



Dear Families

Namaskar!

We are excited to announce that Mount Abu Public School will be hosting Anti-Bullying Awareness Week from August 27th to 30th, 2024, for learners in grades IX-XII. This initiative aims to create a movement to stop or prevent bullying in all its forms.

Bullying is a serious issue that can cause a power imbalance, making individuals feel threatened, assaulted, or intimidated. With the rise of bullying incidents in society, including cyberbullying and inappropriate behavior, it's essential to address this issue.

During Anti-Bullying Awareness Week, we have organized various programs, including:

- Sessions by anti-bullying experts
- Poster designing competitions
- Talks by educators and learners in assembly
- Featured videos during break time
- Awareness activities in zero period
- Practicing the THINK strategy for mindful communication
- Grade-wise projects
- Signing of code of conduct and guidelines issued by DOE

We request parents to:

- Discuss bullying with their ward
- Share personal stories about bullying
- Help children distinguish between teasing and taunting
- Encourage inclusive behavior
- Read books about bullying with their ward

Let's work together to create a happy and healthy society for all our kids.

Thank you for your support.

Best regards

Jyoti Arora  
Principal