



**Mount Abu Public School**

Sector 5, Rohini, New Delhi - 110085



CLASS - VI

**SYLLABUS (2024-25)**

**TOGETHER AT MOUNT ABU FOR A SUSTAINABLE FUTURE**

# **PREFACE**

Education certainly determines the quality of an individual's life. It improves one's knowledge, skills, and develops the personality and attitude. Most noteworthy, it plays a vital role in transforming people. To meet this end, Mount Abu has developed an 'Academic Plan' for all subjects. It fosters a spirit from the beginning by laying out the course of action, making it an important document. It offers a common scheme of studies, keeping in view the needs, interests, capabilities and aptitudes of the learners. Considering the changes in the socio-educational climate of the country, there is a need to identify the various ingredients and variables that ultimately determine the quality of education and its end product. In today's world of globalization marked by competitiveness and challenges, it is required more than ever before that the country sets its own standards comparable to any international standard. For this, the varied needs and potentialities of learners, diversification, and flexibility should be the major characteristics of the curriculum. The booklet contains the pattern of examination and a detailed date sheet for the whole session, which will help a tutee to prepare for assessment and evaluation with ease.

This document enables the learners to:

- Acquire scientific knowledge and apply and experiment with it.
- Identify and articulate the curriculum challenges for educating the youth for the twenty-first century.
- Know different styles of learning i.e. audio, visual, and experimental and experiential.
- Interrelate education, balancing social and emotional stimulation among children to imbibe human values.
- Be acquainted with standards and procedures for assessment.
- Pursue and have in-depth knowledge in certain games and fine art areas.

It is a curricular initiative, attempting to shift emphasis from testing to holistic learning, and provides an overview to the parents about their child's learning in school through systematic practice.

**CLASS VI-VIII (MIDDLE SCHOOL)**  
**EXAMINATION SCHEDULE FOR SESSION 2024-25**

MONTH : MAY EXAMINATION : MAY TEST SERIES				
DAYS	DATES	CLASS VI	Class VII	CLASS VIII
WEDNESDAY	08-05-2024	ENGLISH	HINDI	MATHS
FRIDAY	10-05-2024	SCIENCE	SOCIAL SC	SCIENCE
MONDAY	13-05-2024	MATHS	ENGLISH	HINDI
WEDNESDAY	15-05-2024	SOCIAL SC	SCIENCE	SOCIAL SC
FRIDAY	17-05-2024	HINDI	MATHS	ENGLISH
IT, FRENCH, SANSKRIT & KOREAN EXAMINATION WILL BE CONDUCTED DURING REGULAR SCHOOL HOURS .				
PTM-25-05-2024				

**Guidelines-**

- Regular classes will be held after each test.
- **No re-test will be conducted at any level.**
- Test will be conducted for 20 marks.
- Duration of Test will be 45 minutes.

MONTH : JULY EXAMINATION : PA -1				
DAYS	DATES	CLASS VI	Class VII	CLASS VIII
FRIDAY	19-07-2024	MATHS	ENGLISH	SCIENCE
MONDAY	22-07-2024	SOCIAL SC	SCIENCE	SOCIAL SC
THURSDAY	25-07-2024	HINDI	MATHS	ENGLISH
MONDAY	29-07-2024	ENGLISH	HINDI	MATHS
THURSDAY	01-08-2024	SCIENCE	SOCIAL SC	HINDI
IT, FRENCH, SANSKRIT & KOREAN EXAMINATION WILL BE CONDUCTED DURING REGULAR SCHOOL HOURS .				
PTM- 17-08-2024				

**Guidelines-**

- Regular classes will be held after each test.
- **No re-test will be conducted at any level.**
- First periodic will be conducted for 40 marks.
- Duration of exam will be 1.5 hour.
- 20% of the entire **syllabus** will be covered in the first periodic.
- 5% of the First Periodic will be added to the final cumulative result.

MONTH : SEPTEMBER EXAMINATION : HALF YEARLY				
DAYS	DATES	CLASS VI	Class VII	CLASS VIII
TUESDAY	17-09-2024	SOCIAL SC	FRENCH / SKT	ENGLISH
THURSDAY	19-09-2024	HINDI	MATHS	SCIENCE
SATURDAY	21-09-2024	ENGLISH	HINDI	MATHS
MONDAY	23-09-2024	SCIENCE	SOCIAL SC	FRENCH / SKT
WEDNESDAY	25-09-2024	SKT	SCIENCE	HINDI
FRIDAY	27-09-2024	MATHS	ENGLISH	SOCIAL SC
FRENCH/KOREAN (GRADE VI) & IT EXAMINATION WILL BE CONDUCTED DURING REGULAR SCHOOL HOURS				
PTM- 26-10-2024				

#### Guidelines-

- Half yearly exam will be conducted for 80 marks.
- Duration of exam will be 3 hours.
- 50% of the entire **syllabus** will be covered till the half yearly exams.
- Exam for SKILL MODULE will be conducted on REGULAR WORKING DAYS for Theory (15 marks) and Practical (project submission- 35 Marks).
- 20% weightage of half yearly will be added in cumulative annual result.

MONTH : DECEMBER EXAMINATION : PA -2				
DAYS	DATES	CLASS VI	Class VII	CLASS VIII
MONDAY	16-12-2024	SCIENCE	SOCIAL SC	FRENCH / SKT
WEDNESDAY	18-12-2024	SKT	ENGLISH	SCIENCE
FRIDAY	20-12-2024	MATHS	HINDI	SOCIAL SC
MONDAY	23-12-2024	SOCIAL SC	SCIENCE	ENGLISH
THURSDAY	26-12-2024	HINDI	MATHS	HINDI
SATURDAY	28-12-2024	ENGLISH	FRENCH / SKT	MATHS
FRENCH/KOREAN (GRADE VI) & IT EXAMINATION WILL BE CONDUCTED DURING REGULAR SCHOOL HOURS				
PTM- 18-01-2025				

#### Guidelines-

- Regular classes will be held after each test.
- **No re-test will be conducted at any level.**
- Second periodic will be conducted for 40 marks.
- Duration of exam will be 1.5 hour.
- 75% of the entire **syllabus** will be covered till second periodic.
- 15% of the Second Periodic will be added to the final cumulative result.

MONTH : FEBRUARY EXAMINATION : ANNUAL				
DAYS	DATES	CLASS VI	Class VII	CLASS VIII
FRIDAY	21-02-2024	ENGLISH	FRENCH / SKT	SCIENCE
MONDAY	24-02-2024	SOCIAL SC	MATHS	ENGLISH
THURSDAY	27-02-2024	ENGLISH	HINDI	MATHS
MONDAY	03-03-2025	SCIENCE	SOCIAL SC	FRENCH / SKT
WEDNESDAY	05-03-2025	SKT	SCIENCE	HINDI
FRIDAY	07-03-2025	MATHS	ENGLISH	SOCIAL SC
<b>FRENCH/KOREAN (GRADE VI) &amp; IT EXAMINATION WILL BE CONDUCTED DURING REGULAR SCHOOL HOURS</b>				
<b>PTM- 17-03-2025</b>				

### Guidelines

- **No re-test will be conducted at any level.**
- Yearly exams will be conducted for 80 marks and 60% weightage of the same will be taken.
- Exam for SKILL MODULE will be conducted on REGULAR WORKING DAYS for Theory (15 marks) and Practical (project submission- 35 Marks).
- Duration of exam will be 3 hours.

# ENGLISH

**COURSE BOOK : Burlington 21st Century English - 6**

**GRAMMAR : Burlington English Grammar An Electric Approach - 6**

## PERIODIC – 1

<b>APRIL</b>	<b>NO. OF PERIODS</b>
<b><u>COURSE BOOK :</u></b>	
Ch-1 : Happy Birthday	(6)
<b><u>Grammar</u></b>	
Nouns: Types	(5)
PRONOUNS	(4)
<b><u>WRITING :</u></b>	
Diary Entry	(4)

<b>MAY</b>	<b>NO. OF PERIODS</b>
<b><u>COURSE BOOK :</u></b>	
Ch-2 : The Diary	(3)
Poem 1 : The Mountain and the Squirrel [Activity Based]	(3)
<b><u>WRITING :</u></b>	
Article Writing	(2)
<b><u>ENRICHMENT ACTIVITIES :</u></b>	
1. Listening Activity [Coursebook page 19(A) and 31(A)]	
2. PPT on Festivals around the Globe	
3. Speaking Activity : Interview on 1 Unique Festival celebrated or witnessed (Unit -1 {Group Activity})	
4. Which country's Birthday Celebration resembles the most to your Birthday Celebration? Compare and write your points of similarity.	

Or

How Virtual Reality is spreading around the globe? Is it good or bad for the society ? Will it be the future ahead? Why/Why not?

Or

How does the poem 'The Mountain and the Squirrel: A Fable' explain interdependence?  
[To be Done in Integrated Project File]

## HALF YEARLY EXAMINATION

<b>JULY.</b>	<b>NO. OF PERIODS</b>
<b><u>Coursebook</u></b>	
Ch-3 : The Plateau of the Lost World	(8)
Ch-4 Balancing Act	(5)
<b><u>Grammar :</u></b>	
Articles	(4)
Present Tense : All Aspects	(4)

<b>AUGUST</b>	<b>No. Of Periods</b>
<b><u>Coursebook:</u></b>	
Ch- 5 : Fighting All Odds	(5)
Poem 2 : The Arrow and the Song	(4)
<b><u>Grammar:</u></b>	
Past Tense: All Aspects	(4)
<b><u>Writing :</u></b>	
Invitation	(3)
Message Writing	(3)

<b>SEPTEMBER</b>	<b>NO. Of Periods</b>
<b><u>Coursebook:</u></b>	

Ch - 6 : The Case Of The Missing Will	(4)
<b>Grammar:</b>	
Future Tense: All Aspects	(4)
Editing and Omission	(2)
<b>Writing:</b>	
Advertisement Designing	(2)
<b>REPEATED TOPICS :</b>	(4+4)
Nouns : Types (PA-1)	
Article Writing (PA - 1)	
The Diary (PA 1)	
The Mountain and the Squirrel (PA 1)	
<b>ENRICHMENT ACTIVITIES :</b>	
1. Speaking Activity: Keeping Fit (Coursebook Pg.60)	
2. Make your own Birthday Invitation	
3. Create a Travelogue of the favorite place you visited.	

### PERIODIC - 2

<b>October</b>	<b>NO. Of Periods</b>
<b>Coursebook:</b>	
Ch - 7 : The Race	(6)
<b>Grammar :</b>	
Conjunctions	(4)
Verbs	(4)
<b>Writing :</b>	
Formal Letter	(4)

<b>November</b>	<b>NO. Of Periods</b>
<b>Coursebook :</b>	
Ch - 8 : A Trip to Remember	(6)
Poem 3 : I Wandered Lonely as a Cloud	(5)
<b>Grammar :</b>	
Kinds Of Sentences	(5)
<b>Writing :</b>	
Bio-sketch	(4)

#### **Enrichment Activities :**

1. Research about Famous Sports Person and prepare chart of their achievements.
2. Speaking Activity: Sports that are played only in teams. Their benefits and how they are helpful in learning Skills.
3. Listening : A Song (Coursebook Page : 104)
4. Make a mind map of Different types of Sentences along with 2 examples for each.

Or

Do you think Nature and Humanity are interlinked? How? Write an article based on your assumption.

Or

Have you been to any wildlife sanctuary? What kind of animals do you find there? What would you do if a wild animal escapes from the cage and is approaching you? Write an imaginative story of your encounter with a lion confronting you in the sanctuary.

[To be done in Integrated Project File]

### ANNUAL EXAMINATION

<b>December</b>	<b>No. Of Periods</b>
<b>Coursebook :</b>	
Ch - 9 : The Mystery of the Cyber Friend[Activity Based]	(4)
Poem 4 : Stopping by Woods on a Snowy Evening	(4)
<b>Grammar :</b>	
Voices	(4)
Modals	(4)
<b>Writing</b>	
Paragraph Writing	(2)

Notice Writing (3)

**January**

**No. Of Periods**

**Coursebook :**

Ch - 10: Haircut (6)

**Grammar:**

Reported Speech (5)

Adjective (4)

**February**

Pronoun (PA 1)

Diary Entry (PA 1)

Tense (HY)

Message Writing (HY)

Editing and Omission (HY)

Conjunction (PA 2)

Bio-sketch (PA 2)

The Plateau of the Lost World (HY)

A Trip to Remember (HY)

**Enrichment Activities :**

1. Speaking Activity: After-School Club Selection (Choice and Reason) [Coursebook page-139]
2. Listening: Coursebook page- 138 and 152
3. Prepare an E-Poster on how to use Internet wisely (Coursebook Ch-9)



# हिंदी

- पाठ्यपुस्तक - 1. नंदिनी  
2. व्याकरण आलोक

## Periodic-1

### अप्रैल

	कालांश
पाठ्यपुस्तक : पाठ-1 हे प्रभु ! आनंददाता	3
पाठ-2 ईदगाह	3
व्याकरण : 1. भाषा तथा व्याकरण	2
2. ध्वनि, वर्ण तथा वर्तनी	2
3. संधि तथा संधि-विच्छेद	3
6. शब्द भंडार	
पर्यायवाची (1-13)	1
श्रुतिसमभिन्नार्थक शब्द (1-7)	1
विलोम (1-15), वाक्यांश के लिए एक शब्द (1-14)	1
अनेकार्थी (1-9)	1
लेखन कौशल : पत्र (औपचारिक) प्रधानाचार्या से संबंधित	1
चित्र वर्णन, अपठित गद्यांश	1

### कक्षा गतिविधि (मौखिक)

वर्तमान समय में ईश्वर के महत्व का प्रतिपादन करते हुए बताइए कि किस तरह से धर्म के मार्ग पर चलकर हम अपने दुर्गुणों को दूर कर सकते हैं।

### इच्छानुसार गृहकार्य (In Project File)

1. पाठ्यक्रम के अनुसार सभी पर्यायवाची शब्दों का चित्रों के माध्यम से अर्थ बताते हुए उनका वाक्य में प्रयोग करे जिससे उसका अर्थ स्पष्ट हो जाए।
2. अभी तक जिन भी लोगों को 'भारत रत्न' से सम्मानित किया जा चुका है उन लोगों की एक सूची तैयार कीजिए और उनका वर्णन देते हुए उनके चित्र भी चिपकाइए।
3. छात्र स्वयं ही अपनी कल्पना के आधार पर एक कहानी की रचना कीजिए और उस कहानी की चित्र वर्णन के माध्यम से प्रस्तुति दीजिए।

### मई

	कालांश
पाठ्यपुस्तक : पाठ-3 योग : कर्मसु कौशलम	(3)
पाठ-4 भारत रत्न - मोक्षगुण्डम विश्वेश्वरैया	(3)
व्याकरण : 4. शब्द एवं शब्द के भेद	(2)
5. उपसर्ग/ प्रत्यय	
6. शब्द भंडार	
मुहावरे (1-9), लोकोक्ति (1-5)	(1)

### कक्षा गतिविधि (मौखिक)

विद्यार्थी मिलकर 'ईदगाह' कहानी का कक्षा में नाट्य-मंचन कीजिए।

### कक्षा गतिविधि (लिखित)

योग का हमारे जीवन में क्या महत्व है ? इस पर एक कोलाज बनाइए और उसके महत्व का प्रतिपादन कीजिए। इस गतिविधि को 'प्रोजेक्ट फाइल' में कीजिए।

## Half Yearly

### जुलाई

पाठ्यपुस्तक : पाठ-5 हींगवाला	(3)
पाठ-6 रहीम के दोहे	(3)
पाठ-7 मेघों के साए में	(3)
व्याकरण : 7.संज्ञा	(2)

8. संज्ञा की व्याकरणिक कोटियाँ	(2)
9. सर्वनाम	(2)
6. शब्द भंडार	
पर्यायवाची (14-26)	(1)
विलोम (16-27)	(1)
अनेकार्थी (10-18)	(1)
श्रुतिसम्भिन्नार्थक शब्द (8-15)	(1)
वाक्यांश के लिए एक शब्द (15-26)	(1)
मुहावरे (10-20), लोकोक्ति (6-11)	(1)

### कक्षा गतिविधि (मौखिक)

सभी विद्यार्थी समूह में 'हींगवाला' कहानी का कक्षा में नाट्य-मंचन करे |

### कक्षा गतिविधि (लिखित)

रहीम एक मध्यकालीन कवि है | ऐसे ही किन्हीं दो मध्यकालीन कवियों का चरित्र-चित्रण, जीवनशैली और उनकी रचनाओं को चित्रों के द्वारा इसे प्रोजेक्ट फाइल में एक रचनात्मक गतिविधि तैयार कीजिए |

## अगस्त

पाठ्यपुस्तक : पाठ-8 पिता का पत्र पुत्री के नाम	(4)
पाठ-9 माँ, कह एक कहानी	(4)
व्याकरण : 10. विशेषण	(2)
11. क्रिया	(2)
लेखन कौशल : अनुच्छेद	(1)
डायरी (स्वयं के अनुभव)	(2)
पत्र (अनौपचारिक)	(2)
चित्र वर्णन (कहानी के रूप में)	(1)
पुनरावृत्ति : पाठ-2 ईदगाह	
डायरी	
पत्र (अनौपचारिक)	

### कक्षा गतिविधि (मौखिक)

छात्र अपने माता-पिता के साथ कहीं घूमने जाएँ | उस जगह के बारे में अपने अनुभव अपनी कक्षा के छात्रों के साथ साझा कीजिए |

## Periodic 2

## सितंबर

पाठ्यपुस्तक : पाठ-10 क्रांतिकारी बिरसा मुंडा	(3)
पाठ-11 गुरुभक्त उपमन्यु	(4)
व्याकरण : 12. सहायक क्रिया-काल	(2)
13. अव्यय व अविकारी शब्द	(4)
14. वाक्य तथा उसकी संरचना	(3)
6. शब्द भंडार	
पर्यायवाची (27-38)	(1)
विलोम (28-42)	(1)
अनेकार्थी (19-28)	(1)
श्रुतिसम्भिन्नार्थक शब्द (16-22)	(1)

### कक्षा गतिविधि (मौखिक)

सभी भाषाओं के प्रति सम्मान की भावना को जागृत करने के लिए हिंदी के अतिरिक्त किसी अन्य भारतीय भाषा में स्वपरिचय सहित कहानी सुनाइए |

### इच्छानुसार गृहकार्य (In Project File)

1. श्रुतिसम्भिन्नार्थक शब्दों का वाक्य में प्रयोग करे हुए चित्रों के माध्यम से उनके अर्थ और उनके बीच के अंतर को स्पष्ट कीजिए |

2. 'जल ही जीवन है' ऐसे और भी नारो का प्रयोग करते हुए, जल के महत्व का प्रतिपादन पर अनुच्छेद और एक कोलाज के द्वारा गतिविधि प्रस्तुत करें ।

3. दो दोस्तों के बीच अपने भविष्य की चिंता को व्यक्त करते हुए कि वह अपनी पढाई के बाद क्या करना चाहेंगे ? इस विषय पर संवाद के माध्यम से एक लिखित प्रस्तुति कीजिए ।

## अक्टूबर

पाठ्यपुस्तक : पाठ-12 जेल-जीवन के वे दिन (4)

व्याकरण : 6.शब्द भंडार  
वाक्यांश के लिए एक शब्द (27-40) (1)

मुहावरे (21-28) (1)

लोकोक्ति (12-18) (1)

लेखन कौशल : संवाद (2)

अनुच्छेद (प्रकृति पर आधारित) (2)

पत्र (औपचारिक/अनौपचारिक) (2)

### कक्षा गतिविधि (मौखिक)

मुहावरो और लोकोक्तियों के माध्यम से एक कहानी का निर्माण कीजिए और कक्षा में सुनाइए ।

### कक्षा गतिविधि (लिखित)

स्वतंत्रता-संग्राम के प्रमुख सेनानियों द्वारा दिए गए नारों को लिखकर उस पर एक लिखित गतिविधि (Project File) की प्रस्तुति कीजिए (चित्र सहित )।

## Annual Exam

## नवंबर

पाठ्यपुस्तक : पाठ-13 प्रकृति का लोकपर्व छठ महापर्व (4)

पाठ-14 एक युवा लड़की की डायरी से (4)

व्याकरण : 15. वाक्यगत अशुद्धियाँ (1)

16. विराम चिह्न (2)

6.शब्द भंडार  
पर्यायवाची (39-50) (1)

विलोम (43-57) (1)

अनेकार्थी (29-36) (1)

### कक्षा गतिविधि (मौखिक)

प्रकृति और छठ के महत्व का प्रतिपादन अपने शब्दों में कीजिए । इस पर्व के महत्व की चर्चा कक्षा में कीजिए ।

## दिसंबर

पाठ्यपुस्तक : पाठ- 15. अंधेर नगरी (4)

पाठ-16. अभी नहीं कुछ भी बिगड़ा है (4)

व्याकरण : 6.शब्द भंडार  
श्रुतिसमभिन्नार्थक शब्द (23-30) (1)

वाक्यांश के लिए एक शब्द (41-55) (1)

मुहावरे (29-38) (1)

लोकोक्ति (19-22) (1)

### कक्षा गतिविधि (मौखिक)

यदि आप राजा की जगह होते तो किस तरह अपनी प्रजा का ध्यान रखते और किस तरह की न्यायप्रणाली को अपनाते ? अपने विचार प्रस्तुत कीजिए ।

## जनवरी

### पुनरावृत्ति :

पाठ्यपुस्तक : पाठ - 1 हे प्रभु ! आनंददात

लेखन कौशल : चित्र वर्णन

अनुच्छेद

पत्र (औपचारिक)

संवाद (मित्रों के बीच)

कक्षा गतिविधि (लिखित)

समय के महत्त्व को दर्शाते हुए समय पर एक प्रेरणादायी स्वरचित कविता का निर्माण कीजिए।

**फ़रवरी**

पुनरावृत्ति :

पाठ्यपुस्तक : पाठ- 5 हींगवाला

पाठ- 12 जेल-जीवन के वे दिन

चित्र वर्णन

संवाद (मित्रों के बीच)

# MATHEMATICS

TEXTBOOK: UNIVERSAL MATHEMATICS PRIME

THINK BOOK: THINKING CLASSROOM

## Periodic 1

	No. of Periods
April: Ch 1 - Knowing Our Numbers	14
April + May: Ch 4 – Basic Geometrical Ideas	08
May: Ch 2- Whole Numbers	14

### Enrichment Activities (To be done in Maths Project File)

1. Collect information about the population and area of states of India and their capitals or of Metro cities. Tabulate the data collected and write it in the Indian System and in international systems and compare the numbers. (Ch 1) (Skill- Research, Data Analysis)
2. To reinforce the concept of prime numbers, composite numbers and square numbers through rectangular arrays. (Ch 2) (Skill-Observation, learning by doing)
3. To understand the concept of parallel and intersecting lines by paper folding. (Ch 4) (Skill-Creativity and art integration)

## Half Yearly

	No. Of Periods
July: Ch 9- Fractions	10
July + August: Ch 3- Playing with Numbers	09
Aug: Ch 8- Integers	14
Sept: Ch 13- Area and Perimeter	11
Ch 5 - Understanding Elementary Shapes (Activity Based)	03

### Repeated Chapters: Ch 2- Whole Numbers

### Enrichment Activities (To be done in Maths Project File)

1. To develop different geometrical shapes using tangram. (Ch 5) (Skill- Creativity and art integration)
2. Collect data of maximum and minimum temperature each day in Leh, Ladakh for the first week of December and organise it in a table. Find the difference in the maximum and minimum temperature each day using rules for subtraction of integers. Also, arrange the days in order from least to greatest minimum temperature during these days. (Ch 8) (Skill- Subject integration- Geography, Research)
3. To use parts of a circle to make a bird or any other animal. Then find the sum of parts used in making the picture. (Ch 9) (Skill- Creativity, Art Integration)
4. To find area of left palm impression on a graph paper by counting the number of squares. (Ch 13) (Skill- Real life connect, Learning by doing)

## Periodic 2

	No. of Periods
October: Ch 6- Practical Geometry	10

Oct + Nov: Ch 11- Algebraic Expressions 14

Nov + Dec: Ch 14- Data Handling 11

**Enrichment Activities (To be done in Maths Project File)**

1. To reinforce the concept of perpendicular bisector and angle bisector. (Ch 6) (skill- Creativity, Observation, Fine motor skills)
2. To find the HCF of two given numbers by paper cutting and pasting. (Ch 3) (Skill- Creativity and Analytical)
3. To generate a pattern from matchsticks and generate a formula for the pattern. (Ch 11) (Skill- Critical Thinking, Problem Solving)
4. Note down the number of hours you devote to studying, watching TV, playing and chatting over the phone at home. Write this information in a table. Represent this data with a bar graph. (Ch 14) (Skill- Data Analysis, Observation)

## Annual Exam

	<b>No. of Periods</b>
Dec + Jan: Ch 10- Decimals	14
Jan + Feb: Ch 12- Ratio and Proportion	14
Feb: Ch 7 - Symmetry ( <b>Activity Based</b> )	03

**Repeated Chapters: Ch 4- Basic Geometrical Ideas, Ch 11- Algebraic Expressions, Ch 8- Integers, Ch 9- Fractions**

**Enrichment Activities (To be done in Maths Project File)**

1. To collect 5 leaves, pictures of flower, fruits and similar natural things and paste them on a sheet. Draw the line of symmetry in each of them. (Ch 7) (Skill- Observation, Real life connect)
2. To perform addition and subtraction of integers using different coloured counters. (Ch 8) (Skill- Innovation and creativity)
3. Compare the given decimal numbers by marking arrows from smaller to a larger decimal. (Ch 10) (Skill- Critical Thinking, Problem Solving)
4. To understand the concept of ratios by paper cutting and pasting. (Ch 12) (Skill- Observation, Brainstorming)

## SCIENCE

**COURSE BOOK:** Splendid Science, Thinking Classroom, Wow! Science Lab manual

**APRIL.** **No. of periods**

Ch-1 – Food. 8

Ch-2 Components of Food. 11

Diagrams-

Balanced diet chart

**MAY**

Ch-3 Fiber to Fabric. 6

Diagrams-

flow chart of processing of Cotton and Jute

Ch-17, Garbage in, Garbage out. (Activity Based).

2

### **Subject Enrichment Activities-**

- Design an appealing advertisement campaign to convince people to eat more fruits and vegetables, Use eye-catching slogans and logos. (Art Integration, SDG-2) (Integrated project file)
- To test the presence of starch in a given food sample.( Practical File))
- To test the presence of fats in a given food sample.(Practical File)
- To sprout some seeds. (Demonstration, experiential learning)
- To learn weaving using coloured papers.(Classroom activity, art integration)
- Making a pom-pom using wool and a fork. (Creativity, Science project file)
- Perform a 'waste audit' for your classroom. Take two empty buckets and weigh them. Place these two buckets in your class and have everyone use one bucket for throwing biodegradable waste and the other for non-biodegradable waste. At the end of the day, weigh the buckets. Make a report on this 'waste audit' and share in the class. Also discuss what can be done to reduce waste in class. (Experiential learning)

## **HALF YEARLY**

### **JULY**

Ch-4 - Sorting materials into groups.

11

Ch-5 Separation of substances

11

#### **Diagrams-**

Sedimentation, Decantation and Filtration

### **AUGUST**

Ch-11 Measurement and motion.

10

Ch-7 Getting to know plants.

09

#### **Diagrams-**

Structure of a leaf, parts of a flower

### **SEPTEMBER**

Ch16- Air around us.

08

#### **Diagram-**

Balance of oxygen and carbon dioxide

Ch- 15 Water (Activity based).

03

#### **Repeated chapters:**

Ch-3 Fibre to Fabric.

Subject Enrichment Activities-

- To separate a mixture of iron filings and Sulphur powder using a magnet and hence classify materials as magnetic or non-magnetic. (Practical File)
- To identify whether the given substance is soluble or insoluble in water. (Practical File)
- To study the different parts of a flower. (Practical File)
- To show that handspan is not a standard unit for measuring length. (Practical File)
- Make a group PowerPoint presentation on the topic- SDG-6 (Clean water and Sanitation) (Collaboration)
- To separate a mixture of sand and water by sedimentation, decantation and filtration. (Demonstration)
- To show that different amounts of different substances can be dissolved in a given volume of water (Experiential learning)
- To measure length of curved line using a thread. (experiential learning)
- To prove that exhaled air contains carbon dioxide using lime water. (Demonstration)
- Create a beautiful pinwheel using paper and a pin. (Creativity, art integration, Classroom activity)

## PERIODIC – 2

### OCTOBER

Ch-6 Changes around us	12
Ch-8 Body movements.	06

Diagrams-

Movement in Earthworm, types of joints

### NOVEMBER

Ch-8 Body movements contd.	04
Ch-14 Light, shadows and reflections.	12

Diagrams-

Reflection of light, regular and irregular reflection, periscope

Ch-10 Living Organisms- Habitats and adaptations (Activity Based).	04
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**Subject Enrichment Activities-**

- To classify the given objects as transparent, translucent or opaque.(Practical File)
- To study endothermic and exothermic changes. (Practical File)
- To classify changes around us as physical or chemical changes. (Experiential learning)
- Yoga helps maintain bone strength, joint mobility and joint stability. Find out the names of some Yogasanas that help us in becoming more flexible as well as strengthen our joints.(Health literacy, Integrated Project file)
- To study an X-Ray image. (Demonstration)



-To show that light travels in a straight line. (Demonstration)

-Prepare a triorama on adaptations of animals in a particular habitat. (Group task) (Collaboration, art integration)

## Annual Examination

### December.

Ch-10 Living organisms- Characteristics. 12

#### Diagrams-

Process of Photosynthesis

### JANUARY- FEBRUARY

Ch-12 Electricity and circuits 12

Ch-13 Fun with magnets. 10

#### Diagrams-

Open and closed circuit, parts of an electric bulb, types of magnets

#### Repeated chapters:

Ch-2 Components of food

Ch-6 Changes around us

Ch-7 Getting to know plants

Ch-16 Air around us

#### **Subject Enrichment Activities-**

- Research about primary, secondary and tertiary consumers. Make a comparative presentation in the form of a table on "Eating habits of different types of consumers" and present it in class. (Classroom activity, art integration)

- To observe the permanent slide of amoeba under a microscope. (Experiential learning)

-To connect the various components of an electric circuit and understand its working.(Practical File)

- To classify various objects as conductors or insulators. (Demonstration)

-To show that a freely suspended bar magnet always points in the North-South direction.(Practical File)

- To check whether the given sample of soil contains iron particles or not.(Practical File)

- To show that magnetic poles have maximum magnetic power. (Demonstration)

## SOCIAL SCIENCE

COURSEBOOK: FOOTPRINTS BY MACMILLAN EDUCATION

MONTH :	SYLLABUS DETAIL	NO. OF PERIODS
APRIL		

<b>My locality - Theme</b>		
<b>My locality-Theme</b>	CH 1 – Knowing your family (project work	7
<b>My locality-Theme</b>	CH 2-Knowing your neighborhood	6
<b>My locality-Theme</b>	CH3 -Mapping your neighborhood	8
<b>MAY</b>	CH 4- Geographical region and life-Rajasthan	8
<b>SUBJECT ENRICHMENT</b>		
<p>1) Time Capsule (Knowing your family)  Work in groups and select a decade each-1950s, 1980s, and 2000s. Each group can research and present information about the same mentioned below:  Sections A and B: Occupation  Sections C and D: Lifestyle  Section E: Cuisine  Create a 'time capsule' that includes articles from the decade you have researched to represent the culture prevalent then and share it with the class.  <b>Where to do: A-3 Size sheet or cardboard</b>  <b>How to do: Group activity, presentation in class.</b></p>		
<p>2) National Education Policy (NEP), Organize a "Community Wisdom Circle." In this activity, students can interact with elders and community members to learn about their life experiences, traditional knowledge, and perspectives on various topics.  <b>Where to do: Project File</b>  <b>How to do: To be submitted individually and Oral presentation in the class</b></p>		
<b>HALF-YEAR LY</b>		
<b>July</b>		<b>NO. OF PERIODS</b>
<b>My Region-Theme</b>	CH5 - Peninsular Plateau and Coastal Plains	9
<b>AUGUST</b>		
<b>My Country Theme</b>	CH 6- Rotation and Revolution of the Earth	8
<b>My Country Theme</b>	CH 7 - Overview of the Indian Subcontinent	9
<b>SEPTEMBER</b>		
<b>My country Theme</b>	CH 10- Formation of Early states , Janapadas & Mahajanapadas	<b>10</b>
Repeated Chapter	CH 3 - Mapping your neighborhood	
<b>SUBJECT ENRICHMENT</b>		
<p>1)Role-Playing: Divide students into groups and assign each group a different Janapada or Mahajanapada. Have them research and present on the geographical location, rulers, and significant events of their assigned state.</p>		
Section A and B:	Taxila	
Section C and D:	Ujjain	
Section E:	Patliputra	

<b>Where to do: Preparation of script</b>		
<b>How to do: Presentation of the role play in the class</b>		
2) Create 3D models of the Peninsular Plateau and Coastal Plains using eco-friendly materials. They can use clay to create the elevations of the plateau and plains, etc to represent the surrounding areas.		
<b>Where to do: Model preparation to be done at home</b>		
<b>How to do: Presentation of the model in the class</b>		
<b>PERIODIC II</b>		
<b>OCTOBER</b>		<b>NO.OF PERIODS</b>
<b>My Country Theme</b>	CH8 - Overview of the Indian Subcontinent (case study)	8
<b>NOV</b>		
<b>My Country Theme</b>	Case study-The historical and cultural heritage of Madhya Pradesh.	5
	Case study-based Vocational Skills Project	3
<b>The World Theme</b>	CH 13-Japan:Geographical features	11
<b>DECEMBER</b>		
<b>My Country Theme</b>	CH 11- Emergence of First Empire	9
<b>Project work</b>		
<b>My India, My pride (Indian space program)</b>		
<b>ISRO: Pioneering India's Space Exploration Journey</b>		
<b>Introduction:</b> Explain how ISRO has marked significant milestones since its inception. From humble beginnings to becoming a global space power.		
<b>I. Objectives:</b>		
<ul style="list-style-type: none"> <li>To chronicle ISRO's achievements and contributions to India's space endeavors.</li> <li>To highlight ISRO's role in advancing space technology and exploration.</li> <li>To showcase the impact of ISRO's missions on scientific research, societal development, and international collaboration.</li> </ul>		
<b>Content should include</b>		
<ul style="list-style-type: none"> <li>Founding and early years</li> <li>Satellite Launch Capability</li> <li>Interplanetary Missions</li> <li>Human Spaceflight Program</li> <li>International Collaborations</li> <li>Technological Advancements</li> </ul>		
<b>Note:</b> This project can be further expanded with additional details, visuals, and specific mission highlights based on available resources and requirements.		
<b>Where to do:</b> Written form in project file.		
Only submission of the project file is required.		
<b>SUBJECT ENRICHMENT</b>		
1. Create a 3D map showcasing the geographical features of India, including the Sundarbans, Chilika Lake, Vindhyan mountains, and the Rann of Kachch, you can use the Map Chart website Where to do: Online Platform(3D Mapper) How to do: Oral presentation to be done individually in class.		
<b>ANNUAL</b>		
<b>JANUARY</b>		<b>NO. OF PERIODS</b>
<b>My Country Theme</b>	CH 9 - Emergence of Agriculture and its impact on society.	7

<b>My Country Theme</b>	CH12 - Emergence of New Ideas.	8
<b>The World Theme</b>	CH14 -Japan after Meiji Revolution	8
<b>FEBRUARY</b>		
<b>The World Theme</b>	CH15 - Japan:Society,Culture and Economy.	7
Repeated Chapters		
PD 1	CH2 - Knowing Your Neighborhood	
PD 2	CH 13-Japan:Geographical features	
Half-yearly	CH6 - Rotation & Revolution of Earth	
	CH8 - Formation of Early states	
<b>SUBJECT ENRICHMENT</b>		
<p>1)Imagine it is the 1950s and your father got transferred to South Africa. Being Indian, you had little knowledge about South Africa. Imagine you are new there witnessing the end of the apartheid period. Share your experience highlighting the social and economic conditions of society.</p> <p>Section A and B: Economic Conditions  Section C and D: Social Conditions  Section E: Political Conditions</p> <p><b>Where to do: PowerPoint presentation</b>  <b>How to do: Presentation of the PowerPoint in the class</b></p>		
<p>2) Agriculture Timeline: Create a timeline showing the evolution of agriculture from the earliest practices to modern farming techniques. Include key developments such as the domestication of plants and animals, the invention of tools, and the transition from hunting-gathering to settled agriculture.</p> <p>Section A and B: Domestication of Plants and Animals  Section C and D: Invention of Tools  Section E: Transition from Hunting and Gathering to Settled Agriculture</p> <p><b>Where to do: On A-3 size sheets in written form.</b>  <b>How to do: Group activity to be orally presented in class.</b></p>		

# संस्कृत

पाठ्यपुस्तक- Together with दिव्यम् भाग - 1

## Periodic – I

### अप्रैल

कालांश

पाठ - 1 संस्कृत वर्णमाला 2

पाठ - 2 शब्द-परिचयः 2

पाठ - 3 सर्वनाम - परिचयः 2

### व्याकरण

शब्दरूप- बालक, देव (पुल्लिंग) (2)

धातुरूप- पत्, पठ् (लट् लकार) (2)

कक्षा-गतिविधि- अपने परिवार के सदस्यों का परिचय देते हुए, पुल्लिंग व स्त्रीलिंग नामों को पृथक् कर, उनके नामों का वर्ण-विच्छेद करें व उनकी फोटो भी लगाइए। (वंश वृक्ष )

### मई

पाठ-4 धातु-परिचयः (2)

### व्याकरण

धातुरूप- दृश्, अस् (लट् लकार) (2)

## Half-Yearly

### जुलाई

पाठ - 5 प्रथम पुरुषः (2)

पाठ - 6 मध्यम पुरुषः (2)

पाठ - 7 उत्तम पुरुषः (2)

### व्याकरण

शब्दरूप - रमा, लता (स्त्रीलिंग) (2)

धातुरूप - नी, स्था (लट् लकार) (2)

कक्षा-गतिविधि कक्षा को तीन भागों में विभक्त किया जाएगा व तीनों समूहों से एक-एक पुरुष संबंधी वाक्य सुने जाएंगे।

### अगस्त

पाठ 8 अव्ययपदानि	(2)
पाठ 9 कारक - परिचयः	(2)
पाठ 10 कर्ताकारकः	(2)

#### व्याकरण

धातुरूप - पठ, गम (लट् लकार) पा	(1)
शब्दरूप - साधु	(1)
संख्या- 1-10	(1)
अपठित गद्यांश	(2)

### Periodic II

#### सितंबर

पाठ - 11 कर्मकारकः	(2)
पाठ - 12 करणकारकः	(2)
पाठ - 13 संप्रदान कारकः	(2)

#### व्याकरण

शब्दरूप - मुनि, साधू	(2)
धातुरूप- कृ, वस् (लट् लकार)	(2)

#### अक्टूबर

पाठ - 14 अपादानकारकः	(2)
पाठ 15 संबंधकारकः	(2)

#### व्याकरण

अपठित गद्यांश	(2)
सामान्य अशुद्धियाँ	(2)

कक्षा गतिविधि कोई दो श्लोक (नीतिपरक) कण्ठस्थ कर अर्थसहित कक्षा में प्रस्तुत करें।

### ANNUAL EXAM

#### नवंबर

पाठ-16 अधिकरण कारकः	(2)
पाठ - 17 संबोधन	(2)

#### व्याकरण

शब्दरूप - अस्मद् , युष्मद् (1)

धातुरूप - नम्, नृत् (2)

कक्षा-गतिविधि कोई दो छात्र 'वृक्षाणां महत्त्वं' विषय पर सामान्य वार्तालाप करें। (केवल संस्कृतभाषा में)

## दिसंबर

पाठ - 18 सुभाषितानि (2)

पाठ - 19 मम परिवारः (2)

### व्याकरण

शब्दरूप - कवि (2)

धातुरूप - पा, नृत् (2)

संख्या 11-20 (1)

## जनवरी

पाठ 20 लृट् लकारः (2)

### व्याकरण

शब्दरूप - फलम्, सर्व (1)

अपठित गद्यांश (1)

पठित गद्यांश (2)

कक्षा गतिविधि: कोई पाँच सूक्तियाँ अर्थसहित लिखें। जिसे आप कक्षा में प्रस्तुत भी कर सकें।

वार्षिक परीक्षा हेतु पुनरावृत्ति

# **FRENCH**

COURSE BOOK: **MAESTRO 1!**

## **Periodic-1**

Leçon- 1 Bonjour!

Leçon- 2 Abécédoire

Linguistiques : Les mots transparents, Les Salutations, L'Alphabet, Les Nombres de 0 à 20

Socioculturels : Distinguer le « tu » du « vous », Demander poliment, Identifier des personnes célèbres

Écriture : Présentez-vous

Culture et Civilisation : Connaître bien la France !

Les Activités : 1. Faites une carte d'identité

2. Se Présenter dans la classe

## **HALF YEARLY**

Leçon- 3 késako?

Leçon- 4 Beau ou Belle

Leçon- 5 Mon Sac, Mon Anniversaire !

Leçon- 2 Abécédoire

Linguistiques : Nommer des objets et des personnes, les articles indéfinis, Les pronoms sujets, Le verbe « être », Les adjectifs de qualificatifs, L'expression « il y a », Les mois de l'année, Les Jours de la semaine, L'Alphabet, Les Nombres de 0 à 20

Socioculturels : identifier des personnes célèbres, la chanson d'anniversaire en français, Demander poliment

Écriture : Présentez quelqu'un , Préparez votre fiche d'identité

Culture et Civilisation : Les 5 plus grandes villes de France, Connaître bien la France!

Les Activités : 1. Faites une carte d'anniversaire

2. Décrire votre cartable

## **PERIODIC -2**

Leçon- 6 Sage à cet âge

Leçon- 7 Ta nationalité est ta personnalité

Linguistiques : Le verbe « avoir », Différencier les verbes être et avoir, Les Pays, Différencier les articles définis et les articles indéfinis

Socioculturels : Les mots de politesse, Identifier des personnes célèbres

Écriture : Présentez votre camarade

Culture et Civilisation : Les 5 monuments les plus visités de Paris!

Les Activités : 1. Décrivez une célébrité française

2. Faites votre arbre généalogique

## **ANNUAL EXAMINATION**

Leçon- 8 Bleu, Blanc, Rouge

Leçon- 9 La famille, ça te dit?

Leçon- 1 Bonjour!

Leçon- 5 Mon Sac, Mon Anniversaire !

Leçon- 7 Ta nationalité est ta personnalité



Linguistiques : Les verbes «er », Les couleurs, Les matières de l'école, Les membres de la famille, Les professions/Les matiers, Les nombres 71 à 100, Les pays, Différencier les articles définis et les indéfinis, les mots transparents, Les Salutations, L'expression il y a, Les mois de l'année, Les Jours de la semaine

Socioculturels : L'arbre généalogique, identifier des personnes célèbres, la chanson d'anniversaire en français, Distinguer le « tu » du « vous »

Écriture : Présentez votre famille, Présentez quelqu'un

Culture et Civilisation : Les 5 éléments symboliques qui représente la France, Les 5 monuments les plus visités de Paris ! Les 5 plus grandes villes de France.

Les Activités : 1. Jeu de rôle

2. Regarder la vidéo et répondez aux questions

# ICT

## Periodic Assessment-1

<b>Chapter – 1</b> Fundamentals of Computer	4
<b>Chapter – 2</b> Formulas and Function in Excel 2021	5
Activity1- Create a table in Ms- Excel stating the student’s details, marks and calculate the average of the marks entered.	
Activity2- Calculate the percentage of the children, entering the marks of 5 subjects.	

## Half yearly

### Theory

<b>Chapter – 2</b> Formulas and Function in Excel 2021 ( <b>Repeated</b> )	1
<b>Chapter – 3</b> Charts in Excel 2021	4
<b>Chapter – 4</b> Introduction to Adobe Animate 2021	4
<b>Chapter – 6</b> Learn HTML5 and CSS3	3

Activity1 – Create a monthly expenditure of the house in Ms- excel.  
Activity2- Open Adobe Animate 2021 and draw then pictures.

### Practical

<b>Chapter – 5</b> More on Adobe Animate 2021	
<b>Chapter – 6</b> Learn HTML5 and CSS3	

## Periodic Assessment-2

<b>Chapter – 7</b> Formatting a Web Page	4
<b>Chapter – 8</b> Internet Services	4
Activity1- Create a blog on the internet and publish an article “AI is a boon or bane”	
Activity2- Write the HTML code and create a web page on “School Exhibition”	

## Annual

### Theory

<b>Chapter – 8</b> Internet Services ( <b>Repeated</b> )	1
<b>Chapter – 9</b> Algorithm, flowchart and Mind maps	4
<b>Chapter – 10</b> Introduction to Python	6
<b>Chapter – 11</b> Intelligence and AI Approaches	3

Activity1- Write an algorithm for the following: - to calculate the factorial of a number.  
Activity2- Write a python program to calculate the multiplication of 2 numbers.  
Activity3- List down the various types of Intelligence.

### Practical

<b>Chapter – 10</b> Introduction to Python	
<b>Chapter – 6</b> Learn HTML5 and CSS3	

# KOREAN

Korean alphabet (consonants and vowels), classroom expressions, Korean greetings and expressions for daily use, history and culture of Korea

# ART

## **COURSEBOOK: ARTIST IN ME**

**April:** Object drawing (Pg No- 6 to 18) with the help of oil pastel colors

Vegetable study with the help of watercolors (Pg No- 19 & 20)

**May:** Animal study, Nature study (Pg No- 21 to 29)

**July:** Nature study (tree, flowers, fruits) (Pg No- 30 to 39) with the help of watercolors

Bird study with the help of black ink pen (Pg No- 40)

**August:** Animal Study with the help of ink pen (Pg No- 43)

Geometrical shapes and still life (Pg No- 44 & 45) with the help of pencil

**September:** Environment based art and activities- landscape (Pg No- 47-50)

Parts of face (Pg No- 52-55) with the help of pencil

**October:** Human based art and activities- face study (Pg No-56-58) figures, life study, cartoon drawing (Pg No-59-63) with the help of pencil, pen and ink

**November:**Composition (Pg No-67-70)

**December:** Tradition based art festivals, historical monuments, mandala art (Pg No- 71-75)

**January:** Poster design (Pg No-76-77), save water and global warming

**February:** Completion and submission of file

# GENERAL KNOWLEDGE

COURSEBOOK:	<b>Knowledge + For Class 6</b>	
MONTH :	SYLLABUS DETAIL	
<b>Periodic 1</b>		
<b>April</b>	Chapter 1- Old Names, New Names	
	Chapter 2- Which is which?	
	Chapter 5- Art and Craft	
	Chapter 6- World of sports	
<b>May</b>	Chapter 10- Book and Authors	
	Chapter 11- Word Fun	
	Chapter 14- Food from Around the World	
	Chapter 15- Brands and logos	
	Chapter 20- Around India	
<b>Half- Yearly</b>		
<b>July</b>	Chapter 21- The northern States	
	Chapter 24- Asia	
<b>August</b>	Chapter 25- Europe	
	Chapter 32- Insects, spiders and others	
	Chapter 33- Mammals	
	Chapter 39- Our solar system	
<b>September</b>	Chapter 40- Inventions and Discoveries	
	Chapter 44- Strange but interesting	
	Chapter 45- Chronology	
<b>Periodic 2</b>		
<b>October</b>	Chapter 3- Acronyms	
	Chapter 4- Sobriquets	
	Chapter 7- Athletics at the Olympics	
	Chapter 8- Indian Music	
<b>November</b>	Chapter 12- Languages	
	Chapter 13- Borrowed Words	
	Chapter 16- Parts of a ship	
	Chapter 17- Railways	
<b>December</b>	Chapter 18- Currency	
	Chapter 19- Awards and Honors	
	Chapter 22- The Western States	

	Chapter 26- People of Asia and Europe	
<b>Annual Exam</b>		
<b>December</b>	Chapter 27- Countries, Capitals and More	
	Chapter 28- Ancient Civilizations	
<b>January</b>	Chapter 29- empires	
	Chapter 30- Timeline of Monuments	
	Chapter 34- Monkeys and Apes	
	Chapter 35- The Art of Living	
	Chapter36- Endangered Animals	
<b>February</b>	Chapter 37- Environment	
	Chapter 41- Computers	
	Chapter 42- Everyday Science	
	Chapter 43- Measures	
	Chapter 46- Name Chain	
	Chapter 47- Largest, Smallest ...	

# GCC

COURSEBOOK:	Global Citizenship Grade VI
MONTH:	SYLLABUS DETAIL
<b>April + May</b>	Unit 1 - Classroom Constitution
	Task 1: All About Power
	Task 2: Creation of a Classroom Constitution
	Unit 2 - Complex Cultural Identities
	Task 1: Shared Identity
	Task 2: Identity Mind Mapping
	Unit 2 - Complex Cultural Identity
Task 3: Walk down the Memory Lane	
Unit 3 - World Values of respect and freedom	
Task 1: Stick the Similarities	
Task 2: A letter to Pen's Friend	
<b>July</b>	Unit 4 - The Commons
	Task 1: Common in Movie Time
	Task 2: The Challenges of the Commons
	Task 3: Commons in my School
<b>August</b>	Unit 4- The Commons
	Task 4: Air Pollution in Delhi
	Task 5: Tragedy of Delhi
Unit 5 - Civil Society and Civic Participation	
Task 1: Be the Change	
<b>September</b>	Unit 5 - Civil Society and Civic Participation
	Task 2: Relating with Community
	Task 3: This is Hero Time
	Task 4: Sharing and Caring
<b>October</b>	Unit 6 - Comparative Study of Three Branches of Government
	Part 1 (India)
	Task 1: Mighty levels of the government
	Task 2: Indian Preamble
	Task 3: Current Events and three branches of the Government
Task 4: Visit to Parliament Museum	
<b>November</b>	Part 2 (South Korea)
	Task 1: Introduction to British System of Government

	Task 2: Government of United Kingdom
	Task 3: Comparative Study
<b>December</b>	Part 3 (Sri Lanka) Task 1: Government in Sri Lanka
	Task 2: Comparative Study
	Unit 7 - Justice and Fairness Task 1: My Experience
<b>January</b>	Unit 7 - Justice and Fairness Task 2: Code Talkers
	Task 3: Comparative Study
	Task 4: UN Declaration on Rights
	Task 5: Quick Food Guide

# **SAFETY TROOPS**

COURSEBOOK:	Safety Troops
MONTH:	SYLLABUS DETAIL
<b>April + May</b>	<b>Unit-1-MY BODY RIGHTS</b>
	1.What are Body Rights?
	2. Consent and Boundaries
	Activity-1 (Making My Boundaries Clear)
	3.Body Ownership
	4. My Private Parts
	5. Our and Others' Space Bubbles
	Activity-2 (My Personal Space)
	6.Trust Your Gut Feeling
	7.Safe and Unsafe Secrets
<b>July</b>	<b>Unit-2-HEALTHY BODY IMAGE AND SELF-ESTEEM</b>
	1. Growing Up
	Activity-1 (My View of Me!)
	2. What is Body Image?
	Activity-2 (Body Gratitude Worksheet)
	3. What is Self-Esteem?
	Activity-3 (My Goal Ladder)
	Activity-4 (I am Special and Unique)
<b>August</b>	<b>Unit-3-MANAGING TEST ANXIETY</b>
	1.What is Anxiety?
	Activity-1 (Anxiety and My Body)
	Activity-2 (My Anxiety Thermometer)
	2.Understanding Test Anxiety
	3.Combating Test Anxiety
	Activity-3 (Anxiety Coping Statements)
	Activity-4 (Anxiety Hot Spots)
<b>Sept + Oct</b>	<b>Unit-4-DEALING WITH PEER PRESSUR</b>
	1. Who are Peers?
	Activity-1 (Describing a Friend)
	2. Positive Peer Support



	Activity-2 (All About My Best Friend)
	3. Sammi and Her Peers
	Activity-3 (Let us Reflect)
	4. Negative Peer Pressure
	Activity-4 (Sammi Needs Your Help)
	5. Saying 'No' Makes Me Feel Anxious...
	6. Healthy and Unhealthy Friendships
	Activity 5 (Friend or Not?)
<b>November</b>	<b>Unit-5-POWER OF POSITIVE EMOTIONS</b>
	1. What are Emotions?
	2. What are Positive Emotions and How do They Help Us?
	3. How do Negative Emotions Help Us?
	Activity-1 (Dealing with Emotions)
	4. How can You Increase Positive Emotions? g
	Activity-2 (The 'Perfect Memory?')
<b>December</b>	<b>Unit-6-BEING SAFE ONLINE</b>
	1. Internet and Its Benefits
	Activity-1 (What do you do on the Internet) go on the Inte
	2. Sara's Story
	3. Let us Reflect
	4. Why do We Need to Keep Ourselves Safe Online? eld
	5. Why does Our Digital Footprint Matter?
	6. Safe Digital Citizen
	7. Online Hacking
	8. Inappropriate Content
	9. Cyberbullying
	Activity-2 (Be 'Smart' Online)
<b>January</b>	<b>Unit-7-INTRODUCTION TO BULLYING</b>
	1. What is Bullying?
	Activity-1 (How does it Feel to be Bullied?)
	2. What do we do When We Get Bullied?
<b>February</b>	<b>Unit-8-SAFEGUARDING AGAINST CYBERBULLYING</b>
	1. What is Cyberbullying and how is it Different from Bullying?

	2. Cyberbullying and Its Types
	Activity-1 (The Cyberbullying Police)
	2. Preventing and Dealing with Cyberbullying
	Activity-2 (What will You Do?)
	4. Safe Online Habits - Tips
	Activity-3 (Choose the Safest Course of Action!)

# ATL

Month: Syllabus Detail

**April:** Basic Electronic - Paper circuits

Introduction of Breadboard

Introduction of Series and parallel circuit

Traffic Light circuit with switch

**May:** Introduction of DIY Grabber

Robotic Arm

Introduction of Design and Printing

Design and print 3D Keychain

**July:** Design and 3D print cup

How to I spend day- What is data?

"Design and Entrepreneurial Thinking Re- design Auto Rickshaw"

Final Project- ATL Lab

**August:** Introduction of Microcontrollers

Introduction of Sensors

Automatic Street Light using LDR

Solar powered electric Fan

**September:** Introduction of Arduino

Introduction of Tinkercad

Activity- Led blinking

Introduction of Arduino Ide

**October:** Introduction of Hydraulic lift

Introduction of Biomimicry

Introduction to Rockets

Design and print 3D rocket

**November:** Ohm's Law and how to use Multimeter

7 Segment Display

Sensors and Actuators using Arduino

Temperature sensor based monitoring system

**December:** ESP 32 Basics

Sensor Interfacing with ESP32

Control led using ESP32

Ldr interfacing with ESP32

**January:** IOT based weather Monitoring System

Introduction of Robotics

Design and print 3D model

Make our own bird house

**February:** Sustainable Home Model

Sustainable Village Model

## VOCAL MUSIC

Month:	Syllabus Detail
<b>April</b>	1.Hindi Prayer (Ek Tu Hi Bharosa)
	2.Baisakhi Celebration
	3.School Song
	Inter – School Competition
<b>May</b>	1.Mother’s Day Celebration
	2.Hindi Prayer ( Alokith Path Karo)
<b>July</b>	1.Alankaar (1 to 3)
	2.Environmental Song
	3.Guru Purnima Celebration
	Zonal & Inter – School Celebration
<b>August</b>	1.Independence Day Celebration
	2.Raksha Bandhan Celebration
	3.Janmashtami Celebration
<b>Sept</b>	1.Hindi Prayer (He Prabhu Hum Par)
	2.Ganesh Chaturthi Celebration
	3.National Song (Vande Matram 1 & 2)
<b>October</b>	1.Gandhi Jayanti Celebration
	2.National Song (3 & 4)
	3.Dussehra Celebration
<b>November</b>	1.Diwali Celebration
	2.Children’s Day Celebration
	3.Guru Nanak Jayanti Celebration
<b>December</b>	1.Christmas Celebration
	2.Alankaar (4 to 8)
<b>January</b>	1.Republic Day Celebration
	2.Sargam Geet (Raag Bhopali )
	3.Lohri Celebration
<b>February</b>	1.Shivratri Celebration
	2.Basant Panchami Celebration
	3.Annual Assessment

# INSTRUMENTAL MUSIC

**APRIL:** Introduction of Tabla and various parts of it.

Brief intro about Indian music and the importance of Tabla in it.

Basic introduction of Djembe.

Starting with the simple 4/4 rhythm pattern.

Revision of previous lessons (if any)

Basic 'Part Practice' no 1 & no 2

**MAY:** Revision of the first 2 'Part Practice' and teach no 3 & no 4.

Basic rhythm patterns on Djembe.

**JULY:** Revision of all the previous tasks.

Some new 4/4 rhythm patterns on Djembe.

**AUGUST:** Revision of all the previous tasks.

Basic rhythm patterns on Congo.

**SEPTEMBER:** Revision of all previous tasks and assessment on the basis of that.

**OCTOBER:** Starting basic Kaida of Teentaal on Tabla.

Definition of various terms in Tabla.

**NOVEMBER:** Continuation of the kaida.

Different rhythm patterns in 8 beats on Djembe.

**DECEMBER:** Basic 'Theka' of 'Keherwa' (8 beats) to the Tabla students.

Different rhythm patterns of 8 beats on Congo.

**JANUARY:** Basic rhythm pattern of 6 beats on Djembe.

Basic rhythm pattern of 6 beats on Congo.

Basic rhythm pattern of 'Dadra'(6 beats) on Tabla.

**FEBRUARY:** Revision of previous tasks and annual assessment.

# DANCE

**April + May:** Introduction of Indian classical and folk dance

Introduction taal teen taal padhant- theka tali khali

Tatkar (Footwork) Eakgun, dugun chougun

**July + August:** Tatkar ki tihai

Hastak Practice

Tatkar with hastak

Hast mudra practice

**Oct + Nov:** Tukda

Toda, tihai

Lay baat

Padhant- tali khali vibhag avartan

knowledge of kathak dance gharanas, basic kathak abhinaya rasa

**Dec + Jan:** Practice of Indian folk dance, basic steps, information

**February:** Guru Vandana

# **PHYSICAL EDUCATION**

## **BADMINTON**

April: -	Physical exercise, basic rules and regulations of badminton
May: -	Physical exercise, gripping of racket and forehand shot, how to serve
July: -	Physical exercise, back hand shot as well as forehand shot with toss
August: -	Forehand toss, back hand shot with drop shot
September: -	Foot work with all strokes I.e. forehand, back hand, lifting the shuttle
October: -	Physical exercise, with one-on-one play with proper servicing strokes
November: -	Knockout matches within classes with all strokes
December: -	Proper smash, how to lift the smash
January: -	Matches between the students with a proper rules and regulation

## **CRICKET**

April:	physical exercise, still head position
May:	proper defense
July:	shadow practice, forward defense
August:	backfoot defense, shadow backfoot
September:	straight drive- running b/w the wicket
October:	cover drive- catching practices
November:	on drive - fielding practice
December:	strategy of match with all types of shots and defense
January:	playing proper matches with rules

## **ARCHERY**

April: -	Physical exercise, basic rules and regulations of Archery
May: -	Nine Steps to the Archery
	1.Stance.
	2.Nock the arrow.



3. Set your grip.
4. Predraw your bow.
5. Draw your bow.
6. Anchor.
7. Aim.
8. Release.
9. Followthrough

**July: -** Physical exercise, Stance, Nocking, Set-up, Predraw, Draw, Anchor, Aim, Release, and Follow-through.

**August: -** Bow Draw and Shooting 10 Miter

**September: -** physical exercise and distance practice

**October: -** Physical exercise, and tournament practice

**November: -** distance and tournament practice and physical exercise

**December: -** distance and tournament practice and physical exercise

**January: -** distance and tournament practice and physical exercise

## YOGA

**April:** Introduction of Yoga

Yoga for children

SukshmaVyayama (Minor joint movement practices)

\* Griva Shakti Vikasak Kriya (I, II and III)

\* PurnaBhuja Shakti Vikasak Kriya (I, II and III)

\* Kata Shakti Vikasak (I, II, III and IV)

Asanas

* Introduction to Asanas	* Tadasana	* Tiryakatadasana	
Hastotanasana	* Trikonasana	* Vrikshansana	*

**May:** Chanting of Om

SukshmaVyayama

\* Jangha Shakti Vikasak (chair pose)      \* Pindali Shakti Vikasak

\* Pada Mula Shakti Vikasak

Asanas

* Padhastasan	* Katichakrasana	* Veerbhadrasana I
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\* Veerbhadrasana II

\* Vrikshasana Pranayama (Benefits of Pranayama, Importance of Pranayama)

\* Shitkari \* Sheetali

July:

Recitation of Hymns from Upanishads and Yoga Texts

Asanas

\* Ardhakatichakrasana \* Dandasana \* Natrajasana \* Ardhpadmasana

Pranayama \* AnulomVilom

Breath meditation

August:

Asanas

\* Vajrasana \* Dadmasana \* BaddhaKonasana \* Parshavkarasana

\* Trikonasana/Triangle pose Pranayama \* Chandra bhedi \* Surya bhedi

Meditation

September:

Asanas

\* Janushirshasana \* Paschimotanasana \* Purvottanasana

\* Vakrasana \* Ardhmatsendsyasana Pranayama \* Bhramari Taratuka

October:

Introduction: Surya Namaskar

Asanas

\* Gomukhasana \* Mandukasana \* Kurmasana \* Naukasana

Pranayama

\* Bhastrika Meditation

November:

SURYA NAMASKAR/ASANAS

\* Bhujangasana (Various steps) \* Dhanurasan \* Ushtrasana

\* Sashankasana Pranayama

\* Nadishodhan \* Bhramari Meditation

December:

SURYA NAMASKAR

\* Suptvajrasan \* Halasan \* Sarvangasana \* Setubandhasana Meditation

\* Om Chanting \* Breathing

January:

Surya Namaskar Asanas

\* Marjaryasana \* Chakkichalasan \* Naukachalasan Pranayama

\* Kapalbharti Meditation \* Om chanting \* Breathe Meditation

\* Mudras of Hand February Surya Namaskar Asanas \* Chakrasana

\* Hastikshundasana \* Mahavirasana

\* Pawanmuktasana Pranayam Kapalbharti

\* Mudra

# COUNSELLING

<b>Month</b>	<b>Topic/ class talks. shall be aided with audio visual clips).</b>	<b>Lessons/ specific skills.</b>
<b>Apr:</b>	*Exam stress and anxiety management.* ,Behavioral issues in adolescents and how to deal with.	.Emotional regulation .self regulation .Better mental health
<b>May:</b>	Believe in yourself (self esteem checklist.) Power of positive self talk.	. Self believe and social skills. Awareness Mindfulness.
<b>June:</b>	* Resilience building * self efficacy.	Better peer connection, personality development.
<b>July:</b>	Following instructions ( mentors/ parents). *Empathy building.	A better citizen , kindness and support.
<b>Aug:</b>	*Ego vs real self * Time management	Emotional regulation and habit formation.
<b>Sep:</b>	*Tiny changes leads to remarkable results. *Anti bullying.	Social skills and leadership. Responsibility.
<b>Oct:</b>	*Emotional Regulation Stress management	Self efficacy, getting rid of negative emotions.
<b>Nov:</b>	*tough times never last ..tough people do. *Team work and leadership.	Sincerity and punctuality. Better relationship.
<b>Dec:</b>	Code of conduct( not to use abusive language. *Discipline is destiny.	.Goal and vision setting Confidence.
<b>Jan:</b>	*Personality development. *Gender equality and respect.	Understanding people and opinion ,healthy disagreement.
<b>Feb:</b>	Gratitude letter. .Gender equality and respect.	A better version of oneself compassion intelligence.

# VISION N 21st Century

Redefining The Future

*Together building a community of  
"Future Ready Global Citizens"*

## 21<sup>ST</sup> CENTURY SKILLS :

A framework for success in life

## COGNITIVE DEVELOPMENT :

The science of knowing and the art learning

## EXCELLENCE IN ALL WE DO, AND ALL WE ARE :

Opening up a world of opportunity

## GLOBAL CITIZENSHIP :

Together for sustainable future



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