

## ***PREFACE***

*"Education is not the filling of a pail, but the lighting of a fire"*

*The aim of imparting education is not only to increase the knowledge but also to create the possibilities for a student to invent and discover.*

*The purpose of this syllabus, thus, is to establish minimum basic concepts for each subject to meet the needs of all our students.*

*All the elements in this curriculum model amalgamate to bring out the best in every child and enable them to be on the path of continuous progress.*

*Contained within this booklet, is the pattern of examination and detailed datesheet for the whole session which will help a child to get prepared for assessment and evaluation with ease and also bring about uniformity in the teaching learning process.*

### **Objectives of the Curriculum**

- To identify and articulate the curriculum challenges for educating young people for the twenty first century.
- Taking care of different styles of learning i.e. audio, visual and experimental.
- The theoretical knowledge to be pursued ensuring maximum application of it.
- Correlating academics to real life situations balancing social and emotional stimulation among children and imbibe human values.
- To shape and influence the development of a national collaborative approach to curriculum.

**DATE SHEET : 2019-2020**

**EVALUATION - I**

<b>Date</b>	<b>Day</b>	<b>Subject</b>
16.08.19	Friday	Computer
23.08.19	Friday	English
30.08.19	Friday	Maths
06.09.19	Friday	Hindi
13.09.19	Friday	E.V.S.
<b>Evaluation-I (16th August – 13th September)</b>		
<b>2nd PTM on 28th September 2019</b>		

**EVALUATION - II**

<b>Date</b>	<b>Day</b>	<b>Subject</b>
29.11.19	Friday	Computer
06.12.19	Friday	English
13.12.19	Friday	Maths
20.12.19	Friday	Hindi
27.12.19	Friday	E.V.S.
<b>Evaluation-II (29th Nov. – 27th December)</b>		
<b>3rd PTM on 18th January 2020</b>		

**EVALUATION - III**

<b>Date</b>	<b>Day</b>	<b>Subject</b>
02.03.20	Tuesday	English
05.03.20	Friday	Hindi
07.03.20	Monday	Maths
12.03.20	Wednesday	Computer
16.03.20	Friday	E.V.S.
<b>Evaluation-III (2nd March – 16th March)</b>		
<b>4th PTM on 27th March 2020</b>		

**SCHEDULE OF TEST SERIES : 2019-2020**

**FIRST TEST SERIES**

<b>Date</b>	<b>Day</b>	<b>Subject</b>
03.05.19	Friday	Computer
07.05.19	Tuesday	English
10.05.19	Friday	Hindi
14.05.19	Tuesday	Maths
17.05.19	Friday	E.V.S.

**SECOND TEST SERIES**

<b>Date</b>	<b>Day</b>	<b>Subject</b>
13.09.19	Friday	Computer
17.09.19	Tuesday	English
20.09.19	Friday	Hindi
24.09.19	Tuesday	Maths
27.09.19	Friday	E.V.S.

**THIRD TEST SERIES**

<b>Date</b>	<b>Day</b>	<b>Subject</b>
17.01.20	Friday	Computer
21.01.20	Tuesday	English
24.01.20	Friday	Hindi
28.01.20	Tuesday	Maths
31.01.20	Friday	E.V.S.

**ASSESSMENT OF VARIOUS SKILLS, GROUP DISCUSSION & PROJECTS**

**VARIOUS SKILLS**

<b>SUB. (ENGLISH)</b>	<b>DAY</b>	<b>EV-1</b>	<b>EV-2</b>	<b>EV-3</b>
Listening Skills	Monday	08.07.19	07.10.19	10.02.20
Speaking Skills	Monday	15.07.19	14.10.19	17.02.20
Reading Skills	Monday	22.07.19	21.10.19	24.02.20
<b>SUB. (HINDI)</b>	<b>DAY</b>	<b>EV-1</b>	<b>EV-2</b>	<b>EV-3</b>
Listening Skills	Wednesday	10.07.19	23.10.19	12.02.20
Speaking Skills	Wednesday	17.07.19	30.10.19	19.02.20
Reading Skills	Wednesday	24.07.19	06.11.19	26.02.20

**GROUP DISCUSSION**

<b>SUBJECT</b>	<b>DAY</b>	<b>EV-1</b>	<b>EV-2</b>	<b>EV-3</b>
Social Studies	Tuesday	30.07.19	15.10.19	28.01.20
Science	Tuesday	06.08.19	22.10.19	04.02.20

**PROJECT – \_\_\_\_\_ October — Individual Projects**

**Winter Break — Integrated Project**

## **ENGLISH**

<b>Book</b>	: WOW English (MCB) : Workbook (WB) : Rhythm in Writing (Cursive Writing Book) : Will be taken on weekly basis.
<b>Modules</b>	: Related to all the skills and grammar topics.
<b>Class Library Books</b>	: Series to be rotated in all the classes.
<b>Workbook</b>	: Related to all the chapters and grammar topics will be taken as per MCB.

### **EVALUATION - I**

#### **APRIL**

<b>MCB : L-3</b>	: The World of Magic (Class Test)
<b>Content</b>	: Only Reading , RTC, Back Ex.
<b>Poem</b>	: The Rainbow Fairies
<b>Writing</b>	: Picture composition (Pg. 28 W.B.)
<b>Grammar &amp; Vocab.</b>	: Feeling words, Adjectives, Degree of Comparison, Punctuation (only question mark and full stop)
<b>Reading Skill</b>	: Comprehension (Pg. 33 W.B.)
<b>Speaking Skill</b>	: Narrating a story (Spin a web)
<b>Listening Skill</b>	: Description of Veggie Ogu (Pg. 37 MCB)

#### **MAY**

<b>MCB : L-1</b>	: In the Classroom
<b>Content</b>	: Q.Ans., W.Meaning, Make Sentences & Back Ex.
<b>Poem</b>	: School
<b>Grammar &amp; Vocab.</b>	: Noun-Singular-Plural, Homophones
<b>Reading Skill</b>	: Comprehension (Pg. 14-15 W.B.)
<b>Speaking skill</b>	: Introducing friends
<b>Listening skill</b>	: Listening description (Pg. 8 MCB)

### JULY

MCB : L-2	: Proud Little Apple Blossom
Content	: Q.Ans., W.Meaning, Sentences & Back Ex.
Poem	: The Little Plant
Writing	: Informal letter format
Grammar & Vocab.	: Simple Future, Simple Past and Present (Revision), Quantity words, Verbs
Reading Skill	: Comprehension (Pg. 24-25 W.B.)
Speaking Skill	: Poem recitation
Listening Skill	: Listening Poem (Pg. 22 MCB)

### EVALUATION - II

### AUGUST

MCB : L-4	: The Elephant Artist (Class Test)
Content	: Only for reading, RTC and Back Ex.
Poem	: Eletelephony
Writing	: Paragraph writing
Grammar & Vocab.	: Possessive Pronouns, Movement words
Reading Skill	: Comprehension (Pg. 42, 43 W.B.)
Speaking Skill	: Discussion on Road Safety for Pets
Listening Skill	: Tick the correct answer (Pg. 52 MCB)

### SEPTEMBER

MCB : L-5	: A Busy Morning
Content	: Word Meaning, Q./Ans., Sentences and Back Ex.
Poem	: The Gardener
Writing	: Letter completion
Grammar & Vocab.	: Adverbs, Occupation words
Reading Skill	: Comprehension (Pg. 51, 52 W.B.)
Speaking Skill	: My View - My Profession
Listening Skill	: Telephonic conversation (Pg. 55 MCB)

### OCTOBER

MCB : L-8	: Journey to the Moon
Content	: Q.Ans., W.Meaning, Sentences, Back Ex.
Poem	: The Moon

Writing	: Informal letter completion
Grammar & Vocab.	: Subject/Predicate; Prefix (un, dis, mis)
Reading Skill	: Comprehension (Pg. 80, 81 W.B.)
Speaking Skill	: Poem recitation
Listening Skill	: True/False (Pg. 107 MCB)

### **EVALUATION - III**

#### **NOVEMBER**

MCB : L-7	: Akbar Birbal and the Washerman (Class Test)
Content	: Only for reading, RTC and Back Ex.
Poem	: I am Home said the Turtle
Writing	: Story Web (completion)
Grammar & Vocab.	: Word pairs, Preposition
Reading Skill	: Comprehension (Pg. 70, 71 W.B.)
Speaking Skill	: Conversation (showing empathy)
Listening Skill	: Story completion (Pg. 93 MCB)

#### **DECEMBER**

MCB : L-6	: Gulliver Travels
Content	: Only for reading, RTC, Back Ex.
Poem	: I saw a Ship Sailing
Grammar & Vocab.	: Types of sentences, Antonyms
Reading Skill	: Comprehension (Pg. 60-61 W.B.)
Speaking Skill	: Alone on a Deserted Island (Pg. 87 MCB)
Listening Skill	: Sequencing the story (Pg. 78 MCB)

#### **JANUARY**

MCB : L-9	: The Shoemaker and the Elves
Content	: Q.Ans., W.Meaning, Sentences & Back Ex.
Poem	: The Elf Singing
Writing	: Thank you letter (Informal)
Grammar & Vocab.	: Present Continuous Tense, Suffix
Reading Skill	: Comprehension (Pg. 90-91 MCB)
Speaking Skill	: Thanking people
Listening Skill	: Choose the correct option (Pg. 121 MCB)

### **FEBRUARY**

MCB : L-10	: The Cracked Pot
Content	: Word Meaning, Sentences, Q.Ans., Back Ex.
Poem	: The Quarrel
Writing	: Story completion; Informal letter (Revision)
Grammar & Vocab.	: Past Continuous Tense, Connectors, Collective Noun
Reading Skill	: Comprehension (Pg. 100, 101)
Speaking Skill	: Conversation (apology)
Listening Skill	: Recitation of poems

#### **Reader of the Month Activities (2019-20)**

<b>Month</b>	<b>Date</b>	<b>Activities</b>
April-May	10.05.19	Book Maze
June-July	19.7.19	World of Words
Aug.-Sep.	20.9.19	Read to Me
Oct.-Nov.	22.11.19	What's in the Book ?
Dec.-Jan	17.01.20	Reading Pyramid
Feb.-March	28.02.20	Map Your Readings

#### **Intra Class Activities Schedule on every Friday of the Month**

<b>Date</b>	<b>Activity</b>
	English Handwriting (Every month 1st week on Monday)
26.04.19	English Spell Check, Vocabulary
10.05.19	English Creative Writing
26.07.19	English spell check, Vocab and creative handwriting
27.09.19	School English Olympiad
11.10.19	English spell check, Vocab.
08.11.19	English Creative Handwriting
07.02.20	English Spell Check & Vocabulary

## HINDI

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iB&4	vi und{k dh, d fOds Vre cuk; i A
iB&5	v U xdd kjhi kladht kud kjh
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**Intra Class Activities Schedule on every Friday of the Month**

Date	Activity
	Hindi Handwriting (Every month 2nd week on Monday)
12.07.19	Hindi Spell Check & Vocabulary
19.07.19	Hindi Creative Writing
18.10.19	Hindi Spell Check, Vocab. & Creative Writing
31.01.20	Hindi Spell Check, Vocabulary and Creative Writing

## **MATHS**

- Text Book : Wow Maths  
Practice Manual : Related units will be done.  
Vocabulary : Words related to all the topics will be done.  
Smart Class : Related to all the topics will be shown.

### **EVALUATION - I**

#### **APRIL**

- Unit-8 : Geometry - Plane Shapes, Patterns & Symmetry (C.Test)  
Unit-1 : Numbers  
Tables : 2 to 5  
Lab Activity : Learn to draw plane shapes using dot paper.

#### **MAY**

- Unit-1 : Numbers  
Tables : 6 and 7  
Lab Activity : To build an understanding of place value in 3 & 4 digit numbers with the help of cards.

#### **JULY**

- Unit-12 : Data Handling  
Unit-2 : Addition  
Tables : 8 and 9  
Lab Activity : To collect the data of birthdays of students in different months of the year and present the information in terms of pictograph.

#### **AUGUST**

- Unit-2 : Addition  
Tables : Dodging tables 2 to 9  
Lab Activity : Learning the concept of addition of 4-digit number through cards.

## **EVALUATION - II**

### **SEPTEMBER**

- Unit-10 : Time (C.Test)  
Unit-4 : Multiplication  
Tables : 12 to 14  
Lab Activity : Magical calendar - having fun with calendar dates.  
: Multiplication Grid - Learning multiplication through grid.

### **OCTOBER**

- Unit-3 : Subtraction  
Tables : 12 to 14  
Lab Activity : To understand the concept of subtraction of 3-digit numbers with regrouping.

### **NOVEMBER**

- Unit-8 : Geometry - Solid Shapes  
Unit-11 : Money  
Tables : 15 & 16  
Lab Activity : Know your Money ! Learning features of Indian Currency.

## **EVALUATION - III**

### **DECEMBER**

- Unit-8 : Geometry : Point, Line and Line Segment (C.Test)  
Unit-5 : Division  
Tables : 17 to 20  
Lab Activity : Understanding division of 2-digit number through repeated subtraction with the help of scale.

### JANUARY-FEBRUARY

Unit-5	: Division
Unit-6	: Fractions
Unit-7	: Measurement
Tables	: Dodging Tables 10 to 20
Lab Activity	: To replace the concept of comparison of like fractions with the help of square lined paper strips.
	: Weighing the weight of your friends through weighing machine.

#### **Intra Class Activities Schedule on every Friday of the Month**

<b>Date</b>	<b>Activity</b>
12.04.19	Number Handwriting & Number Dictation Mental Ability and Tables
05.07.19	Number Handwriting & Number Dictation Mental Ability and Tables
04.10.19	Number Handwriting & Number Dictation Mental Ability and Tables
04.12.19	School Maths Olympiad
16.01.20	Number Handwriting & Number Dictation Mental Ability and Tables

## **E.V.S.**

Book : Living Earth  
Activity Book : Activities related to every chapter will be taken.  
Modules : Related to the topics will be shown.

### **EVALUATION-I**

#### **APRIL**

Lesson-1 : Family (C-Test)  
(Key terms + Question/Ans.+Back Ex.)  
Activity Book : \* 1.1 Family time  
\* 1.2 Knowing relations  
\* 1.3 Fixing routines  
Lesson-2 : People at Work (Group discussion)  
Activity Book : \* 2.2 Data Analysis of child labour  
Outdoor Activity : \* Circle Time (Knowing our helpers)  
Vocabulary : Names of tools used by the carpenter

#### **MAY**

Lesson-18 : Living and Non-Living Things  
(Key terms + Question/Ans.+Back Ex.)  
Activity Book : 18.1 Life cycle of a sparrow and a lion  
18.2 Fun with living things  
Lesson-3 : Games are Fun (Project)  
Integrated project on Fun with Games  
Activity Book : 3.1 Design a Mascot  
Outdoor Activity : \* Playing traditional games in the ground  
Vocabulary : Names of games played in other countries.

#### **JULY**

Lesson-5 : Home, Sweet Home  
(Key terms + Question/Ans.+Back Ex.)  
Activity Book : 5.1 Knowing different houses  
5.2 Ways to keep our house clean  
Vocabulary : Names of Household articles  
Lesson-6 : Mapping My Neighbourhood (Activity based)  
Activity Book : 6.1 Globe Time  
6.2 Mapping the school  
Outdoor Activity : Tell the position and direction as per the sun.

## **AUGUST**

- Lesson-7 : Food for Everyone  
(Key terms + Question/Ans.+Back Ex.)
- Activity Book : 7.1 Advertisement on Healthy Food  
: 7.2 Healthy eating  
7.3 Create a menu
- Outdoor Activity : Circle Time (Healthy Food Vs Junk Food)
- Vocabulary : Names of spices used at home.
- Lesson-11 : Ways to Travel (C-Test)  
(Reading + Key terms

## **EVALUATION - II**

### **SEPTEMBER**

- Lesson-11 : Ways to Travel (cont...) (C-Test)  
: (key terms + Question/Ans.+Back Ex.)
- Activity Book : 11.1 Conversation between transport  
11.2 Designing a vehicle
- Vocabulary : Names of different parts of an automobile
- Lesson-8 : Cooking Food (Group Discussion)
- Activity Book : 8.1 Recipe of favourite dish  
8.2 Methods of cooking  
8.3 Fuels we use
- Outdoor Activity : Circle time - Group Discussion on cooking food.
- Vocabulary : Names of different vessels

### **OCTOBER**

- Lesson-10 : Ways to Communicate  
(Key terms + Question/Ans.+Back Ex.)
- Activity Book : 10.2 Learning to purchase a mobile
- Outdoor Act. : 10.1 How communication develop our country (Circle Time)
- Lesson-15 : Pottery (Activity)
- Activity Book : Creating a unique thing using clay

### **NOVEMBER**

- Lesson-12 : The Plant Kingdom  
(Key terms + Question/Ans.+Back Ex.)
- Activity Book : 12.2 Poster making on 'Usefulness of Plants'
- Outdoor Activity : Visit to school garden.
- Vocabulary : Names of plants grown in school herbal garden.
- Lesson-9 : Water in our lives (Project) + Water cycle in written paper  
: Project on conservation of water
- Activity Book : 9.1 Dealing with scarcity of water  
: 9.2 Dialogue among components of water cycle.  
: 9.3 Slogan writing on save water
- Outdoor Act. : Surveying the school campus for finding leakage and awaring everyone about saving water.

### **EVALUATION - III**

### **DECEMBER**

- Lesson-20 : Our Beautiful Body (C-Test)  
(Key terms + Question/Ans.+Back Ex.)
- Activity Book : 20.1 Knowing our body  
20.2 Systems of our body
- Vocabulary : Parts of organ systems : Digestive & Excretory.
- Lesson-17 : Gifts of Nature (Activity)
- Activity Book : 17.1 Poster making on Air Pollution  
17.2 Dialogue writing between a tree and a factory
- Outdoor Act. : Cleanliness drive in and around the classroom.
- Lesson-16 : Textile (Project)  
(Knowing different fabrics and their properties)



Activity Book : 16.1 to 16.3

- \* Project - Sample of different fabrics
- \* Interviewing a tailor
- \* Traditional clothes worn by people in different states.

### **JANUARY**

Lesson-13 : The Animal Kingdom  
(Key terms + Question/Ans.+Back Ex.)

Activity Book : 13.1 Describing animals  
13.2 Conversation between animals  
13.3 Useful animals

Vocabulary : Names of extinct animals

Lesson-4 : Caring for Others (G.D.)

Activity Book : 4.2 Fighting Handicap

Outdoor Act. : 4.1 Circle Time (How to take care of orphans; elder people...)

### **FEBRUARY**

Lesson-14 : Birds in the Sky (C-Test)  
(Key terms + Question/Ans.+Back Ex.)

Activity Book : 14.1 Story of birds  
14.2 Flow chart of nest making  
14.3 Migratory birds

Outdoor Act. : Observing steps taken for SOS project

Vocabulary : Parts of a bird's body

Lesson-19 : The Earth and the Sky  
(Key terms + Question/Ans.+Back Ex.)

Activity Book : 19.1 Interview of Ferdinand Magellan  
19.2 Seasons formation

Vocabulary : Names of famous constellations

### **Intra Class Activities Schedule on every Friday of the Month**

<b>Date</b>	<b>Activity</b>
<b>22.11.19</b>	<b>School Science/EVS Olympiad</b>

## **COMPUTER**

**Book** : Windows 10 [Navdeep]

### **Evaluation 1**

- Chapter 1 Computer Concepts  
Chapter 2 Uses of a Computer  
Chapter 6 Getting started with Paint  
Chapter 7 More about Paint  
Activity 1 Draw 5 shapes you see around, fill with airbrush and write name of each shape using text tool.  
Activity 2 Draw a clown in MS Paint using pencil tool, fill it with colour tool and then flip it vertically.

### **Evaluation 2**

- Chapter 3 Storing the work done on Computer  
Chapter 4 Keyboard and Mouse  
Chapter 8 Fun with Microsoft Word  
Additional Understanding Windows 10 (activity based)  
Activity 1 Write a paragraph about storage devices in MS Word and format the text.  
Activity 2 Create a banner on Save Trees in MS Word. Insert pictures and write headings using word art.

### **Evaluation 3**

- Chapter 5 Working with files and folders  
Chapter 9 Starting LOGO  
Additional Scratch (Activity Based)  
Chapter 10 Networking and the Internet  
Activity 1 Create a robot in logo.  
Activity 2 Create a short story in Scratch.

**Date**      **Activity**  
17.01.20   **School Cyber Olympiad**

**G.K.**

Book : Junior Knowledge-3  
: Current Affairs for all the months will be taken

**EVALUATION - I**

**APRIL**

Chapter 1 to 5 : (Pg. 1 to 9) + Pg. 21

Current Affairs: April

Activity : Make your favourite paper flowers (any two) using origami sheet.

**MAY**

Chapter 6 to 10: (Pg. 10 to 16)

Current Affairs: May

Activity : Collect information on any one political leader of your country with his/her picture.

**JULY**

Chapter 11 to 13, 15, 16 :(Pg. 17 to 20) + Pg. 23, 24

Current Affairs: July

Activity : Plant a sapling of any plant in your nearby garden, paste its picture on an A-4 size sheet with detail of plant.

**EVALUATION - II**

**AUGUST**

Chapter 17 to 22:(Pg. 25 to 30)

Current Affairs: August

Activity : Prepare your favourite/unique world monument and write its features on an A-4 size sheet.

**SEPTEMBER**

Chapter 23 to 26:(Pg. 31 to 36)

Current Affairs: September

Activity : Make a list of any 5 famous people of India with their pictures on A-4 size sheet.

**OCTOBER**

Chapter 27 to 31 : (Pg. 37 to 42)

Current Affairs: October

Activity : Write facts of any Indian State, its culture, attire and food.

**EVALUATION - III**

**NOVEMBER**

Chapter 32 to 36 : (Pg. 43 to 49) + Pg. 50, 51

: Review Sheet - 3

Current Affairs: November

Activity : Make your own Tab or Laptop on an A-4 size sheet.

**DECEMBER**

Chapter 38 to 45 : (Pg. 52 to 61)

Current Affairs: December

Activity : Draw and colour your favourite cartoon character and write its special qualities.

**JANUARY-FEBRUARY**

Chapter 46 to 52:(Pg. 62 to 70) + Quiz 3 & 4

Current Affairs: January & February

Activity : Prepare a poster on your favourite Indian monument.

**G.K. Assessment**

**(Text Book, Reasoning and Current Affairs)**

<b>Month</b>	<b>Date</b>
April-May	03.05.2019
July-August (EV-1)	02.09.2019
Sept.-Oct. (EV-2)	25.10.2019
Nov.- Dec. (EV-2)	21.11.2019
January (EV-3)	27.01.2020
Feb.-March (EV-3)	14.02.2020

## **MORAL SCIENCE**

Book : Dew Drops

### **EVALUATION - I**

#### **APRIL-MAY**

Lesson-1 : I am Magical  
\* Me, My and Myself  
\* I Live with Discipline  
\* I Live with Responsibility  
\* I am Educated

Activity : Pasting of passport size photograph along with the qualities one possesses.

#### **JULY**

Lesson-1 : I am Magical  
\* I am Aware  
\* I am the best

Lesson-2 : Being food smart : Change for life  
\* Healthy Eating  
\* Be a Fit Kid  
\* Eating with the loved ones  
\* Manners are served

Value Card Activity : Singing of Motivational Song :  
[Motivation] : We Shall Overcome some day....

### **EVALUATION - II**

#### **AUGUST**

Lesson-2 : Being Food Smart : Change for life  
\* Say 'No' to Wastage  
\* Healthy habits for healthy kids

Lesson-3 : Make Good Choices  
\* Choose to have good manners  
\* Choose to be a peace maker  
\* Choose to be responsible  
\* Choose to be kind

Value Card Activity : Let's compliment each other :  
[Respect] Students will give one compliment to each other praising anything they like about the other.

### **SEPTEMBER**

Lesson-3 : Choose to give your 100%  
Activity : Make a flow chart on peace makers and peace breakers.

### **OCTOBER**

Lesson-4 : Love Your Planet  
\* Make Everyday Earthday  
\* Reduce - Reuse - Recycle  
\* Build a Better with 3R's

Value Card Activity : 'Cleanliness & Responsibility  
Writing of pledge to prevent pollution.

### **NOVEMBER**

Lesson-4 : Love Your Planet  
\* Keep the air clean  
\* Fight the threat of noise  
\* Wise water use  
\* Save Energy

Value Card Activity : "Save Our Environment"  
Slogan writing or poster making on how and why to save our environment.

### **EVALUATION - III**

### **DECEMBER**

Lesson-5 : Stay Connected  
\* Communicate the goodness within  
\* Effective communication  
\* Verbal communication  
\* Non-verbal communication

Value Card Activity : Sharing of anecdote from the life of [Honesty, Politeness, Kindness] any famous world leader who has inspired them.

### **JANUARY-FEBRUARY**

Lesson-5 : Stay Connected  
\* Expressing your feelings  
\* Communicating respectfully  
\* Be a good listener

Value Card Activity : "Kindness"  
Paste the pictures of any four helpers and write how can you be kind to them.

## **ART & CRAFT**

**Book** : Art, Craft & Me

### **APRIL**

Book Work : Butterfly, Scenery

File Work : Butterfly composition, My Dream House

### **MAY**

Book Work : Toucan, Gift Box

File Work : Two birds, Underwater scene

### **JULY**

Book Work : Bowling Pins, Dolphin

File Work : Helicopter, Pinocchio

### **AUGUST**

Book Work : Helicopter, Flowers

File Work : Independence Day, Cock

### **SEPTEMBER**

Book Work : Fish, Pinocchio

File Work : Giraffe, Seascape

### **OCTOBER**

Book Work : Mango, Cock

File Work : Diwali scene, Rangoli

### **NOVEMBER**

Book Work : Giraffe, Tree house

File Work : Tree house, Rainy day

### **DECEMBER**

Book Work : Warli Art, Diwali

File Work : Christmas, Elephant

### **JANUARY**

Book Work : Swan, Kingfisher

File Work : Swan, Taj Mahal

### **FEBRUARY**

Book Work : Rangoli, Village

File Work : Camel, Tribal Mask

## **MUSIC**

### **VOCAL**

April	: Foundation Song
May	: Hum Sab Bhartiya Hai
July	: I Like My School
August	: Patriotic Song
September	: Revision + Assessment (EV I)
October	: Gandhi Song
November	: Jingle Bell (The Rock)
December	: Revision + Assessment (EV II)
January	: Patriotic Song
February	: Revision + Assessment (EV III)

### **MUSIC CLUB SYLLABUS**

April	: Introduction of Harmonium & Synthesizer
May	: Alankar I
July	: Alankar II & III
August	: Happy Birthday
September	: Happy Birthday
October	: We shall overcome
November	: We shall overcome
December	: Jingle Bell
January	: Jingle Bell
February	: Revision

## **DANCE**

April	: Warm up exercises and body movements with count.
May	: Aerobics rhythmic body movements
July	: Krishna Dance
August	: Patriotic Dance
September	: Free style dance steps
October	: Hip-Hop Dance Steps
November	: Folk dance steps
December	: Christmas dance
January	: Classical Dance - Teen Taal
February	: Revision of whole syllabus
March	: Annual Assessment



### **CLAY MODELLING**

April	: Creative shapes, Design
May	: Coil method : Tree & Tree Composition
July	: Slab method : Human figure & Designer Pot
August	: Animals : Giraffe and Dinosaurs
September	: Transport : Ship & Motorbike
October	: Aquatic Animals : Shark & Whale
November	: Santa Claus & Christmas Scene
December	: Flower Pot & Butterfly Composition
January	: Human Figure : Girl & Human Composition
February	: Sparrow & Bird Composition

### **PHYSICAL EDUCATION**

#### **April**

1st week	Running & jumping
2nd week	Bean bag relay
3rd week	Domes & dishes
4th week	Scatter ball

#### **May**

1st week	Circle Dodge ball
2nd week	Hitting & kicking
3rd week	Scoring goals
4th week	Dribble & shoot

#### **July**

1st week	Passing and shooting
2nd week	Standing kho
3rd week	Using equipments
4th week	Throwing and catching games (basketball)

#### **August**

1st week	Taken aim
2nd week	Jumping for the height

3rd week	Rhythmic activities
4th week	Jigsaw trail
<b>September</b>	
1st week	Roads and lanes
2nd week	Skipping
3rd week	Cone balance race
4th week	Net game
<b>October</b>	
1st week	Animal walk
2nd week	Cricket
3rd week	Kicking a ball
4th week	Introducing ball handling
<b>November</b>	
1st week	Dog and the bone
2nd week	Basketball
3rd week	Making shapes
4th week	Warm up exercise
<b>December</b>	
1st week	Bird catcher
2nd week	Table-tennis
3rd week	Stretching exercise
4th week	Passing the pass
<b>January</b>	
1st week	Leg cricket
2nd week	Circle chase
3rd week	Yoga
4th week	Running, jumping and throwing
<b>February</b>	
1st week	Shooting and scoring goals
2nd week	Badminton
3rd week	Football
4th week	Aerobics

## YOGA

April	:	What is Yoga-Definition of Yoga
	:	Benefits of doing Yoga
	:	Importance of Yoga for children
	:	Neck joint movements
May	:	Shoulder exercise for warmup
	:	Tadasana (stretching)
	:	Vrikshasana/treepose (balancing)
	:	Warm up exercises for upper body (including spine and waist)
July	:	Trikonasana/Triangle pose (with two variations)
	:	Chair pose (balancing pose-to increase the concentration and focus power of children)
	:	Warrior pose/Veeerbhadrasana
	:	Veerasana
	:	Tiryak tadasana (left and right-side bend in tadasana)
August	:	Parshvakonasana
	:	Om chanting
	:	What is Om ?
	:	Benefits of Om chanting
	:	Padmasana, Ardhpadasana
	:	Vajrasana
September	:	Sukhasana
	:	Mantra chanting
	:	खद्यै चक्र खद्यै फो. लखद्यै नोसेसो जे%
	:	खद्यै I कक -j cā rLeSjh xppsue%AA
	:	Camel pose (ushtrasana)
	:	Gomukhasana
	:	Janushirshasana, pashchimottasana
:	Chakkichalanasana	

October	:	Shanit mantra (sarve bhavantu sukhinah..)
	:	Garudasana
	:	Plough pose (halasana)
	:	Butterfly pose (bhadrasana)
	:	Cobra pose (Bhujangasana)
November	:	Pranayama-definition, benefits
	:	Shalabhasana
	:	Dhanurasana
	:	Crow pose (marjaryasana)
	:	Katichakrasana, ardha katichakrasana
December	:	Bhramari pranayama
	:	Boat pose (naukasana)
	:	Mudras of hands (Gyan mudra, Anjali mudra, Chin mudra etc.)
	:	Stretching of thighs (for hanumanasana)
	:	Shavasana
	:	Supta Vajrasana
	:	Ardha matsyendrasana
January	:	Anulom vilom pranayama
	:	Meditation
	:	Deep breathing (with concentration on the movement of chest and navel)
	:	Hastottanasana (backward bending)
	:	Padhastasana (forward bending)
February	:	Surya Namaskar-Introduction and Demonstration
	:	Benefits of Surya Namaskar
	:	Chandra bhedi and surya bhedi pranayama
	:	Kapalbharti

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