

## Mount Abu Public School summer holidays homework class - XII (HUMANITIES)



#### Dear Parent

Should we judge a dolphin by its ability to climb a tree?

We do not wear the Board exam marks on our sleeves? Right. But .... they do signify a simple thing: it quantifies the level of sincerity and sense of responsibility of a student as per the level of the complexity of the subjects each one studies. This sense of sincerity and responsibility should begin from the time the student steps in XII.

With mercury rising to unprecedented heights, it is that time of the year where Summer Vacations provide us a little respite from the scorching heat. At the same time it also allows students enough time for introspection, reviewing past performances, learning from mistakes goal setting, planning strategically and tactically, identifying obstacles to success. Gearing up for this wonderful period of rejuvenation, let us prepare ourselves to utilize our time in many constructive ways. So, with the idea of fostering new learning experiences and to enhance individual inquisitiveness, the school has planned some to channelize the energies of the young MAPIANS.

Here are some guidelines for you to invigorate your ward while giving him the chance to enjoy this period of unrestrained fun.

- Learning doesn't stop when school is out.
- Work smart, not hard.
- For every hour of electronics time, you owe an hour of outside playtime.
- Reading is a must.
- Before you ask for a favor, do a chore.
- There's no sleeping all day or staying up all night.
- Be honest to a fault.
- Question every fact
- Do better today than you did yesterday.

### Holiday Homework (for all subjects) must be submitted as per the mentioned dates.

- 5th July, Physics / Accountancy
- · 8th July, B. Studies / Chemistry
- · 10th July, English
- · 12th July, Mathematics/ I.P
- 15th July, Optional/ Economics



#### **ENGLISH**

- \* The following homework to be done on A4 size sheets and must be submitted in a transparent folder
- Read "CHIEF SEATTLE'S SPEECH" and write the analysis for the same in not more than 100 words.
- 2. Read the prose 'The old man and the bridge" by Earnest Hemingway and critically analyze the character of the old man in not more than 100 words.
- The following homework to be done in your CLASS WORK REGISTER itself
  - 1. Read the following poem and write down the message that the poem tries to put forth in no more than 100 words.

#### Nine Gold Medals

(David Roth)
The athletes had come from so many the countries
To run for the gold and the silver and bronze
Many weeks and months in training
All building up to the games

All round the field spectators were gathered Cheering on all the young women and men Then the final event of the day was approaching The last race about to begin

The loudspeakers called out the names of the runners
The one hundred metres the race to be run
And nine young athletes stood there determined
And poised for the sound of the gun

The signal was given, the pistol exploded
And so did the runners on hearing the sound
But the youngest among them stumbled and staggered
And he fell on his knees to the ground

He gave out a cry of frustration and anguish His dreams and his efforts dashed in the dirt But as sure as I'm standing here telling the story Now it's a strange one, but here's what occurred

The eight other athletes stopped in their tracks The ones who had trained for so long to compete One by one they turned round and came back to help him And lifted the lad to his feet

Then all nine runners joined hands and continued
The one hundred metres reduced to a walk
And the banner above that said "Special Olympics"
Could not have been nearer the mark

That's how the race ended, nine gold medals
They came to the finish line holding hands still
And the banner above and nine smiling faces
Said more than these words ever will
Said more than these words ever will

- 2. Draw a poster on the CONSERVATION OF WATER and SAVING OUR SPARROWS
- PRACTICE MANNUAL- Attempt Q1 and Q2 of ADVERTISEMENTS, NOTICE, and LETTER TO THE EDITOR
- 4. Write down the notes and summary of the chapter 'INDIGO'

#### **PSYCHOLOGY**

#### Q1.SOLVE THE FOLLOWING:

- 1. A student with high aptitude in verbal reasoning and strong interest in reading is more likely to succeed as a \_\_\_\_\_\_
  - a) Journalist
  - b) Engineer
  - c) Athlete
  - d) Agriculturalist
- 2. You just found a wallet in a movie hall. Which aspect of your personality, according to psychoanalytic theory, would urge you to return it to the owner?
- 3. Radhika is frustrated and is crying, as she has not prepared well for her examination. The coping strategy that she is using to deal with this stress is:
  - a) Avoidance Oriented
  - b) Task Oriented
  - c) Problem Focused
  - d) Emotion Oriented

4. Priya exhibits strong, aggressive tendencies but often complains of other people acting in an
excessively aggressive way. Identify the defence mechanism:
a) Rationalisation
b) Reaction Formation
c) Denial
d) Projection
5. Samina keeps organizing her cupboard the whole day. Even the thought of somebody messing it,
keeps her distracted in class and makes her anxious. Such symptoms are typical of which disorder?
6. The therapy that leads to cognitive restructuring has proved to be successful in the treatment
of
a) Depression and mania
b) Schizophrenia
c) Phobias
d) Anxiety And depression
7. Sunil shows loss of interest in most pf the activities, cannot sleep well at night, exhibits
excessive guilt and loss of interest in activities that he would enjoy earlier. Sunil's symptoms are
akin to that of:
a) Somatoform Disorder
b) Major Depressive disorder
c) Obsessive compulsive disorder
d) Generalised Anxiety Disorder
8. An individual is rejected in a job interview, which he was very eager to join. Now he claims his
present job is better. He is using
a) Reaction Formation
b) Projection
c) Regression
d) Rationalisation
9. Dipa is the first Indian gymnast for the Rio Olympics 2016. According to psychologists, Dipa
would be high on intelligence.
a) Spatial
b) Naturalistic

- c) Interpersonal
- d) Bodily-Kinesthetic

10. Aisha is in the final year of schooling and is highly motivated to excel in the competitive examinations. However, she feels she is short of time and always burdened with work. She finds it difficult to slow down and relax. Identify her personality type.

- a) Type A
- b) Type B
- c) Type C
- d) Type D

ONE CASE PROFILE- the case profile will include developmental history of the subject using both qualitative and quanititative methods. Qualitative methods include observation, interview etc. The main objective of preparing a case profile is to understand the individual in totality. The students may prepare a case profile of an individual who has excelled in areas like sports, academics, music etc. or having special needs like learning disability, autism or those with interpersonal social problems i.e. poor body image, obesity, temper tantrums, substance abuse, not getting along with peers, withdrawn etc They may be encouraged to find out the background information and developmental history of the individual.

#### SUGGESTED FORMAT FOR PREPARING A CASE PROFILE

- Contents
- Certificate
- Acknowledgement
- What is a case study
- Preliminary information
- Family tree
- Birth history
- Information about socioeconomic status consisting of information about mother's/father's
  education and occupation, number of members in the family-brothers, sisters and their birth
  order
- Information about physical health, physical characteristics.
- Why did you choose your subject
- How did you approach your subject

- How did you make rapport with your subject
- Methods used
- Childhood history
- Adolescent stage
- Relationships with father, mother, sibling, friends, teacher (under separate headings)
- Psychometric testing
- Any other information
- Analysis

#### PRACTICAL FILE-

Complete writing the following in the practical file. Use the class  $11^{th}$  Textbook for information on the  $1^{st}$  practical.

#### GUIDELINE FOR INTRODUCTION TO PSYCHOLOGICAL TESTING

**Introduction**: Definition of Psychology

Goals of psychological enquiry

Definition of a "Psychological Test"

Characteristics of a 'Psychologicaal Test- Explain standardization (Reliability, Validity and norms in detail)

Types of Psychological Tests

Uses of Psychological Tests

Conclusion-Summarizing

#### POLITICAL SCIENCE

- 1. Watch Pradhanmantri series of the topics covered.
- 2. Watch "Accidental Prime Minister" and write a brief summary of the political issues highlighted in the movie.
- 3. Research on the topics allotted for the project and submit the synopsis for the same.
- 4. Complete the Practice Manual Assignments of lesson no. 1,2,3,4,5 neatly in your notebook.
- 5. Prepare for the July Test Series
- 6. Solve both sets of question papers of May Test Series in the Notebook.

#### **ECONOMICS**

- 1. Read ch-4,6 &10 of Indian Economic development and Frame 20 MCQs, Fill in the blanks and True/False with reasons.
- 2. Write the synopsis of the discussed CBSE projects in the class e.g.

Class XII	
Micro and Small Scale Industries	Food Supply Channel in India
<ul> <li>Contemporary Employment situation in India</li> </ul>	Disinvestment policy of the government
<ul> <li>Goods and Services Tax Act and its Impact on GDP</li> </ul>	Health Expenditure (of any state)
Human Development Index	Inclusive Growth Strategy
Self-help group	Trends in Credit availability in India
<ul> <li>Monetary policy committee and its functions</li> </ul>	Role of RBI in Control of Credit
<ul> <li>Government Budget &amp; its Components</li> </ul>	Trends in budgetary condition of India
<ul> <li>Exchange Rate determination – Methods and Techniques</li> </ul>	Currency War – reasons and repercussions
<ul> <li>Livestock – Backbone of Rural India</li> </ul>	Alternate fuel – types and importance
<ul> <li>Sarwa Siksha Abhiyan – Cost Ratio Benefits</li> </ul>	Golden Quadrilateral- Cost ratio benefit
Minimum Support Prices	Relation between Stock Price Index and Economic Health of Nation
Waste Management in India – Need of the hour	Minimum Wage Rate – approach and Application
Digital India- Step towards the future	Rain Water Harvesting – a solution to water crises
<ul> <li>Vertical Farming – an alternate way</li> </ul>	Silk Route- Revival of the past
Make in India – The way ahead	Bumper Production- Boon or Bane for the farmer
<ul> <li>Rise of Concrete Jungle- Trend Analysis</li> </ul>	Organic Farming – Back to the Nature
Any other newspaper article and its evaluation on basis of economic principles	Any other topic

Scope of the project:

Learners may work upon the following lines as a suggested flow chart:

Choose a title/topic

Collection of the research material/data

Organization of material/data

Present material/data

Analysing the material/data for conclusion

Draw the relevant conclusion

Presentation of the Project Work

- 3. Do "level 2" questions of Chapter-1 (National Income) from practice annual.
- 4. Prepare for July Test Series.

#### INFORMATICS PRACTICES

#### Q1. Choose any one topic for the project from the list given below:

· Player Information System

· Payroll System · Hospital Management

· Student Management System · Mobile Billing System

· Billing System(Any) · Student Fee Management System

· Banking · Library Management System

· Hotel Management System · School Information System etc.

# Complete the Project and submit the CD along with the proper project report. Layout of the project:

- · Cover Page (including name of the project, name of the student, roll no and class)
  - · Index
  - Acknowledgement
  - · Content
  - · Output
  - · Bibliography

Assessment Criteria: Content, Originality, & Presentation

- Q2. Make 20 programs using Java Swings (NetBeans)
- Q3. Create any HTML website. Containing 5 pages (Interlinked) (other than those done in the class)
- Q4. Revise class XI MySQL Part

#### PHYSICAL EDUCATION

Write 2 practical's in Physical Education Practical File (Samar Publication).
 Practical 1. American Alliance for Health, Physical Education, Recreation & Dance (AAHPERD)

Practical 2. Any one team game (Football, Basketball and Cricket)

#### Project Work

Perform 10 asanas given in your book (chapter 3). From every disease perform two asanas and make sure there should not be any repetition of asana. Take your own picture, print it and paste it in your project file.