



Mount Abu Public School

Sector 5, Rohini, New Delhi - 110085

MONTHLY NEWSLETTER: JUNE-JULY 2025

SECONDARY LEVEL

**THE FUTURE BELONGS TO THOSE WHO
BELIEVE IN THE BEAUTY OF THEIR DREAMS."**

– ELEANOR ROOSEVELT



Dear Mount Abu Learning Family
Namaste!

As the school springs back to life with the presence of our curious young minds, devoted educators and ever-supportive parents, I'm reminded of a powerful truth — education is not just about filling minds, it's about lighting fires.

What a joy it is to witness our learners returning with eyes full of dreams and hearts ready to grow. The corridors are once again echoing with purpose, passion, and possibility. Our learners are not just back — they are blooming.

Our educators, are shaping tomorrow's legends and are creating learning experiences that go beyond textbooks — sessions that awaken confidence, fuel creativity, and instill resilience. Because we believe education must not only inform, it must transform.

To our dear parents, your trust and partnership are our greatest strength. In this shared journey, we're not just building scholars — we're nurturing human beings of character, compassion, and courage.

Let us keep reminding ourselves: Every day is a gift. Every learner is a light. And every moment in school is a chance to make magic.

Together, let's continue to rise — as a school, as a family, and as a force for good.

With gratitude and purpose

Dr. Jyoti Arora

Principal

Mount Abu Public School

GLOBAL CITIZENSHIP EXCHANGE: VISIT TO SEYCHELLES

Mount Abu School's delegation embarked on a vibrant Global Citizenship journey in Seychelles. From tasting Indo-Creole cuisine to witnessing eco-friendly campuses and cultural performances, the visit blended learning, friendship, and sustainability — strengthened by the Ministry of Education's support and a shared Indo-Seychellois spirit of collaboration.



TAEKWONDO TALES: A CULTURAL EXCHANGE WITH KOREA

On 3 June 2025, Mount Abu School participated in the “Taekwondo: Facing the World” exhibition at the Korean Cultural Centre, Delhi. Led by Principal Dr Jyoti Arora, who addressed the gathering, our learners and educators experienced powerful Taekwondo demonstrations and cultural showcases, celebrating Indo-Korean friendship, martial arts mastery, and global citizenship.



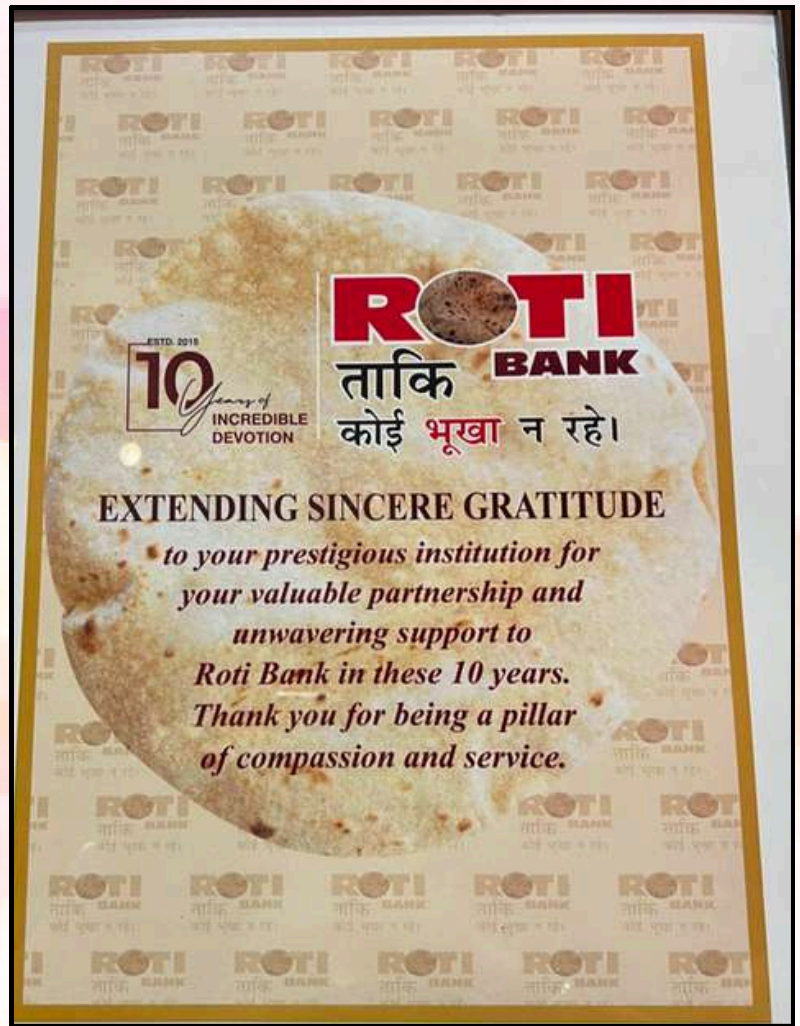
BREATHE. BALANCE. BLOOM: YOGA DAY AT MOUNT ABU

On 21 June 2025, the vibrant learning community of Mount Abu School celebrated International Yoga Day with unity and enthusiasm. Learners, educators, and leadership performed yoga together, promoting wellness and mindfulness. The event also engaged international community partners, reflecting yoga's global relevance and its role in fostering holistic well-being and inner harmony.



TEN YEARS OF SERVICE, TEN YEARS OF SMILES ROTI BANK AND MOUNT ABU: A PARTNERSHIP IN CARE

On 30 June 2025, Mount Abu School marked 10 years of Roti Bank, celebrating a decade of compassion and community service. Led by Shri Raj Kumar Bhatia, MLA–Adarsh Nagar, the initiative thrives on daily contributions from learners, educators, and families, fostering hope, shared humanity, and lasting social impact.



SUGAR: A SILENT KILLER

Learners explored the harmful effects of sugar through research and discussion, uncovering links to memory loss, kidney disease, and weight gain. They discovered ways to make healthier choices and become sugar smart. Their findings were creatively displayed on a vibrant bulletin board, raising awareness and encouraging the school community to prioritise health over sugar.



ECO WARRIORS IN ACTION: FROM PLANTATION TO POSTERS!

On 3 July 2025, the Eco Club for Mission LiFE organised Van Mahotsav for Grade IX and X. Learners planted medicinal herbs, made posters, documented plants digitally, and attended an awareness session, fostering ecological responsibility, creativity, and sustainable values.



MOUNT ABU LEARNERS AT INDO-RWANDAN CULTURAL NIGHT

On 9 July 2025, Mount Abu School's Global learners attended the Indo-Rwandan Cultural Night in New Delhi, hosted by the High Commission of Rwanda. The evening beautifully blended Rwandan traditions with Indian culture, celebrating unity in diversity, showcasing rich heritage, and strengthening global friendship through vibrant performances that highlighted the spirit of cultural exchange.



WHERE PAST MEETS PRESENT: HERITAGE CLUB'S HISTORIC DAY OUT

On 11 July 2025 – Mount Abu Public School organised a visit to the revived Sheesh Mahal of Shalimar Bagh, shining anew after 370 years. Amid the monsoon's charm, Heritage Club learners experienced history reborn. Surrounded by lush greenery and rainfall, the moment transformed heritage from memory into a living legacy, celebrating the timeless bond between past, nature, and community.



FILMS THAT TEACH: LEARNERS EMBRACE THE POWER OF COMPASSION

On 14 July 2025, Grades IX–XII learners attended a screening of *Sitaare Zameen Par*. The film's powerful message on empathy, kindness, and respect for specially-abled individuals inspired them to embrace inclusivity, appreciate diverse strengths, and foster understanding, compassion, and acceptance in their daily interactions with people from all walks of life.



MOUNT ABU HOSTS STEM AND IOT WORKSHOP WITH NITI AAYOG MENTOR

On 18 July 2025, Mount Abu hosted a STEM session and an IoT workshop at ATL in collaboration with a NITI Aayog Mentor of Change. Learners explored robotics, coding, sustainable engineering, and IoT applications through hands-on experiments, model-making, and demonstrations with ESP8266 and NodeMCU. The sessions fostered curiosity, innovation, collaboration, and future-ready problem-solving among learners.



MOUNT ABU NURTURES PRIDE AND PURPOSE ON APPRECIATION DAY

On 20 July 2025, Mount Abu celebrated Appreciation Day with Shri Ravindra Indraj Singh Ji, Honourable Cabinet Minister, Government of NCT Delhi. Learners from pre-primary to Grade 12 and alumni were honoured for excellence. Also, the cherished tradition “Ek Ped Maa Ke Naam” symbolized gratitude and sustainability, while Principal Dr. Jyoti Arora emphasized healthy habits and holistic development.



TRAINING THE BRAIN: GRADE IX EXPLORES THE POWER OF POSITIVE THINKING

On 21 July 2025, Grade IX learners joined their first Hello Life session with Ms. Tanvi, exploring the idea of the good and bad brain. Engaging discussions and a short meditation highlighted how positive thoughts nurture a healthy mindset, promoting focus, calmness, mindfulness, and overall emotional well-being in daily life.



MOUNT ABU LEARNERS SPARK JOY WITH 400+ TOY DONATIONS!

On 23 July 2025, Mount Abu Public School, Rohini, organised a toy donation drive under its Community Outreach initiative. Learners from Grades I to XII contributed over 400 toys, handed to the TOY BANK for underprivileged children, with wholehearted support from parents and staff, fostering generosity, empathy, and social responsibility.



MOUNT ABU SCHOOL PAYS GLORIOUS TRIBUTE TO KARGIL HEROES

On 26 July 2025, Mount Abu School, with the Dr. Ambedkar International Center, celebrated Kargil Vijay Diwas with dignitaries, honouring soldiers' bravery. Learners from Delhi schools presented patriotic performances and speeches, reflecting unity, resilience, and national pride in a memorable tribute.



GLOBAL RECOGNITION FOR YOUNG ARTIST ARYAN SINGH

On 29 July 2025, Mount Abu School proudly hosted the presentation of the Certificate of Honourable Mention to our talented global citizen, Aryan Singh, for his achievement in the 52nd International Children's Exhibition of Fine Arts Lidice 2024. The ceremony honoured creativity, peace, and unity, showcasing art's power to inspire positive change.



CRAFTING FRIENDSHIPS: A CULTURAL DAY AT THE THAI EMBASSY

On 30 July 2025, Global Citizens of Mount Abu School visited the Thai Cultural Centre, New Delhi, hosted by H.E. Ms. Chavanart Thangsumphant, Ambassador of Thailand to India. Engaging in fruit carving, traditional attire, culinary arts, and cultural exchange, the day celebrated friendship, creativity, unity, and shared values.



FORTHCOMING EVENTS

**HINDI DIWAS
CELEBRATION**

RUN FOR YAMUNA

TRIP TO GWALIOR

**DURGA POOJA
CELEBRATION**

**HALF YEARLY
ASSESSMENT**