

EXPRESSIONS 2020

Annual Inter School Festival

आत्मनिर्भर भारत

SELF RELIANT INDIA

16th & 17th July 2020



#Vocal4LocalWithMtAbu



Mount Abu Public School

Sector-5, Pkt. B-8, Rohini, Delhi - 110085

**Mount Abu
junior**

INVITE



“ *The school feels privileged to be the trail blazer and set the trend in an endeavor to turn Honorable Prime Minister’s dream, into reality* ”

Dear Principal
Warm Greetings!

Hope you are doing well with the blessings of Almighty and staying safe!

We are delighted to inform you that Mount Abu School is gearing up for its Annual Event “Expressions 2020”, an inter school event, a platform for the students to showcase their talent and capabilities in diverse fields related to education and we feel extremely happy to extend a cordial invitation to your school students to exhibit their potential in this grand event.

In wake of the global outbreak of COVID 19 the school, this year the school is going to celebrate the event virtually with the theme “*आत्मनिर्भर भारत*: Self Reliant India” so that we can sensitize students to contribute to the Hon’ble Prime Minister Narendra Modi’s evocation of making India self sustaining in all respects. Let every Indian hold its head high with pride and dignity of being #VocalForLocal.

As all of you know that in wake of outbreak pandemic globally, there is a complete lockdown in the country. The whole nation is running under financial crisis and there is very much uncertainty all around. We need to spread strong hope and positivity all around so that we all remain calm and composed with trust on Almighty at every step. As students carry lot of potential for creating mass awareness, so, it would be an unique platform to disseminate the message among all.

Since we educators hold a great responsibility towards the society so this venture will surely help in bringing harmony among all and make everyone think of making the Nation self reliant in every aspect and make the dream of Mahatma Gandhi, seeing the nation use make in India products, the actual reality.

Looking forward to a great association and enthusiastic participation of your school students.

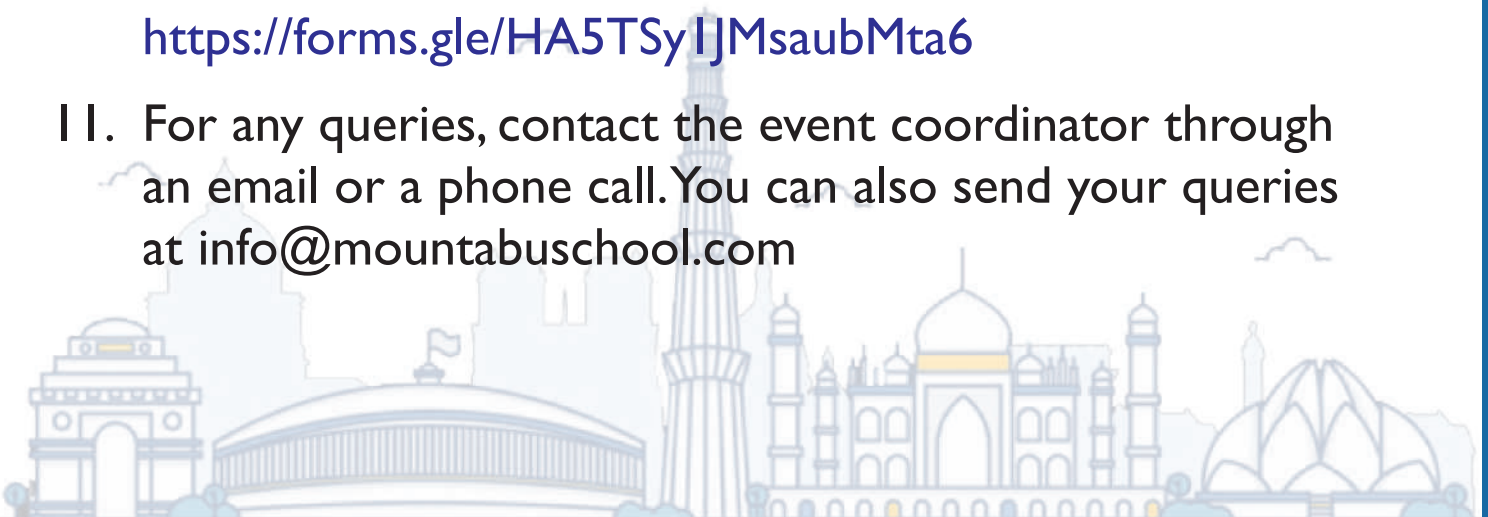
May Almighty bless us to make us more capable to bring valuable transformations for a United and caring society.

Thanks and Regards
Jyoti Arora
Principal

EXPRESSIONS 2020

GENERAL GUIDELINES

1. All events will be conducted through virtual mode.
2. All events are open for schools from all parts of the country.
3. Timely registration for the events would be appreciated.
4. The host school's participation will be non- competitive.
5. One student can participate only in one event.
6. Three winners will be awarded for their best performances in different areas, as per the judgement criteria.
7. Rolling Trophy will be awarded to the school participating in all the events and scoring maximum points collectively.
8. E Certificates will be provided to all the participants.
9. The decision of judges will be final and binding.
10. Complete entries for all the events should be sent latest by 12th July 2020, Tuesday through the given Link:-
<https://forms.gle/HA5TSyIJMsaubMta6>
11. For any queries, contact the event coordinator through an email or a phone call. You can also send your queries at info@mountabuschool.com



textile india

'Style is the way to say who you are without having to speak'
-Rachel Zoe

THEME	Modern Indian Textiles, Fashion
DAY AND DATE	Thursday, 16th July
CATEGORY	Grades 1 & 2
NUMBER OF PARTICIPANT	1
TIME LIMIT	2 minutes
LANGUAGE	Bilingual (Hindi & English)

RULES

- Student will have to dress up in an ethnic textile style from any Indian State and talk about the textile. (e.g. A student dresses up in Khadi/ Chikankaari/ Kantha or any other famous textile style and talk about its origin, state and styles)

JUDGEMENT CRITERIA

- Originality
- Creative ensemble
- Content
- Grace and Conviction

NOTE

- Online platform link will be shared with the teacher whose number has been shared in the Registration form.

EVENT CO-ORDINATOR

Ms Heena 8882509533

Heena@ms.mountabuschool.com

STUDENT COORDINATOR

Manu Sharma

manu2881@ms.mountabuschool.com

bharat padhe online

*'Learning together even when we are apart'
- Anonymous*

THEME	Online Learning, COVID, Debate
DAY AND DATE	Thursday, 16th July
CATEGORY	Grades 3 & 4
NUMBER OF PARTICIPANTS	2
TOPIC OF THE DEBATE	"Online Education in times of COVID 19", A Boon
TIME OF START OF THE EVENT	09:00 am
TIME LIMIT	2-3 minutes per speaker
LANGUAGE	English

RULES

- One team of two students from each school (one for the motion and one against the motion)
- The participant will speak virtually on the zoom/google meet.

JUDGEMENT CRITERIA

- Content
- Diction
- Conviction
- Confidence

NOTE

- Online platform link will be shared with the teacher whose number has been shared in the Registration form.

EVENT CO-ORDINATOR

Ms. Vinita 8527089274
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STUDENT COORDINATOR

Bhumika Aggarwal
bhumika3231@ms.mountabuschool.com

digital india

'India has seen a dream of Digital India. From latest science to latest technology, everything should be available at the tip of one's finger'

-PM Sh. Narendra Modi

THEME	Digital India, Rural Governance
DAY AND DATE	Thursday, 16th July
CATEGORY	Grades 11 & 12
NUMBER OF PARTICIPANTS	3
TIME OF START OF THE EVENT	09:30 am
TIME OF PRESENTATION	10-15 minutes

RULES

- Students to propose a digital platform/interface for E-Governance at Rural Panchayat level.
- Students will be presenting the platform /interface in front of the Jury.

JUDGEMENT CRITERIA

- User Friendly
- Purpose
- Coverage
- Objectivity

NOTE

- Online platform link will be shared with the teacher whose number has been shared in the Registration form.

EVENT CO-ORDINATOR

Ms. Ekta Sharma 7838442245
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STUDENT COORDINATOR

Mishika Gupta
mishika2552@ms.mountabuschool.com

innovate india: atal innovation mission

'Minds are like parachutes, they work best when open'
- T. Dewar

THEME	Innovation, Atal Innovation Mission, SDG 9
DAY AND DATE	Thursday, 16th July
CATEGORY	Grades 7 & 8
NUMBER OF PARTICIPANTS	2
TIME OF START OF THE EVENT	11:00am
TIME OF THE PRESENTATION	5-8 minutes

RULES

- Students will present an innovation which can be executed in ATL Labs. The innovation has to solve problem of Waste Disposal and Waste Management.
- Students will present the innovation in front of the jury. Either in the form of PPT or Video Simulation
- No prototype is required.

JUDGEMENT CRITERIA

- Concept and Originality
- Quality of Research methods and presentation
- Clarity of ideas
- Practicality of the innovation

NOTE

- Online platform link will be shared with the teacher whose number has been shared in the Registration form.

EVENT CO-ORDINATOR

Ms. K. S. Devina 9990972283
ksdevina@ms.mountabuschool.com

STUDENT COORDINATOR

Jatin Kumar
jatin2570@ms.mountabuschool.com

mera bharat mahaan

'Mera Bharat Mahan, Hum hain iski shaan'

THEME	India, Business, Quiz
DAY AND DATE	Thursday, 16th July
CATEGORY	Grades 6& 7
NUMBER OF PARTICIPANT	1
THEME OF THE QUIZ	Quiz on Indian companies, Founders, Taglines, Logos, History, Products etc.
TIME OF THE START OF THE EVENT	1:00 pm

RULES

- There will be five rounds in the quiz

Round 1	General Round (Elimination Round)
Round 2	Audio Round
Round 3	Video Round
Round 4	Personality Identification Round
Round 5	Rapid Fire Round

- Rules of the rounds will be shared on the day of the event.

NOTE

- Online platform link will be shared with the teacher whose number has been shared in the Registration form.

EVENT CO-ORDINATOR

Ms. Leena Sachdeva 9891594075

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STUDENT COORDINATOR

Shreyans Garg

shreyans4096@ms.mountabuschool.com

start up india

'If you don't build your dream, someone else will hire you to help them build theirs'

-Dhirubhai Ambani

THEME	Entrepreneurship
DAY AND DATE	Thursday & Friday , 16th & 17 th July
CATEGORY	Grades 11 & 12
NUMBER OF PARTICIPANTS	2
TIME OF THE START OF THE EVENT	11:30 am
TIME LIMIT OF PRESENTATION	10-12 minutes

RULES

- A team of two Start Up Entrepreneurs will present a pitch to investors (jury) convincing them to fund their business. The start-up idea has to promote "Aatm Nirbhar Bharat - Self Reliant India" and must represent a proper profit-making business plan.
- Students will present their plan in the front of the Jury.

JUDGEMENT CRITERIA

- Vision and Mission Statement
- Target Market
- Cost Sheet
- Expected Profit
- Employability
- Procurement of Raw Material

NOTE

- Online platform link will be shared with the teacher whose number has been shared in the Registration form.

EVENT CO-ORDINATOR

Ms. Charu Malhotra 9717493413
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STUDENT COORDINATOR

Chehak Punia
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make in india

*'By common endeavour we can raise the country
to a new greatness.....'*

-Sardar Patel

THEME

Modern Indian Textiles, Fashion

DAY AND DATE

Thursday & Friday , 16th & 17 th July

CATEGORY

Grades 9 to 12

NUMBER OF PARTICIPANTS

2

TIME OF THE START OF THE EVENT

10:00 am

TIME LIMIT OF THE PRESENTATION

6 minutes

RULES

- Team will present a PowerPoint presentation on "Supporting MSMEs for Self-Reliant India" as per the theme.
- Team will answer the interjections by the jury.

JUDGEMENT CRITERIA

- Content- Reliable, Useful and Rich
- Format- Well Organised, Aesthetically pleasing
- Interjection

NOTE

- Online platform link will be shared with the teacher whose number has been shared in the Registration form.

EVENT CO-ORDINATOR

Ms. Karuna Gupta 8586923758
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STUDENT COORDINATOR

Neel Thakur
neel3261@ms.mountabuschool.com

vocal for local

'Every Indian has to become vocal for their local not only to buy local products but also to promote them proudly'

-PM Sh. Narendra Modi

THEME	Indian v/s Imported Toys
DAY AND DATE	Friday, 17th July
CATEGORY	Grades Pre School & Pre-Primary
NUMBER OF PARTICIPANTS	1+1(one parent and one student)
TIME LIMIT	2-3 minutes (Video Recording)
LANGUAGE	Bilingual (Hindi & English)
DATE OF SUBMISSION	15 th July
TIME OF SUBMISSION	5:00 pm

RULES

- One participant will dress up as an imported toy and the other as toy made in India.
- They will have a conversation about "who is the best and why?!!."
- The subject line of the mail should be "Vocal4LocalWithMtAbu_SchoolName".
- Submissions to be mailed on vocal4local@ms.mountabuschool.com
- Submitted Videos will be played in front of the jury on 17th July for the judgement.

JUDGEMENT CRITERIA

- Creativity and Costume
- Content
- Confidence
- Relevance to the theme

NOTE

- Online platform link will be shared with the teacher whose number has been shared in the Registration form.

EVENT CO-ORDINATOR

Ms. Ajit Kaur 9899897305
ajit@ms.mountabuschool.com

STUDENT COORDINATOR

Sasmit Sinha
sasmit3017@ms.mountabuschool.com

incredible india

'If there is one place on the face of earth where all the dreams of living men have found a home from the very earliest days when man began the dream of existence , it is India!'

-Romaine Rolland

THEME	Promotion of Tourism
DAY AND DATE	Friday, 17th July
CATEGORY	Grade 5
NUMBER OF PARTICIPANT	1
TIME OF THE START OF THE EVENT	09:00 am
TIME FOR COMPOSING THE POEM	25 min
TIME FOR RECITING THE POEM	2min
LANGUAGE	English

RULES

- Student has to compose a poem ON THE SPOT on one given Travel Destination of India (STATE)
- Destination of India to promote tourism. The poem needs to convince foreigners to visit that particular destination.
- The participant will recite the poem virtually on the zoom/ google meet.

JUDGEMENT CRITERIA

- Originality
- Usage of literary devices
- Articulation
- Confidence

NOTE

- Online platform link will be shared with the teacher whose number has been shared in the Registration form.

EVENT CO-ORDINATOR

Ms. Manisha Sharma 8882562479
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STUDENT COORDINATOR

Deepti Singh
deepti2556@ms.mountabuschool.com

skill india

*'The more we give importance to skill development,
the more competent will be our youth'*

-PM Narendra Modi

THEME	Skill Development, Art
DAY AND DATE	Friday, 17th July
CATEGORY	Grades 5 & 6
NUMBER OF PARTICIPANT	1
TIME OF THE START OF THE EVENT	11:30 am
TIME FOR DESIGNING/DRAWING OF THE LOGO	1 hour
TIME TO UPLOAD	within 15 minutes after completion of the given time.
LANGUAGE	English

RULES

- Student will be given a skill on the spot (e.g. Tourism, beauty etc.) and will have to design and draw a logo and tagline for that particular skill.
- Entries to be uploaded on the mail id provided within 15 minutes of completion.
- LOGO to be made on A4 sheet size .
- Page to be scanned.
- File size not to exceed 4-5 MB
- File type to be .jpg
- Submissions to be mailed on skillindia@ms.mountabuschool.com
- The subject line of the mail should be "SkillIndia_SchoolName".

JUDGEMENT CRITERIA

- Originality
- Aesthetics
- Appropriateness
- Ease of understanding

NOTE

- Online platform link will be shared with the teacher whose number has been shared in the Registration form.

EVENT CO-ORDINATOR

Ms. Srishti Nijhawan 8882687877
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STUDENT COORDINATOR

Bhaumik Solanki
bhaumik3178@ms.mountabuschool.com

invest in india

'If you own one ounce of gold for an eternity you still own one ounce of gold at its end'
- Warren Buffet

THEME	Corporates & Industries
DAY AND DATE	Friday, 17th July
CATEGORY	Grades 9 & 10
NUMBER OF PARTICIPANTS	6-7 (minimum 4)
TIME LIMIT	2 to 3 minutes
LANGUAGE	English
DATE OF SUBMISSION	14th July
TIME OF SUBMISSION	3:00 pm
TIME OF THE PRESENTATION	3 to 4 minutes

RULES

- Students to make a Video Ad Pitch on "Invest in India" to attract foreign investors.
- Highlight why India is a perfect business destination.
- Mail/WeTransfer your video to investindia@ms.mountabuschool.com.
- The subject line of the mail should be "InvestIndia_SchoolName".
- Plagiarism is strictly prohibited.

JUDGEMENT CRITERIA

- Video structure-narrative coherence, editing and production
- Video format-time and quality
- Visual Enhancement
- Video content appropriateness

NOTE

- Video Links will be uploaded by Host School on Facebook Page of "Mount Abu Public School" by 15 July 2020. Video which gets maximum likes on Facebook till 17 July 2020 (5 PM) will win "People's Choice Award". Jury will judge videos for "Jury's Choice Awards".

EVENT CO-ORDINATOR

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STUDENT COORDINATOR

Aastha Sethi
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ek bharat shresth bharat

'Anekta me ekta Yahi bharat ki visheshta'

THEME

India Art, Fit India, Handicrafts

DATE OF SUBMISSION

Wednesday, 15th July

NUMBER OF PARTICIPANT

1 (from each category)

DEADLINE OF SUBMISSION

5:00pm

RULES

- There are three categories:
Category 1: Grade 3 to 5
Category 2: Grade 6 to 8
Category 3: Grade 9 to 12
- Each school has to submit a painting/artwork on following themes:
Category 1: FIT India : Indigenous Games
Category 2: An ad to promote handicrafts and artisans of India
Category 3: Mascot/Logo of AatmNirbhar Bharat
- Poster to be made on A 3 sheet size .
- Poster to be scanned.
- File size not to exceed 4-5 MB
- File type to be .jpg
- Submissions to be mailed on EBSB@ms.mountabuschool.com
- The subject line of the mail should be "EBSB_SchoolName".

JUDGEMENT CRITERIA

- Thematic
- Creativity, Freshness and Inspiration
- Ingenuity in Composition
- Technique & Skills

EVENT CO-ORDINATOR

Ms. Yoshita Megan 9654491611
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STUDENT COORDINATOR

Chelsi Aggarwal
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postal india

'The Six Golden Rules of Writing: Read, read, read, and write, write, write' - Ernest Gaines

THEME	Post, Writing, India
DATE OF SUBMISSION	Wednesday, 15th July
NUMBER OF PARTICIPANT	1 (from each category)
DEADLINE OF SUBMISSION	5:00pm

RULES

- There are Four categories:
 - Category 1: Grades 1 to 2
 - Category 2: Grades 3 to 5
 - Category 3: Grades 6 to 8
 - Category 4: Grades 9 to 12
- Following are the topics as per the category:
 - Category 1: Interview your grandparents. Write a 50-word letter to Prime Minister of India mentioning about how they spent their childhood.
 - Category 2: Write a 150-word letter to Minister of Sports, India about how children can promote indigenous games.
 - Category 3: Write a 300-word letter to ISRO Chief explaining him about your vision of "India in Space".
 - Category 4: Write a 500-word letter to United Nations Secretary General about how Indian youth can promote Sustainable Development Goals.
- Submissions to be mailed on postalindia@ms.mountabuschool.com
- The subject line of the mail should be "postalindia_SchoolName".

JUDGEMENT CRITERIA

- Adherence/Appropriateness to Theme
- Uniqueness of Concept
- Originality
- Clarity of Expression

EVENT CO-ORDINATOR

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STUDENT COORDINATOR

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www.mountabuschool.com



info@mountabuschool.com



<https://www.facebook.com/MountAbuSchool/>



[@MtAbuSchool](https://twitter.com/MtAbuSchool)



Mount Abu Public School

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TOGETHER AT MOUNT ABU FOR A SUSTAINABLE FUTURE