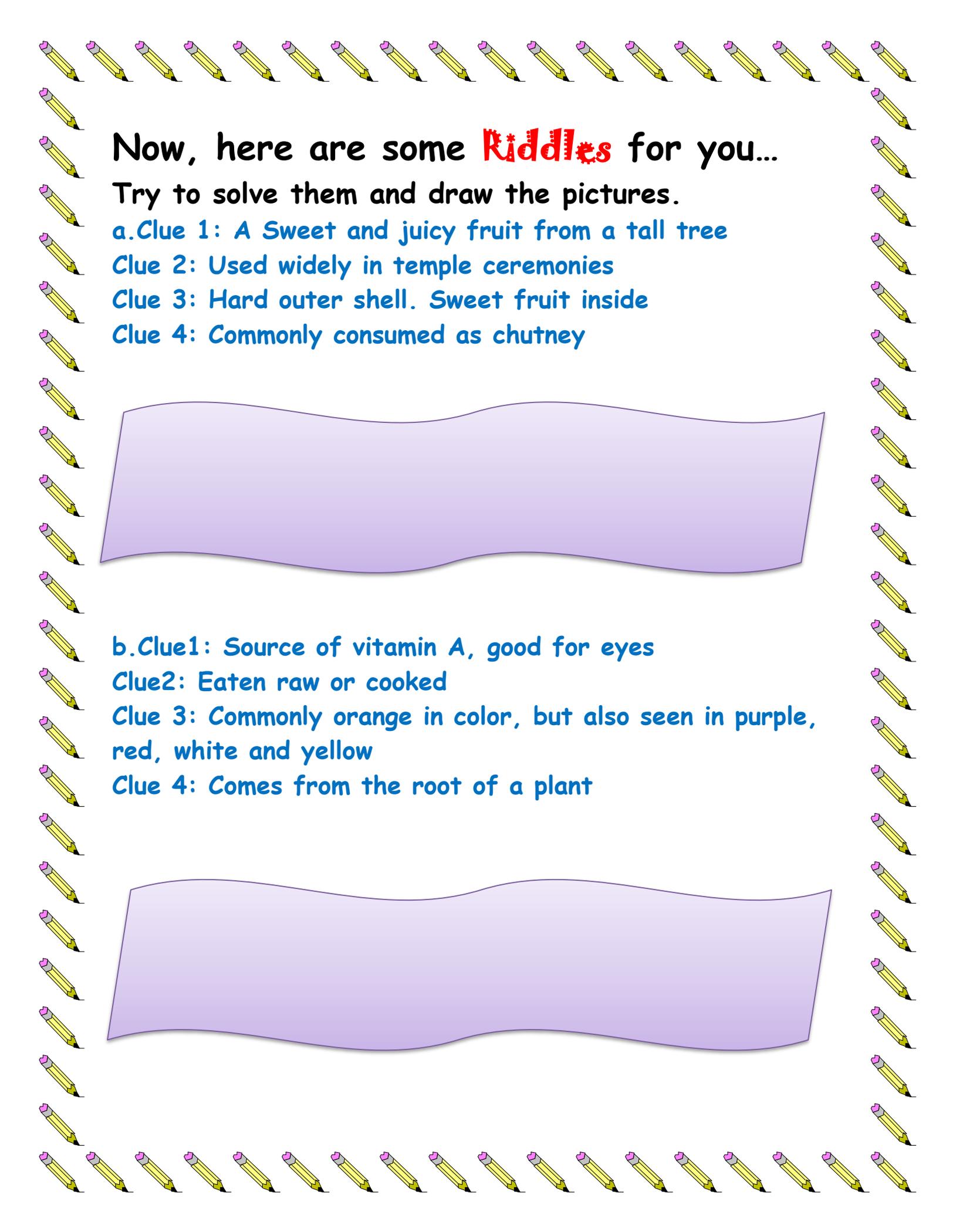
**Hots**

This is Rahul. He likes to eat chocolates, burgers and pizzas but he often complains of stomachache. Why does he fall ill?

Can you suggest some food items that he should eat?

Ans. Rahul falls ill as he eats \_\_\_\_\_ food all the time. He should eat \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.





Now, here are some **Riddles** for you...

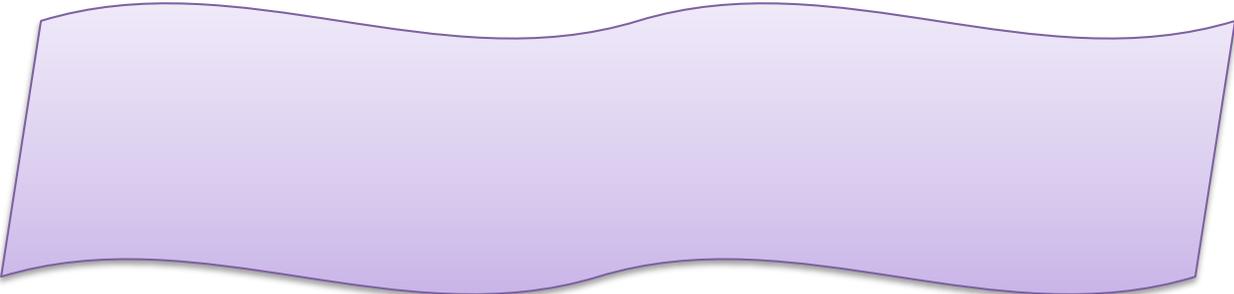
Try to solve them and draw the pictures.

a. Clue 1: A Sweet and juicy fruit from a tall tree

Clue 2: Used widely in temple ceremonies

Clue 3: Hard outer shell. Sweet fruit inside

Clue 4: Commonly consumed as chutney

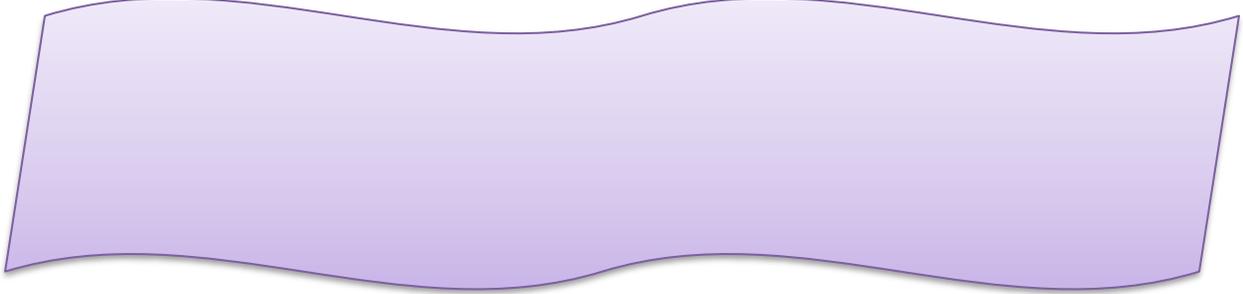


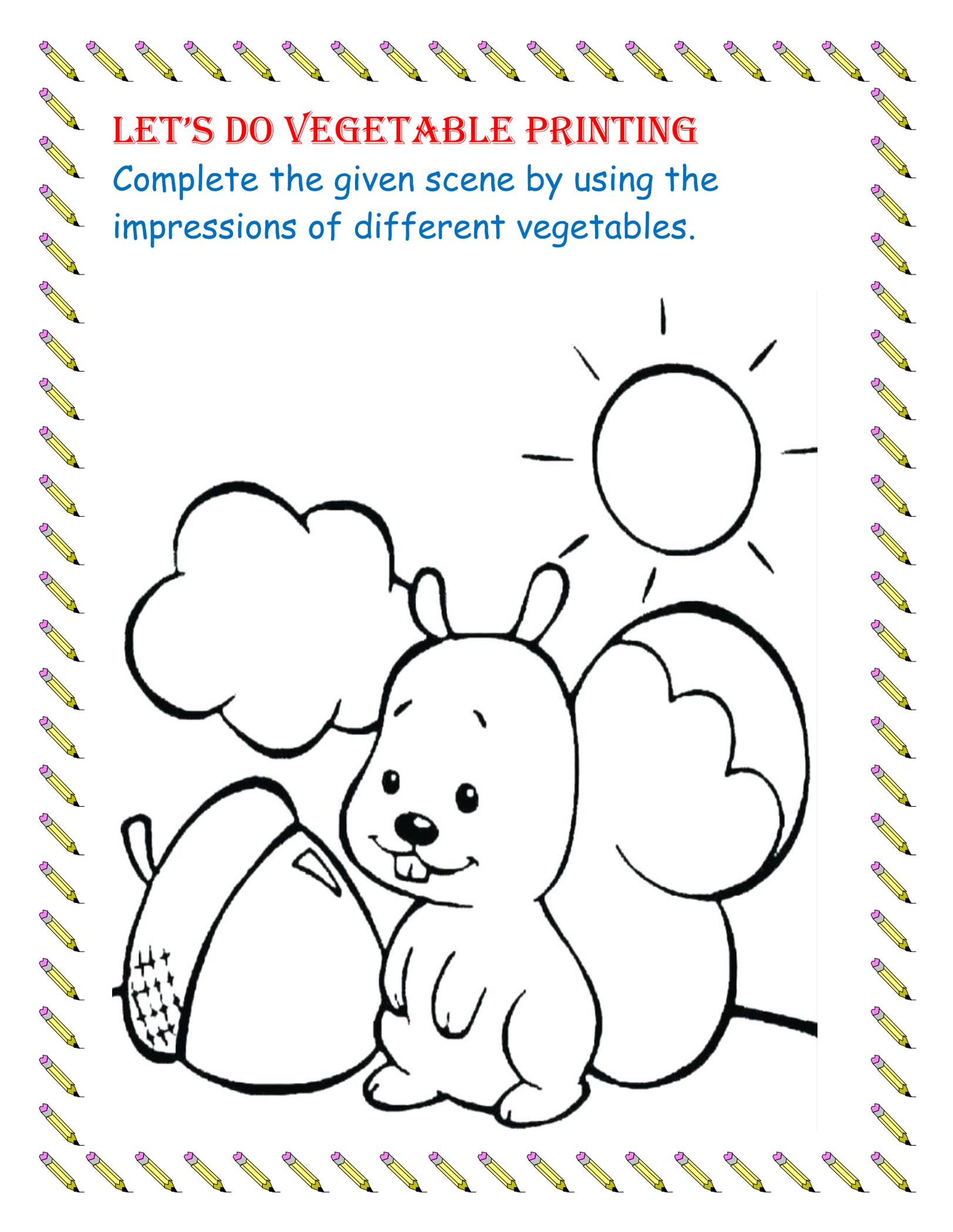
b. Clue 1: Source of vitamin A, good for eyes

Clue 2: Eaten raw or cooked

Clue 3: Commonly orange in color, but also seen in purple, red, white and yellow

Clue 4: Comes from the root of a plant





# LET'S DO VEGETABLE PRINTING

Complete the given scene by using the impressions of different vegetables.



# HEALTHY HABITS

For Healthy Kids

## STAY FIT

- Get about eight hours of sleep each night.
- Do some form of exercise every day: run, walk, stretch, play.

## STAY HEALTHY

- Practice good hygiene by keeping yourself clean and germ free.

## STAY ENERGIZED

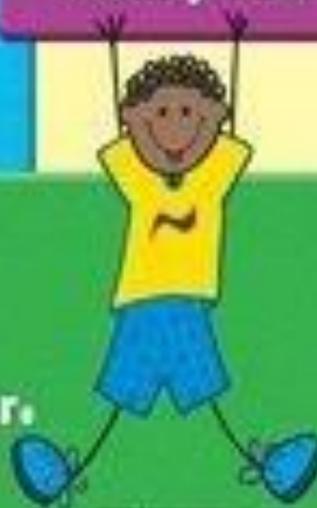
- Eat nutritious meals and snacks daily. Include foods from these groups: dairy, grains, protein, vegetables, and fruits.

## STAY HAPPY

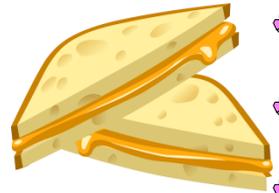
Make good choices every day for a happy, healthy YOU!

## STAY SAFE

- Wear proper gear when playing sports, bicycling, or riding in a car.
- Obey safety rules.



# KITCHEN CHAMPIONS



- ❖ Cook without fire under your parent's supervision.
- ❖ Don't forget to wash your hands and eatables before you cook.
- ❖ Present your dish in any pattern using geometrical shapes.
- ❖ Also paste the pictures of your dish on an A3 size sheet, mention the ingredients used and don't forget to take the reviews from your family members.

## Example:

DATE: \_\_\_\_\_

NAME OF THE DISH: \_\_\_\_\_

DAY : \_\_\_\_\_

INGREDIENTS USED: \_\_\_\_\_

Paste the picture here:



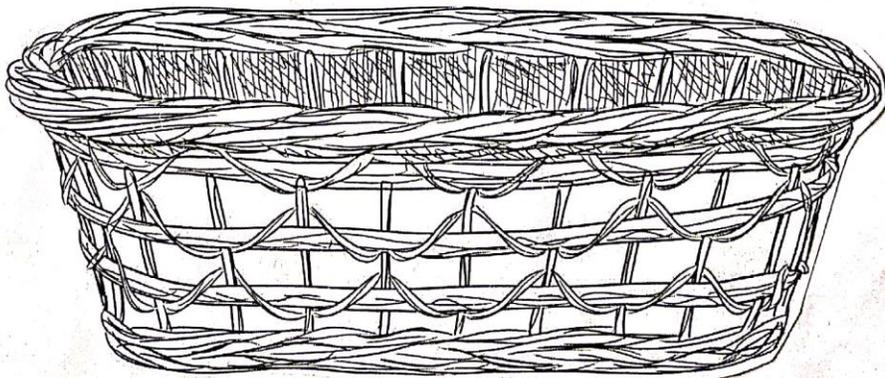
REVIEWS:

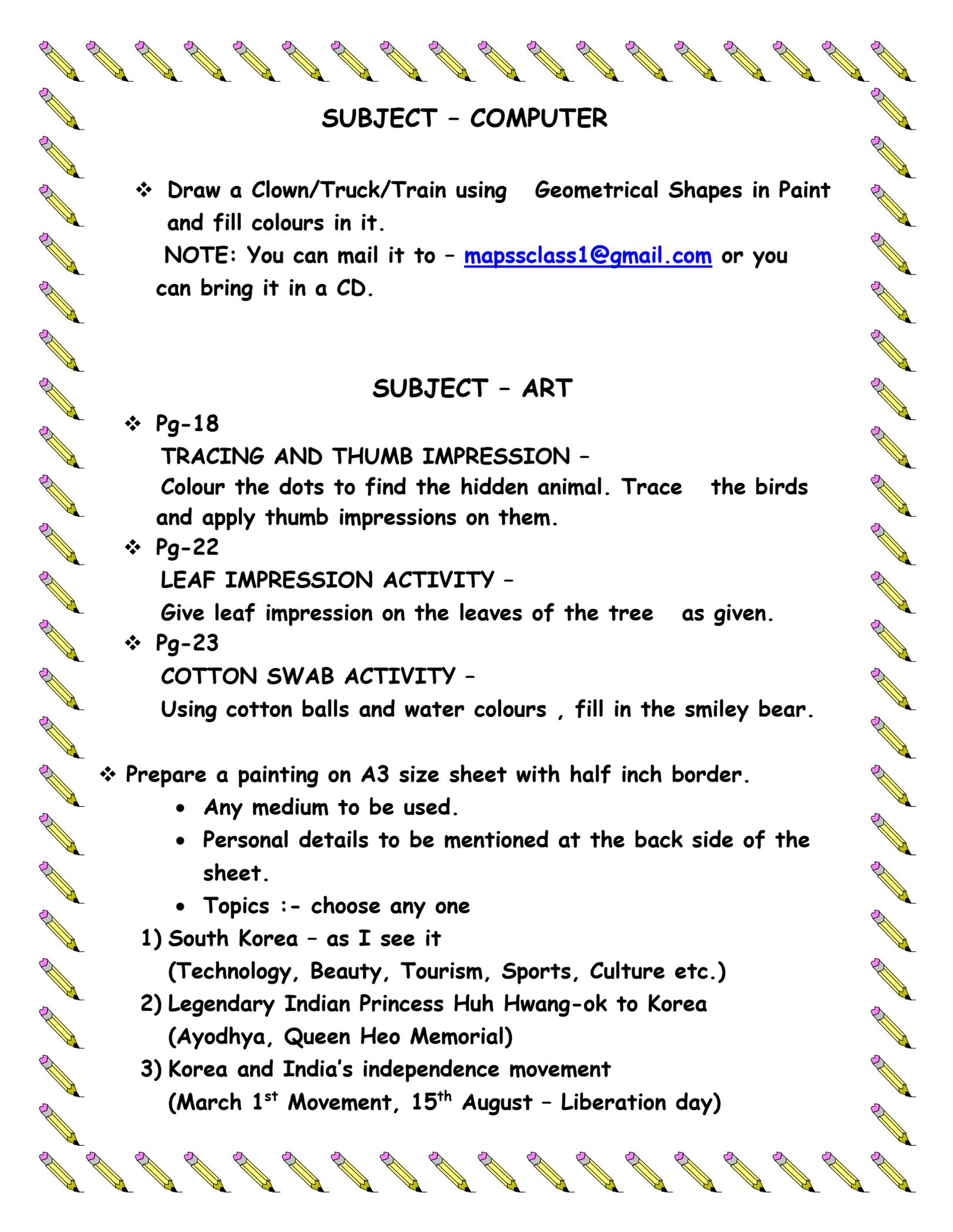
प्र१. किन्हीं दस पौष्टिक आहार के चित्र चिपकाते हुए उन पर एक-एक वाक्य लिखिए ।

प्र२ किन्हीं 5 लाल व हरे रंग के फल व सब्जियों के नाम लिखें ।

लाल	हरा
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.

प्र३. दी गई टोकरी को 'आ' की मात्रा वाले फलों व सब्जियों से भरिए (चिपकाइए या बनाइए) व उनके नाम भी लिखिए ।





## SUBJECT - COMPUTER

- ❖ Draw a Clown/Truck/Train using Geometrical Shapes in Paint and fill colours in it.

NOTE: You can mail it to - [mapssclass1@gmail.com](mailto:mapssclass1@gmail.com) or you can bring it in a CD.

## SUBJECT - ART

- ❖ Pg-18

### TRACING AND THUMB IMPRESSION -

Colour the dots to find the hidden animal. Trace the birds and apply thumb impressions on them.

- ❖ Pg-22

### LEAF IMPRESSION ACTIVITY -

Give leaf impression on the leaves of the tree as given.

- ❖ Pg-23

### COTTON SWAB ACTIVITY -

Using cotton balls and water colours , fill in the smiley bear.

- ❖ Prepare a painting on A3 size sheet with half inch border.

- Any medium to be used.
- Personal details to be mentioned at the back side of the sheet.
- Topics :- choose any one

1) South Korea - as I see it

(Technology, Beauty, Tourism, Sports, Culture etc.)

2) Legendary Indian Princess Huh Hwang-ok to Korea

(Ayodhya, Queen Heo Memorial)

3) Korea and India's independence movement

(March 1<sup>st</sup> Movement, 15<sup>th</sup> August - Liberation day)